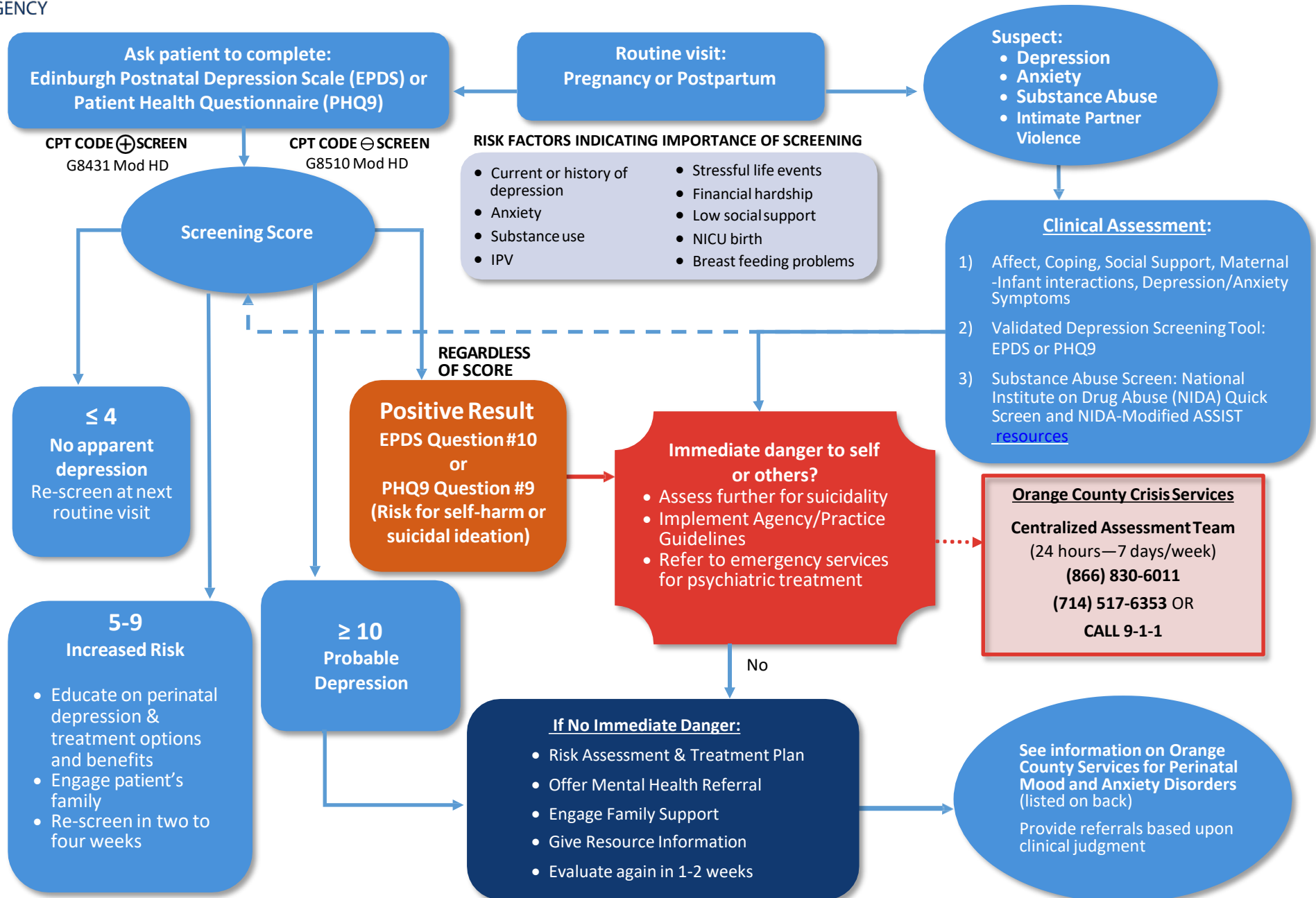


Perinatal Mood and Anxiety Disorders: Maternal Screening and Care Pathway



Program/Contact Info	Symptoms		Services			Patient Cost/ Insurance Type	Additional Information
	Mild- Moderate	Moderate- Severe	Group Support & Education	Prenatal	Postpartum		
Child Guidance Center Santa Ana: (714) 953-4455 Fullerton/Buena Park: (714) 871-9264 San Clemente: (949) 272-4444	✓	✓	✓	✓	✓	Medi-Cal Only	<ul style="list-style-type: none"> Provides services to clients up to age 20 No sliding scale, no co-pays Fee for service for uninsured (\$150 per session)
Hoag Mental Health Center Newport Beach: (949) 764-6542	✓		Family Therapy	✓	✓	Sliding Scale	<ul style="list-style-type: none"> Low cost/sliding scale fee for uninsured/underinsured or low income. Will not turn anyone away based on ability to pay Does <u>not</u> accept medical insurance at this time Short-term, individual support, up to 12 sessions
Hoag Maternal Mental Health Clinic Newport Beach: (949) 764-5333	✓	✓	✓	✓	✓	Major insurance plans accepted	<ul style="list-style-type: none"> Comprehensive psychiatric evaluation, medication management and psychotherapy up to one year post-partum. Wide range of diagnoses. Pre-conception evaluation for women with mental health history who wish to become pregnant or undergoing fertility treatment Support groups and prenatal mental health workshops Education/outreach for PMAD awareness
Mission Hospital's Maternal Mental Health and Wellness Intensive Outpatient Program Mission Viejo: (949) 499-7504	✓	✓	✓	✓	✓	Major insurance plans accepted	<ul style="list-style-type: none"> Group therapy and individual treatment up to one year after delivery Weekly family groups Ongoing psychiatric evaluation, follow up, and medication management throughout the course of treatment by a reproductive psychiatrist & psychiatry team Fee for service for uninsured (\$500/half day session, \$1000/full day)
