

Mental Health Services Act Steering Committee Meeting

February 3, 2014



Health Care Agency
Behavioral Health Services (BHS)



Behavioral Health Services Director Update

Mary Hale
BHS Director

Review of the Planning Process

Bonnie Birnbaum, MHSA
Coordinator

Community Action Advisory Committee

Denise Cuellar, CAAC

Subcommittee Co-Chair Reports

Community Services and
Supports Children/TAY &
Adults/Older Adults
combined with Workforce,
Education and Training

1. Linda Smith & Kelly Train (CSS Children/TAY Co-Chairs)
2. Helen Cameron & Patti Pettit (CSS Adults/Older Adults Co-Chairs)
3. Denise Cuellar & William Gonzalez (WET Co-Chairs)

New CSS Recommended Programs

1. FSP Expansion (\$1,000,000)
2. Mental Health Court – Probation Officers (\$696,000)
3. Drop in Center (\$500,000)
4. Housing for Homeless (\$1,000,000)
5. Housing and Year Round Emergency Shelter Services (\$1,367,180)
6. Orange County Children with co-occurring mental health and chronic/severe acute illnesses or eating disorders (\$500,000)
7. Youth Core Services (\$500,000)

Subcommittee Co-Chair Reports

Prevention and Early Intervention

1. Christopher Bieber and Daria Waetjen (Co-Chairs)

New PEI Recommended Programs

1. K-12 Coping Skills to manage stress (\$120,000)
2. Continue funding Statewide PEI Projects including (\$900,000):
 - a. Suicide Prevention
 - b. Stigma/Discrimination Elimination
 - c. Student Mental Health Initiative
3. Continuation of the Warmline for afterhours services. (\$76,552)

BREAK



Volunteer to Work

Partnership:

Goodwill Industries of Orange County
&

County of Orange Health Care Agency
Behavioral Health Services

Center of Excellence, Innovation Projects, Mental Health
Services Act/Prop 63



with [Ryan Yowell, MFT](#)





12419 Lewis St. Suite 102
Garden Grove, CA 92840
- Serving all of Orange County

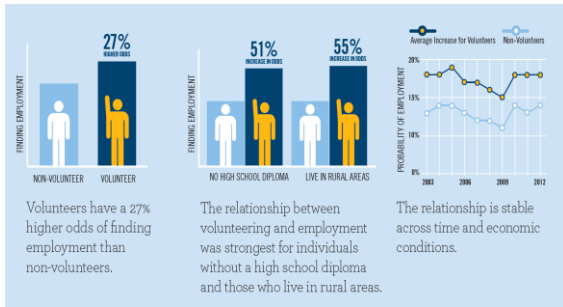


Some research behind this project

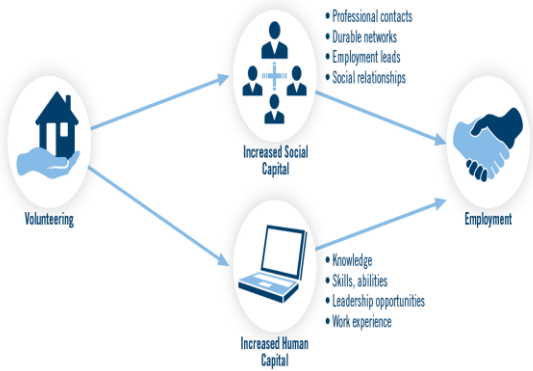
<http://www.youtube.com/watch?v=NBLiuDTvrxs>

Findings from 2013 10-year Government study:
*Volunteering as a Pathway to Employment: Does
Volunteering Increase Odds of Finding a Job for the Out
of Work?*

- The study found that volunteering is associated with a 27% higher odds of employment. (only unemployed were studied over 10 years).
- This increase is stable across gender, race, and ethnic categories of age, time, Metropolitan Statistical Area, and unemployment rate.

