

## DIABETES Management & Prevention Resources in Orange County

Organization/Program	*Primary Prevent. Self Management Classes	Exercise Classes	Nutrition Classes	Support Groups	** Diabetes Equip.	**** ADA Recognized	Contact Information	Age/ Eligibility	Area	Lang.	Cost	Paid by
1 American Diabetes Association Community Education & Latino Initiatives	◆	◆	◆	◆	◆	◆	151 Kalmus Dr., Suite C-100 Costa Mesa, CA 92626 714-662-7940 Ext. 7558 www.diabetes.org	All Ages	Santa Ana, Countywide by Request	Eng. Span.	No Cost	Private and Corporate Donations
2 Camino Health Center	◆	◆	◆	◆	◆	◆	30300 Camino Capistrano San Juan Capistrano, CA 92675 949-240-2272 www.mission4health.com/content.php/services/75	All Ages	San Juan Capistrano, Other South County Cities by Request	Eng. Span. Viet. Farsi	Sliding Scale \$30 to \$45	Private Pay/Grants and Private Donations
											No Cost	Medi-Cal, Healthy Families, Child Health Plan, California Kids
3 Children's Hospital of Orange County	◆	◆	◆	◆	◆	◆	CHOC Children's Endocrine & Diabetes Center At Mary Dick & Allen Diabetes Center 520 Superior Ave. Suite 160 Newport Beach, CA 92663 949-631-2062	18 Yrs. and Under, Low Income for No Cost Equipment	Costa Mesa, Fountain Valley, Huntington Beach, Irvine, Laguna Beach New Port Beach, and South County	Eng. Span.	Some Services No Cost	Grants, Foundations
											No Cost	Medi-Cal, Healthy Families, Child Health Plan, California Kids, AIM
											Co-payment Varies	Private Insurance, CCS
											Some Services No Cost	Grants, Foundations
No Cost	Medi-Cal, Healthy Families, Child Health Plan, California Kids, AIM											
◆	◆	◆	◆	◆	◆	CHOC Diabetes Center 455 S. Main St. Orange, CA 92868 714-532-8634	18 Yrs. and Under, Physician Referral Required, Must Have Insurance	Orange	Eng. Span.	Co-payment Varies	Private Insurance, CCS	
										No Cost	Medi-Cal, Healthy Families, Child Health Plan, California Kids, AIM	
◆	◆	◆	◆	◆	◆	Families Costa Mesa 779 W. 19th St., Suite R Costa Mesa, CA 92627 714-532-7865 949-574-3970	18 Yrs. and Under (and Families)	Costa Mesa	Span.	No Cost	PADRE Foundation, CHOC, Hoag Hospital Foundation	

\* Primary Prevention – generally involves the prevention of diseases and conditions before their biological onset (i.e. education to reduce the risk of diabetes through healthy eating and physical activity). Activities are specifically targeted to clients “at-risk” for diabetes.

\*\* Diabetes Equipment – may include no cost distribution of one or more of the following items: glucose meters, insulin pumps, testing strips or lancets.

\*\*\*If Medi-Cal member, please confirm coverage of service and provider with your Health Network before attending

\*\*\*\* ADA Recognized – Diabetes Education Program complies with the National Standards for Diabetes Self-Management Education and is recognized by the American Diabetes Association

	Organization/Program	*Primary Prevent. Self Management Classes	Exercise Classes	Nutrition Classes	Support Groups	** Diabetes Equip.	**** ADA Recognized	Contact Information	Age/ Eligibility	Area	Lang.	Cost	Paid by
3	Children's Hospital of Orange County (Cont. from Previous Page)	◆	◆	◆	◆	◆		Share Our Selves 1550 Superior Ave. Costa Mesa, CA 92627 714-532-7865 949-650-0640 Ex.236	18 Yrs. and Under (and Families)	Costa Mesa	Span.	No Cost	PADRE Foundation, CHOC, Hoag Hospital Foundation
		◆	◆		◆	◆		PADRE Foundation 455 S. Main St. Orange, CA 92868 714-532-8330 Spanish: 714-532-7865 www.padrefoundation.org	18 Yrs. and Under, Low Income for No Cost Equipment	Orange, Various Locations	Eng. Span.	No Cost	PADRE Foundation
4	Garden Grove Hospital		◆	◆				12601 Garden Grove Plaza Boardroom Garden Grove, CA 92843 714-741-3343	8 Yrs. and Older	Garden Grove Countywide by Request	Eng. Span.	No Cost	Garden Grove Hospital
5	Hoag Hospital Mary & Dick Allen Diabetes Center		◆	◆	◆	◆		520 Superior Ave., Suite 150 Newport Beach, CA 92627 949-764-8065 www.hoaghospital.org/diabetes	16 Yrs. and Older, Physician Referral Required	Newport Beach, Costa Mesa, Irvine, Huntington Beach, Fountain Valley	Eng. Span. Japan. Viet.	Varies - Cash Discounts No Cost Co-payment Varies	Private Pay Medicare Private Insurance
6	Laguna Beach Community Clinic Diabetes Program	◆		◆		◆		362 3rd St. Laguna Beach, CA 92651 949-494-0761 www.lbclinic.org	All Ages	Laguna Beach	Eng. Span. Viet.	Sliding Scale No Cost	Private Pay MSI, Medicare, Medi-Cal, Healthy Families
7	Latino Health Access Diabetes Self Management Classes	◆	◆	◆	◆	◆		1701 N. Main St., Suite 200 Santa Ana, CA 92706 714-542-7792 Ext. 3136 www.latinohhealthaccess.org	18 Yrs. and Older	Santa Ana, Countywide by Request	Span.	No Cost	Grants, County Funded, Foundations, and Private Donations