OC Parent Wellness Program (OCPWP) Orange: (714) 480-5160	✓		✓	✓	✓	No cost	<ul style="list-style-type: none"> Enrolls prenatally and postpartum until child is 1-year-old; provides services for 12 months after enrollment In home individual counseling
St. Joseph Hospital (Mother Baby Assessment) Orange: (714) 744-8764 or (714) 771-8101	✓	✓	Breastfeeding Support Services	✓	✓	Medi-Cal & Insurance	<ul style="list-style-type: none"> Cost can be waived based on income
Western Youth Services Santa Ana: (714) 704-5900	✓	✓	✓	✓	✓	Medi-Cal only No cost	<ul style="list-style-type: none"> Provides services to clients up to age 21

This document is available at: <http://www.ocalthinfo.com/civicax/filebank/blobdownload.aspx?BlobID=47188>. Orange County also has a network of private medical providers offering treatment. Consult your local provider network directory. The ACOG Postpartum Toolkit includes resources on the key components of postpartum care, including postpartum depression and substance use: <https://www.acog.org/About-ACOG/ACOG-Departments/Toolkits-for-Health-Care-Providers/Postpartum-Toolkit>.

Additional Information on Accessing Services for Perinatal Mood and Anxiety Disorders Including Depression in Orange County

Program Name	To enroll or obtain more information	Notes
OC Links	1-855-OC-LINKS (1-855-625-4657)	Call between 8 a.m. and 6 p.m. to be connected to a Behavioral Health Navigator
211 Orange County	211	To find local services and get help
CalOptima Behavioral Health	1-855-877-3885	CalOptima members may call to obtain a referral to appropriate services
Orange County Health Care Agency- Beneficiary Access Line	(800) 723-8641	24/7 access line for Medi-Cal beneficiaries accessing SUD services
Postpartum Support International- Perinatal Psychiatric Consult Line	(800) 944-4773, ext. 4	No-cost consultation line for medical professionals
EveryWomanOC.org	https://everywomanoc.org https://sp.everywomanoc.org/ (Spanish)	A resource for anyone who is thinking of becoming pregnant, is pregnant or has a new baby