| **Program Name/****Target Populations** | **Program Description/ How to Access** | **Goals** |
| --- | --- | --- |
| **Stress Free Families*** Families with Behavioral Health issues reported and/or investigated by Child Protective Services
 | * Program started in December 2011
* Program services provided out in the field at participants’ homes and include: assessment, brief- counseling, case management, parenting education and linkages to community resources
* Services are provided in English, Spanish, Vietnamese and Korean
* Families referred by SSA only. All referrals are assessed, and referred/ linked to appropriate services if not enrolled.
* For more info call: (714) 480-4678
 | * Improved social and occupational functioning of parents/ guardians
* Improved family protective factors
* Improved general well-being of parents/ guardians
* Increased linkages to community resources including behavioral health services
 |
| **Orange County Center for Resiliency, Education and Wellness (OC CREW)*** Individuals ages 14-25 who are experiencing the first onset of psychotic illness and their families
* Persons and organizations most likely to encounter individuals with early warning signs of mental illness
 | * Program started in March 2011
* Program services include: assessment, individual and/or family counseling, psychiatric services, vocational and educational assistance, and trainings to persons and organizations most likely to encounter individuals with early warning signs of mental illness
* Services are provided in English, Spanish and Vietnamese
* Clinic address: 792 W Town & Country Rd, Bldg E, Orange
* All referrals are assessed, and referred/ linked to appropriate services if not enrolled. For more info and to request a community training call: (714) 480-5100
 | * Reduction in schizophrenia symptom severity
* Increase in milestones of recovery score
* Improved general well-being
* Increased family education, support and involvement
* Increased linkage to community resources
* Increase in community’s knowledge of the early warning signs of mental illness and resources available
 |
| **Orange County Postpartum Wellness** **(OCPPW)*** New mothers, up to one year postnatal with mild to moderate postpartum depression
* Pregnant women at risk of developing postpartum depression
 | * Program started in October 2009
* Program services are primarily field-based and include: assessment/screening, early intervention, individual supportive counseling, and psycho-educational groups
* Services are provided in English, Spanish, Vietnamese and Farsi
* Clinic Address: 792 W Town & Country Rd, Bldg E, Orange
* All referrals are assessed, and referred/ linked to appropriate services if not enrolled.
* For more info call: (714) 480-5160
 | * Reduction in depression severity
* Reduction in anxiety severity
* Improved family protective factors
* Improved general well-being
* Increased linkage to community resources
 |
| **Early Intervention Services for Older Adults (REConnect)*** Adults 60 and older who are experiencing the early onset of mental illness
 | * Program started in August 2011
* Program services are primarily field-based and include: screening, assessment, case management, referral and linkage to community resources, socialization groups, transportation support, telegeropsychiatrist services, and educational and skill building groups.
* Services are provided in English, Spanish, Vietnamese, Korean, Farsi, and Arabic
* All referrals are assessed, and referred/ linked to appropriate services if not enrolled.
* For more info call: Council on Aging at (714) 352-8820, Horizon Cross Cultural Center at (714) 537-0608 ext. 338, or MECCA at (714) 202-4750.
 | * Reduction in depression severity
* Improved general well-being
* Increased frequency of social contacts
* Increased level of emotional support
* Increased satisfaction with level of social activities
* Increased linkage to community resources
 |
| **Youth as Parents*** At risk pregnant and parenting youth and their children
 | * Program started November 2009
* Program services are primarily field-based and include: assessment, case management, linkage to community resources
* Services are provided in English and Spanish
* All referrals are assessed, and referred/ linked to appropriate services if not enrolled.
* For more info call: (714) 480-4678
 | * Improved parenting skills in handling difficult child behavior
* Improved general well-being of parents
* Improved family functioning/ protective factors
* Improved social and occupational functioning
* Reduced risk factors
* Increased linkage to community resources
 |
| **Behavioral Health Counseling Program*** Individuals of all age groups experiencing mild-moderate mental health conditions not being served
 | * Program to be implemented FY 14/15
* Program services will include short term counseling and psychiatric services for those who do not meet the criteria for services at community clinics
 | TBD |
| **Crisis Prevention Hotline*** All individuals in crisis or experiencing suicidal thoughts
 | * Program started August 2010
* Program services include: immediate phone support, staff initiated rescues, referral and follow-up, and outreach presentations
* Services are provided in English and Spanish and utilize a language line for other languages
* Participants are referred/ linked to appropriate services when needed.
* Hotline number: (877) 727-4747
 | * Decreased level of self-rated suicidal intent
* Increased referrals to community resources
 |
| **Survivor Support Services*** Children and Adults experiencing loss from suicide
 | * Program started August 2010
* Program services include: outreach, crisis support, bereavement groups, individual support, and training
* Services are provided in English, Spanish, Korean, and Vietnamese
* Program Address: 2021 East 4th Street, Santa Ana
* All referrals are assessed and referred/linked to appropriate services if not enrolled.