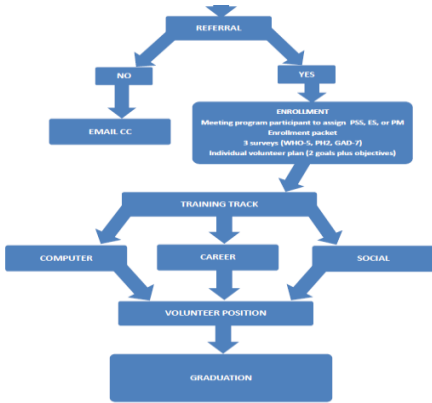


• Spera, C.; Ghertner, R., Nerino, A., DiTommaso, A. (2013). *Volunteering as a Pathway to Employment: Does Volunteering Increase Odds of Finding Job for the Out of Work? Corporation for National and Community Service, Office of Research and Evaluation: Washington, DC, 2013*



Volunteer to Work & Innovation

- “Stepping stone” towards supported employment.
- Peer to Peer Support.
- Volunteer support.



Qualifications

- 18 years and older
- Legally residing in Orange County
- Receiving Mental Health Services
- Willing and able to volunteer for **90 days**
- Able to focus conversation on Volunteer position.

3-Track Training Courses

- Offer weekly groups, classes and outings:
 - Computer Skills
 - Social Skills
 - Career Development Skills
 - Half day volunteer Groups out in community

JANUARY 2014

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-----------------------------------------------------|----------------------------------|--------------------------------------------------|-----------------------------------------|------------------------------------------------------------------------|----------|------------------------------------------------------------------------------------|
| 30 | 31 | 1 | 2 | 3 | 4 | 5 |
| 3-4pm Dress for Success | 11-12pm Coping and Resilience | 1-2pm Mental Health Awareness | 11-12pm Social Anxiety Support Group | 1:30-4:45pm Eliminating Obstacles Positive Self Esteem | | |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 3-4pm Dress for Success 4-5pm Fitness Camp | 11-12pm Coping and Resilience | 11-12pm Mental Health Awareness | 11-12pm Social Anxiety Support group | 9-11am Eliminating Obstacles 1:30-4:45pm Positive Self Esteem | | |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 3-4pm Dress for Success 4-5pm Fitness Camp | 11-12pm Coping and Resilience | 11-12pm Mental Health Awareness | 11-12pm Social Anxiety Support group | 9-11am Eliminating Obstacles 1:30-4:45pm Positive Self Esteem | | |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 3-4pm Dress for Success 4-5pm Fitness Camp | 11-12pm Coping and Resilience | 11-12pm Mental Health Awareness | 11-12pm Social Anxiety Support group | 9-11am Eliminating Obstacles 1:30-4:45pm Positive Self Esteem | | |
| 27 | 28 | 29 | 30 | 31 | 1 | 2 |
| 3-4pm Dress for Success 4-5pm Fitness Camp | 11-12pm Coping and Resilience | 11-12pm Mental Health Awareness | 11-12pm Social Anxiety Support group | 9-11am Eliminating Obstacles 1:30-4:45pm Positive Self Esteem | | |
| 3 | 4 | December 2013 Sun Mon Tue Wed Thu Fri Sat Sun | | February 2014 Sun Mon Tue Wed Thu Fri Sat Sun | | Notes: Yellow=Self Track Orange=Eliminated Track Blue=Career Track |

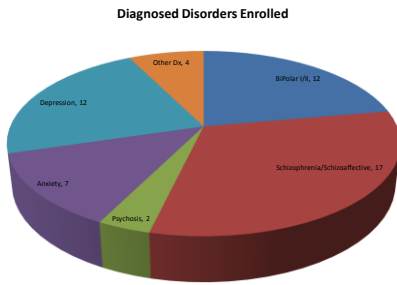
Community Host Sites

- 2 ways to place Participant into host site:
 - Host site agreements
 - Veteran’s First
 - Heritage Museum
 - THINK Together
 - Dayle McIntosh Center
 - Delhi Center
 - Project Cuddle
 - Goodwill of Orange County
 - Volunteer Development in Community

Stats to date:

- 40 people actively enrolled in the project
- 14 placements in the community
- 2 Successful 90-day graduates

Services Provided



Community Service Provided:

Total Volunteer Hours Provided by Participants:

367 hours

Questions?