\* Primary Prevention – generally involves the prevention of diseases and conditions before their biological onset (i.e. education to reduce the risk of diabetes through healthy eating and physical activity). Activities are specifically targeted to clients “at-risk” for diabetes.

\*\* Diabetes Equipment – may include no cost distribution of one or more of the following items: glucose meters, insulin pumps, testing strips or lancets.

\*\*\*If Medi-Cal member, please confirm coverage of service and provider with your Health Network before attending

\*\*\*\* ADA Recognized – Diabetes Education Program complies with the National Standards for Diabetes Self-Management Education and is recognized by the American Diabetes Association

	Organization/Program	*Primary Prevent. Self Management Classes	Exercise Classes	Nutrition Classes	Support Groups	** Diabetes Equip.	**** ADA Recognized	Contact Information	Age/ Eligibility	Area	Lang.	Cost	Paid by
8	Mission Hospital Diabetes Self Management Classes	◆						27700 Medical Center Rd. Mission Viejo, CA 92691 949-364-1770 www.mission4health.com/content.php/services/63	18 Yrs. and Older	Mission Viejo Countywide by Request	Eng.	Sliding Scale \$0 to \$15	Private Pay/Mission Hospital
9	MOMS Orange County Diabetes/ Pregnancy Case Management/ Ed.	◆	◆					1128 W. Santa Ana Blvd. Santa Ana, CA 92703 714-972-2610 www.momsorangecounty.org	Pregnant, Live in Orange County, and Participate in Home Visit Program	Santa Ana, Countywide by Request	Eng. Span. Viet.	No Cost for Clients that Qualify	Grants, Medi-Cal Contracts CFCC Funded, Foundations, and Private Donations
10	Orange County Rescue Mission Healthcare Services	◆	◆	◆	◆			One Hope Drive Tustin, CA 92782 www.rescuemission.org	All Ages, Low Income	Countywide	Eng. Span.	Sliding Scale \$30 to \$35 \$40 Initial Visit No Cost	Private Pay Grants, Medi-Cal, Medicare, MSI
11	Preventive Health Care for Adults	◆	◆	◆	◆	◆		Buena Park Senior and Community Center 8150 Knott Ave. Buena Park, CA 90620 714-236-3870	18 Yrs. and Older	Buena Park	Eng.	No Cost	City and County Funding
		◆	◆	◆	◆	◆		Garden Grove Senior Center 11300 Stanford Ave. Garden Grove, CA 92840 714-741-5253	18 Yrs. and Older	Garden Grove	Eng.	No Cost	City and County Funding
		◆	◆	◆	◆	◆		Founders Village Senior and Community Center 17967 Bushard St. Fountain Valley, CA 92708 714-593-4446	18 Yrs. and Older	Fountain Valley	Eng.	No Cost	City and County Funding
		◆	◆	◆	◆			Lakeview Senior Center 20 Lake Rd. Irvine, CA 92604 949-724-6926 or 949-724-6900 www.irvineseniors.org	18 Yrs. and Older	Irvine	Eng. Mandarin Farsi	No Cost	City and County Funding

\* Primary Prevention – generally involves the prevention of diseases and conditions before their biological onset (i.e. education to reduce the risk of diabetes through healthy eating and physical activity). Activities are specifically targeted to clients “at-risk” for diabetes.

\*\* Diabetes Equipment – may include no cost distribution of one or more of the following items: glucose meters, insulin pumps, testing strips or lancets.