* For more info call: Didi Hirsch at (714) 547-0885
 | * Decreased level of traumatic grief
 |
| **Parent Education and Support Services*** Parents/caretakers of children 0-12
 | * Program started May 2012
* Program services are provided at community sites including schools, shelters, youth groups and FRC’s. Services include: parent training, individual interventions and child care
* Services are provided in English and Spanish
* All referrals are assessed and referred/ linked to appropriate services if not enrolled.
* For more info and for community sites interested in hosting a parent training call: Child Abuse Prevention Center at (714) 543-4333
 | * Improved protective factors
* Increased knowledge of parenting skills
* Improved general well-being of parents/ caregivers
 |
| **Family Support Services** * Families struggling with a behavioral health issue
* Parents/caretakers of children 13-18
 | * Program started October 2012
* Program services are provided at community sites including schools, shelters, youth groups and FRC’s. Services include: parent training, group support, individual support and family matching.
* Services are provided in English, Spanish, Vietnamese and Farsi
* All referrals are assessed and referred/linked to appropriate services if not enrolled.
* For more info and for community sites interested in hosting a parent training call: Boys Town at (714) 558-0303
 | * Increased knowledge of behavioral health topic presented
* Increased knowledge of how to access community resources
* Increased knowledge of parenting skills
* Improved general well-being of parents/ caregivers
 |
| **Children’s Support and Parenting Program (CSPP)*** Families whose stressors make children more vulnerable to developing behavioral health problems.
 | * Program started February 2009
* Program services are provided at community sites including schools and FRC’s. Services include: family assessment, age appropriate groups for all family members, individual family interventions and linkage to community resources.
* Services are provided in English, Spanish and Vietnamese
* All referrals are assessed, and referred/ linked to appropriate services if not enrolled.
* For more info and for community sites interested in hosting a group series call: (714) 480-4678
 | * Improved family functioning/ protective factors
* Improved general well-being of family members
* Increased linkages to community resources including behavioral health services
 |
| **Stop the Cycle** * Parents and siblings of youth in the juvenile justice system
* Youth at risk of juvenile justice involvement or in the system
 | * Program started November 2009
* Program services are provided at community sites including probation sites, schools, and FRC’s. Services include: family assessment, age appropriate groups for all family members, individual family interventions and linkage to community resources.
* Services are provided in English, Spanish and Vietnamese
* All referrals are assessed, and referred/ linked to appropriate services if not enrolled.
* For more info and for community sites interested in hosting a group series call: (714) 480-4678
 | * Improved family functioning/ protective factors
* Improved general well-being of family members
* Improvements in parent-reported parenting & child behaviors
* Improvements in youth-reported resilience, social competencies/behaviors, and parent/child interactions
* Increased linkages to community resources including behavioral health services
 |
| **Outreach and Engagement Services*** All unserved and underserved Orange County residents at risk of developing a mental health condition
 | * Program started August 2011
* Program services include door-to-door street outreach, educational presentations, workshops, support groups, transportation support, case management, and referral/linkage to ongoing services for all age groups and the unserved/underserved.
* Services are provided in English, Spanish, Vietnamese, Korean, Farsi, and other languages as needed.
* For more info call: (855) OC-LINKS
 | * Improved general well-being
* Improved family protective factors
* Increase youth developmental assets
* Increased linkages to community resources
* Reduction in Depression Severity
* Reduce risk factors
 |
| **WarmLine*** Individuals seeking non-crisis support
 | * Program started August 2010
* Program services include telephone-based, non-crisis support
* Services are provided in English, Spanish and Farsi and utilize a language line for other languages
* Participants are referred/ linked to appropriate services as needed.
* WarmLine number: (714) 991-6412
 | * Improved self-rated mood
* Increased referrals to community services
 |
| **Professional Assessors*** Trauma exposed individuals
 | * First professional assessor started as a part of the Veteran Treatment Court in September 2009
* Program services are provided at several sites including: community sites likely to encounter individuals exposed to trauma including Veterans Treatment and Family Court, hospital emergency rooms, community clinics and Evaluation and Treatment Services. Programs services include: screening, assessment, case-management and referral/ linkages to community resources.
* Services are provided in English, Spanish, and Vietnamese
 | * Reduction in post-traumatic stress symptoms
* Improved general well being
* Increased linkages to community resources including behavioral health services.
 |
| **School Based Mental Health Services*** Students K-12
 | * Program in process of being implemented.
* Program will provide a combination of prevention and intervention services to empower families, reduce risk factors, build resiliency, and strengthen culturally appropriate coping skills in students.
 | TBD |
| **School Based Behavioral Health Intervention and Support-Early Intervention Services*** Families with children K-7 experiencing challenges in attention, behavior and learning
 | * Program started March 2010
* Program services include: behavioral modifications, social skills training, parent training, family group support, individual/family support and transitional services
* Services are provided in English and Spanish. Translation services for other languages are available
* Program Address: 19262 Jamboree Road, Irvine, CA
* All referrals are assessed to determine eligibility.
