



# 2015 SIDEWALK CPR

## June 4<sup>th</sup>, 2015



Orange County EMS partnered with the American Heart Association is sponsoring a state-wide day of “Hands Only” CPR instruction. The purpose of sidewalk CPR is to familiarize the general public with initiating CPR using “hands only” (compressions). Orange County EMS is looking for agencies to participate in the 2015 Sidewalk CPR day.

### Statistics:

- 70 percent of Americans may feel helpless to act during a cardiac emergency because they either do not know how to administer CPR or their training has significantly lapsed.
- 383,000 out-of-hospital sudden cardiac arrests occur annually, and 88 percent of cardiac arrests occur at home.
- Effective bystander CPR provided immediately after sudden cardiac arrest can double or triple a victim’s chance of survival, but only 32 percent of cardiac arrest victims get CPR from a bystander.



### Want to Volunteer?

- Contact Meng Chung at [mchung@ochca.com](mailto:mchung@ochca.com) or 714-834-6233
- Agencies will be provided instruction on how to participate in the 2015 Sidewalk CPR day
- Sign-in sheets and flyer templates will be provided

### CPR Demos and Videos:

[http://www.heart.org/HEARTORG/CPRandECC/HandsOnlyCPR/DemosandVideos/Demos-and-Videos\\_UCM\\_440561\\_Article.jsp](http://www.heart.org/HEARTORG/CPRandECC/HandsOnlyCPR/DemosandVideos/Demos-and-Videos_UCM_440561_Article.jsp)

# LEARN CPR

You Can Do It!