\*\*\*If Medi-Cal member, please confirm coverage of service and provider with your Health Network before attending

\*\*\*\* ADA Recognized – Diabetes Education Program complies with the National Standards for Diabetes Self-Management Education and is recognized by the American Diabetes Association

	Organization/Program	*Primary Prevent. Self Management Classes	Exercise Classes	Nutrition Classes	Support Groups	** Diabetes Equip.	**** ADA Recognized	Contact Information	Age/ Eligibility	Area	Lang.	Cost	Paid by
11	Preventive Health Care for Adults (Cont. from Previous Page)	◆	◆	◆	◆	◆		Westminster Senior Center 8200 Westminster Blvd. Westminster, CA 92683 714-895-2878	18 Yrs. and Older	Westminster	Eng.	No Cost	City and County Funding
12	Saddleback Memorial Medical Center Diabetes Clinic		◆	◆	◆	◆		24401 Calle de la Louisa, Suite 202 Laguna Hills, CA 92653 949-452-7255 <a href="http://www.memorialcare.org/saddleback/services/heart_institute_wellness_center/diabetes_clinic.cfm">www.memorialcare.org/saddleback/services/heart_institute_wellness_center/diabetes_clinic.cfm</a>	12 Yrs. and Older, Physician Referral Required	Laguna Hills Countywide by Request	Eng. (Other Languages on Individ. Basis)	Co-payment Varies  No Cost	Private Insurance  Medi-Cal (With Authorization)
13	Salud Clínica Medica de Santa Ana					◆		1617 E. 1 <sup>st</sup> . St., # A Santa Ana, CA 92701 714-246-0000	All Ages	Santa Ana, Countywide by Request	Eng. Span. Farsi	Sliding Scale  No Cost  Co-payment Varies	Private Pay  Medi-Cal, Healthy Families, AIM  Private Insurance
14	Sierra Health Center		◆			◆		501 S. Brookhurst Rd. Fullerton, CA 92833 714-870-0717	All Ages	Countywide	Eng. Span.	Sliding Scale \$0 to \$50  No Cost  Co-payment Varies	Private Pay/ State Funded EAPC  Medi-Cal, Medicare, CHDP, MSI, Healthy Families  Private Insurance
15	St. Joseph Heritage Healthcare Center for Health Promotion	◆	◆	◆	◆	◆		2212 E. 4 <sup>th</sup> St., Suite 301 Santa Ana, CA 92705 714-628-3242 <a href="http://www.sjhmg.org/Health_Education.aspx">www.sjhmg.org/Health_Education.aspx</a>	18 Yrs. and Older	Orange, Central County by Request	Eng. Span.	\$100  Co-payment Varies	Private Pay  Private Insurance
16	St. Joseph Hospital	◆	◆	◆	◆	◆		La Amistad Family Health Center 353 S. Main St. Orange, CA 92868 714-771-8006 <a href="http://www.sjo.org">www.sjo.org</a>	All Ages, Low Income	Orange	Span.	No Cost  No Cost	Grants  Medi-Cal, MSI, ER Medi-Cal

\* Primary Prevention – generally involves the prevention of diseases and conditions before their biological onset (i.e. education to reduce the risk of diabetes through healthy eating and physical activity). Activities are specifically targeted to clients “at-risk” for diabetes.

\*\* Diabetes Equipment – may include no cost distribution of one or more of the following items: glucose meters, insulin pumps, testing strips or lancets.

\*\*\*If Medi-Cal member, please confirm coverage of service and provider with your Health Network before attending

\*\*\*\* ADA Recognized – Diabetes Education Program complies with the National Standards for Diabetes Self-Management Education and is recognized by the American Diabetes Association

