

## Positive Parenting Ideas:

- ◉ Always encourage play
- ◉ Use words to tell how you feel
- ◉ Read with your child
- ◉ Give praise often
- ◉ Show affection
- ◉ Encourage your child to use his/her imagination
- ◉ Play word games with your child
- ◉ Teach your child rules and expectations
- ◉ Teach your child to be aware of herself/himself



Health Care Agency  
Behavioral Health Services  
Prevention & Intervention



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## Connect The Tots



### *A School Readiness Early Childhood Mental Health Program*

1200 N. Main St., Suite 300  
Santa Ana, CA 92701  
Phone: (714) 480-4678  
Fax: (714) 480-6608



## Our team:

**Nurses** make sure a child is “on track” developmentally and in good health.

**Behavior specialists** support and make sure parents have the tools to parent their child positively.

**Mental Health professionals** can provide additional mental health intervention for families.



**Connect The Tots** works with families with young children to promote wellness and reduce risk factors for emotional problems in children as they prepare for school. Supportive services are provided to the entire family with the goal of promoting healthy coping skills and strengthening the family's ability to meet the emotional needs of their children. All services are provided at the home or at other convenient community locations to accommodate the needs of our participants.

**For more information  
or to make a  
referral call:**

**Connect The Tots**

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## Services We Provide:

- Parenting workshops
- Individualized parenting education and mental health assessment at the home
- Case management
- Early mental health intervention for young children and families

