



CYS Program Progression

A System of Care

A MYTHICAL CASE FROM SYSTEM ENTRY TO EXIT



Health Care Agency
Behavioral Health Services



1st Stop CYS CAT

- Centralized Assessment Team
- MHSA Funded program
- Referred by ER after suicide attempt/gesture
- Evaluation done in ER
- Parent involved if possible

CYS CAT 1st decision

Hospitalize	Divert from hospitalization
<ul style="list-style-type: none"> • Youth meets criteria as danger to self • Would benefit from brief period away from stressors 	<p style="margin: 0;">MHSA Programs</p> <ul style="list-style-type: none"> • In-home Crisis Services • Crisis Residential Services • FSP referral <p style="margin: 0;">Non-MHSA Programs</p> <ul style="list-style-type: none"> • CYS regional Clinic • CYS Contract Clinic

Possible 2nd stop
In Home Crisis Intervention

- MHSA Funded
- 24/7 availability
- Work with family to resolve crisis
- Teach new problem solving skills
- Assist with linkage to next level of service
- Three week target but may extend based on clinical needs
- May be better suited to the needs of younger children

Possible 2nd stop
Crisis Residential Program

- MHSA funded
- 24/7 program
 - Boys and girls
 - 6-bed program
 - perhaps better fit for older youth
 - assist with Transition to next level of care,
 - Three week target but may extend based on clinical needs
 - Heavy emphasis on family involvement

Possible 2nd stop
Full Service Partnerships

MHSA Funded
5 distinct partnerships
Based on age and life circumstances
Address Cultural or Language isolation

- Whatever it takes philosophy
- Avoid jail
- Avoid psychiatric hospitalization
- Avoid homelessness
- Acquire education
- Acquire jobs

*Possible 2nd & 3rd stops
Regional Clinics*

Non-MHSA funded

- Individual therapy
- Family therapy
- Medication Management
- Case Management
- Maintain gains and support community involvement

*Possible supplement to
Regional Clinics*

Mentoring Program

MHSA Funded

- Therapist referred
- Children & TAY
- Client matched with a Mentor
- Culture and language factor in matching
- Opportunity for client to practice new behaviors learned in treatment
- Six months with 2 to 4 hours a week with mentor
- Mentor may be staff or volunteer