	Organization/Program	*Primary Prevent. Self Management Classes	Exercise Classes	Nutrition Classes	Support Groups	** Diabetes Equip.	**** ADA Recognized	Contact Information	Age/ Eligibility	Area	Lang.	Cost	Paid by
16	St. Joseph Hospital (Cont. from Previous Page)	◆	◆	◆	◆	◆		Puente a La Salud Mobile Community Clinic 363 S. Main St., Suite 204 Orange, CA 92868 714-744-8801 www.sjo.org	All Ages, Low Income	Santa Ana, Garden Grove, Anaheim, Huntington Beach, Orange	Eng. Span.	Sliding Scale \$10	Hospital, Foundations Grants, MSI, TSR County
17	St Jude Heritage Medical Group		◆		◆	◆	◆	Diabetes Self Management Education Program 101 E. Valencia Mesa Dr. Fullerton, CA 92835 714-922-300 Ext. 2569	All Ages	Fullerton, Countywide by Request	Eng. Span.	Varies - Cash Discounts	Private Pay
												No Cost	Medicare
													Co-payment Varies
	St. Jude Heritage Medical Group		◆		◆	◆	◆	St. Jude Heritage Medical Group - Bastanchury 433 W. Bastanchury Rd. Fullerton, CA 92835 714-446-7867	All Ages	Fullerton, Countywide by Request	Eng. Span.	Varies - Cash Discounts	Private Pay
												No Cost	Medicare
													Co-payment Varies
	St. Jude Heritage Medical Group – Yorba Linda		◆		◆	◆	◆	St. Jude Heritage Medical Group – Yorba Linda 4900 Prospect Ave. Yorba Linda, CA 92886 714-446-7867	All Ages	Yorba Linda, Countywide by Request	Eng.	Varies - Cash Discounts	Private Pay
												No Cost	Medicare
													Co-payment Varies
18	St. Jude Medical Center Community Clinics	◆				◆		Backs Community Center 201 N. Bradford Ave. Placentia, CA 92870 714-446-5100 www.stjudemedicalcenter.org/Services/Program-and- Sevices-Listing/Mobile-Health-Clinics	All Ages, ≤ 200% FPL, Must be Resident of North County	Placentia	Eng. Span.	\$10 per Visit	Private Pay
												No Cost	Grants, Medi-Cal, Healthy Families, California Kids
		◆				◆		St. Angela Merici Catholic Church 585 S. Walnut Ave. Brea, CA 92821 714-446-5100 www.stjudemedicalcenter.org/Services/Program-and- Sevices-Listing/Mobile-Health-Clinics	All Ages, ≤ 200% FPL	Brea	Eng. Span.	\$10 per Visit	Private Pay
												No Cost	Grants, Medi-Cal, Healthy Families, California Kids

\* Primary Prevention – generally involves the prevention of diseases and conditions before their biological onset (i.e. education to reduce the risk of diabetes through healthy eating and physical activity). Activities are specifically targeted to clients “at-risk” for diabetes.

\*\* Diabetes Equipment – may include no cost distribution of one or more of the following items: glucose meters, insulin pumps, testing strips or lancets.

\*\*\*If Medi-Cal member, please confirm coverage of service and provider with your Health Network before attending

\*\*\*\* ADA Recognized – Diabetes Education Program complies with the National Standards for Diabetes Self-Management Education and is recognized by the American Diabetes Association

Organization/Program	*Primary Prevent. Self Management Classes	Exercise Classes	Nutrition Classes	Support Groups	** Diabetes Equip.	**** ADA Recognized	Contact Information	Age/ Eligibility	Area	Lang.	Cost	Paid by
18 St. Jude Medical Center Community Clinics (Cont. from Previous Page)	◆	◆	◆	◆	◆		St. Jude Neighborhood Health Center 731 S. Highland Ave. Fullerton, CA 92832 714-446-5100 www.stjudemedicalcenter.org/Services/Program-and-Services-Listing/Mobile-Health-Clinics	All Ages, ≤ 200% FPL	Fullerton	Eng. Span.	\$10 per Visit	Private Pay
											No Cost	Grants, Medi-Cal, Healthy Families, California Kids
	◆				◆		Whitten Community Center 900 S. Melrose St. Placentia, CA 92870 714-446-5100 www.stjudemedicalcenter.org/Services/Program-and-Services-Listing/Mobile-Health-Clinics	All Ages, ≤ 200% FPL, Must be Resident of North County	Placentia	Eng. Span.	\$10 per Visit	Private Pay
											No Cost	Grants, Medi-Cal, Healthy Families, California Kids
19 Sweet Success Program	◆	◆	◆	◆			Coastal Communities Hospital 2701 S. Bristol St. Santa Ana, CA 92704 714-327-5257	14 Yrs. and Older, Physician Referral Required, Prenatal	Santa Ana, Countywide by Request	Eng. Span.	Varies	Private Pay
											No Cost	Medi-Cal, Healthy Families Insurance
											Co-payment Varies	Private
		◆		◆	◆		Orange Coast Memorial Medical Center (OCMMC) 9920 Talbert Ave. Fountain Valley, CA 92708 714-378-5678	Prenatal or Postpartum, Delivering at OCMMC	Fountain Valley	Eng. Span. Viet.	No Cost	Medi-Cal
											Co-payment Varies	Private Insurance
	◆		◆			Western Medical Center Santa Ana 1001 N. Tustin Ave., 2nd floor Santa Ana, CA 92705 714-953-3634	Prenatal or Postpartum, Delivering at Western Medical	Countywide	Eng. Span. Tagalog Farsi	No Cost	Medi-Cal	
											Co-payment Varies	Private Insurance
	◆		◆	◆	◆		Hoag Diabetes Care Center 1901 Newport Blvd., Suite 175 Costa Mesa, CA 92627 949-764-8065 www.hoaghospital.org/diabetes	Prenatal or Postpartum, Provider Referral Required	Newport Beach, Costa Mesa, Irvine, Huntington Beach, Fountain Valley	Eng. Span.	Varies	Private pay
											Co-payment Varies	Medi-Cal, Private Insurance

