



Mental Health Services Act Sub-Committee Meeting

CCS Adults and Older Adults

Monday March 3, 2014

Delhi Community Center
505 E. Central Ave., Santa Ana, CA



MINUTES

Members Present: Tho Be, Helen Cameron, Jane Gibb, Brian Jacobs, Kathryn McCullough, Khe Ngo, Shannon Peterson, Joy Torres,

Members Absent: Greg Boston, Carlos Burela, Mitch Cherness, , Tom Loats, , William O'Connell, Allison Pratt, Gloria Reyes, Karin Rogers, Ana Tutila, Laura Villegas, Sue Watson, Jean Wilkinson

MHSA Staff: Annette Mugrditchian, Kevin Smith, Jim Harte, Debbie Lent, Bonnie Birnbaum

Item I: Welcome and Announcements

Meeting called to order by Sharon Browning @ 1:10pm

Item II: **PACT**

Jenny Hudson talked the Program for Assertive Community Treatment (PACT)

- Who is served by PACT?
 - PACT serves individuals with two or more psychiatric hospitalizations and/or incarcerations within the past 12 months; individuals who are having significant impairments in their ability to function independently; individuals who have not been able to access traditional treatment programs; individuals who may or may not be dealing with co-occurring substance abuse issues.
- What services are provided?
 - Case Management Services, including linkage to vocational services, housing services, financial benefits and family support and education.
 - Mental Health Services include medication services, individual and group family therapy, co-occurring substance abuse services, clubhouse services, crisis intervention/counseling and integrated care
- How do you access a PACT Team?
 - All PACT referrals come through the Orange County Adult Outpatient Regional Mental Health Clinics.
 - Special Populations: In addition to Adult PACT teams, they also have Transitional Age Youth (TAY), Pacific Asian Unit (PAU) and Older Adult teams.

Item III: Client Success Story

Nick White, graduate of TAY PACT program told his story.

Item IV: CSS Adults/Older Adults Subcommittee 2014 Planning

Sharon Browning led the discussion for potential topics for subcommittees in 2014 that include:

- Plan for diversity of cultures and how to serve them (languages)
- How to get help with Axis I diagnosis
- How to navigate services/pathways to services for Dual Diagnosis and Substance Abuse
- Criteria for accessing programs, including how to diagnose
- Actual data, demographic data on all presentations
- How HCA outreaches to hospitals, clinics, etc. to educate them about MHSA programs
- Probation and parole presentations
- Presentations for Mental Health Professionals in jails and how they link patients to services
- Topics related to pending budget items
- Evaluations of programs, including providing data.
- Right-sizing of services – what is being done?
- Presentation how to use and access services and programs via OC LINKS
- A matrix of services and programs offered through MHSA

Item V: Questions/Comments

- Questions were asked about expanding PACT to add more clinicians to handle caseloads
 - More case managers should be added by summer 2014
- Questions about how many clinicians there are right now
 - There are 10 teams within PACT
 - Each team has about 6 clinicians
 - Each clinician has a caseload of about 20 clients.