* For more info call UCI at (949) 824-1800
 | * Improved identified target behavior(s)
* Reduction in ADD symptoms
* Improved oral fluency
* Improved general well-being of parents/ caregivers
* Decreased parental stress
 |
| **School Readiness Program/Connect the Tots*** Families with children 0-6 exhibiting problematic behaviors and early signs of emotional disturbance putting them at risk of school failure.
* North County Families served by Connect the Tots
* South County Families served by the Child Abuse Prevention Center
 | * Connect the Tots started November 2009 and the contracted School Readiness Program started May 2013 through the Child Abuse Prevention Center at (714) 543-4333
* Program services are field-based, primarily provided in participants’ homes, and include: assessment, developmental screenings, individualized family plans and case management.
* Services are provided in English, Spanish and Vietnamese
* All referrals are assessed, and referred/ linked to appropriate services if not enrolled.
* For more info call: Connect the Tots: (714) 480-4678 and
* Child Abuse Prevention Center at (714) 543-4333
 | * Reduction in child’s behavioral problems
* Improved family functioning/ protective factors
* Improved general well being
* Increased linkages to community resources including behavioral health services.
 |
| **College Veteran’s Program (The Drop Zone)*** Veteran Students
 | * Program started August 2010
* Program services are provided in community colleges and include: behavioral health screening and assessment, case management, referrals and linkage to appropriate community resources
* Program address: 1725 W 17th St Suite 101-B Santa Ana, CA 92706
* All referrals are assessed, and referred/ linked to appropriate services if not enrolled.
* For more info call: 714-834-7782
 | * Improved intentional self-change
* Improved general well being
* Increased linkages to community resources including behavioral health services
 |
| **School Based Behavioral Health Intervention and Support*** Students K-12, their parents, and school staff
 | * Program started in August 2013
* Program services are field-based at school locations and include: curriculum provided in the classroom, and student and family interventions.
* Services are provided in English
* Schools served are identified based on high indicators of behavioral issues
* For more information call the Phoenix House at (800) 251-0921
 | * Improved social-emotional development
* Reduction in high-risk behaviors
* Reduction in school disciplinary referrals
* Reduction in aggression and disruptive behaviors
* Increased knowledge of resources and support services
 |
| **Violence Prevention Education** * Students K-12, their parents, and school staff
 | * Program started in March 2010
* Program services are field-based at school locations and include: curriculum and activities addressing Gang Prevention, Conflict Resolution, Safe From the Start (early childhood brain development), Bullying Prevention, Media Literacy and a Crisis Response Network.
* Services are provided in English
* For Gang Prevention, schools are chosen by need
* For all other services, interested schools can call OCDE at (714) 327-1058
 | * Increased school attendance
* Decreased curfew violations
* Increased access to support services
* Increased skills to manage traumatic incidents
* Increased skills to reduce the impact of trauma
* Increased parenting skills
* Decrease in suspensions, expulsions and office discipline referrals
* Reduction in cyber-bullying
* Increased skills in self-control
* Increased skills to resolve conflicts
 |
| **Transitions**Students transitioning in their lives, such as transitioning from elementary to middle school and middle to high school | * Program started September 2011
* Program services are provided in middle and high schools and include: curriculum provided in the classroom and parent educational work-shops
* Services provided in English and Spanish
* Schools interested in services can call (714) 954-2900
 | * Improvements in parent-reported parenting & child behaviors
* Improved youth resilience and knowledge of coping skills
* Improved school personnel ratings of school climate
 |
| **Coping Skills to Manage Stress*** Students in grades K-12
 | * Program to go out to bid FY 14/15
* Services will utilize evidence based mindfulness practices to reduce stress and increase students coping skills.
 | * TBD
 |
| * **Training, Assessment and Coordination Services**
 | * Needs assessment to be completed in FY/15
 |  |
| **Training in Physical Fitness and Nutrition Services/Goodwill**Individuals utilizing behavioral health services  | * Program started September 2010
* Program services include: access to specialized exercise equipment, a personalized fitness program, group support and nutrition education classes
* Services provided in English and Spanish
* Program address: 1601 East St. Andrew Place, Santa Ana
* For more info call: Goodwill at (888) 623-4823
 | * Increased awareness of physical fitness issues and nutrition
* Increased visits to fitness center
* Improved overall physical fitness
 |
| **Community-Based Stigma Reduction*** All Orange County residents
 | * Program started May 2011
* Organizations provide community-based Stigma Reduction Art Events to deliver an effective message aimed at reducing mental health stigma
* Community organizations can submit proposals on BidSync @egov.ocgov.com.
 | * Reduction of stigma associated with mental illness
 |
| **OCLinks*** All Orange County residents
 | * Program started Oct. 2013
* Program services include telephone and internet chat information and referral screening and linkage to HCA Behavioral Health programs
* Services provided in English, Spanish, and Vietnamese
* Call (855) OC-LINKS or www.ochealthinfo.com/oclinks
 | * Refer and/or link all callers to HCA BHS programs
 |