\* Primary Prevention – generally involves the prevention of diseases and conditions before their biological onset (i.e. education to reduce the risk of diabetes through healthy eating and physical activity). Activities are specifically targeted to clients “at-risk” for diabetes.

\*\* Diabetes Equipment – may include no cost distribution of one or more of the following items: glucose meters, insulin pumps, testing strips or lancets.

\*\*\*If Medi-Cal member, please confirm coverage of service and provider with your Health Network before attending

\*\*\*\* ADA Recognized – Diabetes Education Program complies with the National Standards for Diabetes Self-Management Education and is recognized by the American Diabetes Association

Organization/Program	*Primary Prevent. Self Management Classes	Exercise Classes	Nutrition Classes	Support Groups	** Diabetes Equip.	**** ADA Recognized	Contact Information	Age/ Eligibility	Area	Lang.	Cost	Paid by
20 UC Irvine Medical Center	◆	◆	◆	◆	◆	◆	Joslin Diabetes Center at UCI 1 Medical Plaza Dr. Irvine, CA 92697 949-824-8656 www.ucihealth.com	5 Yrs. and Older	Countywide	Eng. Span.	\$150-460 Per Visit	Private pay
		◆	◆				UC Irvine Family Health Center – Anaheim 300 W. Carl Karcher Way Anaheim, CA 92801 714-774-9804 for referrals 714-456-7002 for appointments www.ucihealth.com	All Ages	Anaheim, Fullerton, Placentia	Eng. Span. Viet.	Sliding Scale \$40	UC Irvine Medical Center
		◆	◆				UC Irvine Family Health Center – Santa Ana 800 N. Main St. Santa Ana, CA 92701 714-480-2443 for referrals 714-456-7002 for appointments	All Ages	Costa Mesa, Garden Grove, Santa Ana, Tustin	Eng. Span. Viet.	Sliding Scale \$40	UC Irvine Medical Center
	◆	◆	◆	◆			UC Irvine Health Care Patient Education 200 S. Manchester Ave. Orange, CA 92868 877-824-3627 for Group Classes 714-456-5952 for Individual Education www.ucihealth.com	All Ages	Countywide	Eng. Span.	\$20 Per Session	Private Pay
											No Cost for UCI Medical Patients	Medi-Cal, Healthy Families, Private Insurance

Compiled by: County of Orange Health Care Agency/Public Health Services/Health Promotion Division in collaboration with the Children & Weight Workgroup

Funded by : The California Endowment – Healthy Eating Active Communities (HEAC) Initiative.

Contact for updates: Elena Guzman, County of Orange Health Care Agency - Health Promotion Division  
630 N. Broadway, Suite 127, Santa Ana, CA 92701 - Phone: 714 834-6770, Fax: 714 834-3492, E-mail: [eguzman@ochca.com](mailto:eguzman@ochca.com)

Disclaimer: This list was developed to assist health care providers in the referral of diabetes services in Orange County that might aid in prevention and treatment of diabetes. The workgroup does not endorse the programs listed or verify that the information provided by the programs is accurate. Those using the list accept full responsibility and under no circumstances, including but not limited to negligence, shall the workgroup nor any affiliate be liable for direct, indirect, special or consequential damages that result from the use of this list.

Last updated : September 2009

\* Primary Prevention – generally involves the prevention of diseases and conditions before their biological onset (i.e. education to reduce the risk of diabetes through healthy eating and physical activity). Activities are specifically targeted to clients “at-risk” for diabetes.

\*\* Diabetes Equipment – may include no cost distribution of one or more of the following items: glucose meters, insulin pumps, testing strips or lancets.

\*\*\*If Medi-Cal member, please confirm coverage of service and provider with your Health Network before attending

\*\*\*\* ADA Recognized – Diabetes Education Program complies with the National Standards for Diabetes Self-Management Education and is recognized by the American Diabetes Association