# Whoop, there it still is: An update on pertussis

March 3, 2016



Michele Cheung, MD MPH, FAAP Deputy Medical Director, Epidemiology Physician Specialist, Infectious Disease Preparedness, Health Disaster Management

#### **Objectives**

- As a result of this presentation, participants will be able to:
  - Recognize the clinical features of pertussis
  - Understand the current epidemiology of pertussis
  - Identify challenges in pertussis control and vaccination

#### Case #1

- 5 month old infant female, no h/o pertussis vaccinations
- Onset June 2015 of cough, post-tussive emesis, decreased oral intake, wheezing, fussiness
  - Developed apnea, admitted to ICU (1 month after onset)
  - Not intubated
  - NP swab PCR positive Bordetella pertussis
  - CXR pneumonia
  - Treated with azithromycin x 5 days
- Hospitalized x 10 days



Audio: http://www.pkids.org/diseases/pertussis.html

#### Case #2 (sibling)

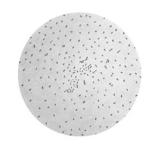
- 20 month old brother, s/p DTaP x 1 only (late)
- Similar onset (June 2015, ~1 week after sister) cough, congestion, paroxysms, post-tussive emesis, color change, decreased oral intake
  - Admitted to ICU with respiratory distress, dehydration (after ~1 month duration)
  - Not intubated
  - Nasal wash PCR positive Bordetella pertussis
  - CXR no acute disease
  - Treated with ceftriaxone (initially) and azithromycin
- Hospitalized x 7 days

http://www.pkids.org/diseases/pertussis.html

#### **Pertussis Background**

- Highly contagious bacterial disease
- Latin *per* (intensive) + *tussis* (cough)
- Also known as "whooping cough" or "100-day cough"
- Occurs worldwide; all age groups affected but most serious in young infants
- First described France 1414
- First epidemic Paris 1578
- Bordetella pertussis isolated in 1906

#### Bordetella pertussis

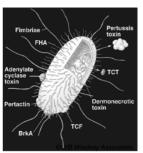


- Gram-negative, pleomorphic, aerobic bacillus
- Fastidious



http://www.vaccineinformation.org/photos/pertcdc001a.jpg Photo courtesy of CDC

# **Bordetella pertussis**Major Antigens and Virulence Factors



- Pertussis toxin (PT), also known as lymphocytosis- promoting factor (LPF)
- Filamentous hemagglutinin (FHA)
- Pertactin (PRN), also known as 69 kilodalton protein
- Fimbrial agglutinogens (FIM)
- Tracheal cytotoxin
- Adenylate cyclase toxin
- Dermonecrotic toxin
- Lipopolysaccharide (endotoxin)

#### **Pertussis Pathogenesis**



- Primarily toxin-mediated disease
- Organisms attach to cilia of ciliated epithelial cells in respiratory tract
- Pertussis antigens allow evasion of host defenses (lymphocytosis promoted but impaired chemotaxis)
- Inflammation occurs which interferes with clearance of pulmonary secretions
- Local tissue damage in respiratory tract
- Systemic disease may be toxin mediated

CDC Epidemiology and Prevention of Vaccine-Preventable Diseases 2015 Photos: http://www.vaccineinformation.org/photos/pertaap001.jpg Copyright American Academy of Pediatrics © 2014 WebMD, LLC. All rights reserved.



#### **Clinical Features of Pertussis**

- Incubation period: 4-21 days, usually 7 to 10 days
- Insidious onset
- Minimal fever

http://www.vaccineinformation.org/photos/pertpmh002.jpg Copyright Department of Paediatrics and Adolescent Medicine, Princess Margaret Hospital, Hong Kong

AAP Red Book 2015; CDC Pink Book 2015



#### **Clinical Features of Pertussis**

- Catarrhal stage: 1 to 2 weeks
  - runny nose, sneezing, low-grade fever, mild cough (cough gradually becomes more severe)
  - similar to minor upper respiratory infection
- Paroxysmal stage: 1 to 6 weeks
  - Coughing "fits," post-tussive vomiting, exhaustion
  - Whoops caused by air forcefully inhaled through narrowed glottis
- Convalescent stage: weeks to months
  - gradual recovery with less frequent & less severe coughing
  - "100-day cough"
  - Classic pertussis 6-10 weeks duration

# Adolescents and adults often milder disease, source of infection for infants and children Adolescents and adults often milder disease, source of infection for infants and children PROLONGED COUGH PROLONGE

#### "Classic" Pertussis (in Infants)

- Paroxysms
- Inspiratory "whoop"
- Post-tussive vomiting
- Exhaustion
- May have apnea
- Lymphocytosis prominent
- Infants <6 mos may have atypical disease no whoop; short catarrhal stage; gagging, gasping, apnea (67%)
  - Most severe disease in < 6 mos, especially preterm and unimmunized infants

AAP. *Red Book* 2015 CDC. Epidemiology and Prevention of Vaccine-Preventable Diseases. Tanaka M et al. *JAMA*. 2003;290:2968-2975. Photo: http://www.vaccineinformation.org/photos/pertpmh001.jpg

#### California Pertussis Cases 2014

- Most commonly reported symptoms
  - Paroxysmal coughing 80%
  - Post-tussive vomiting 40%
  - Inspiratory "whoop" 39%
  - Apnea 19%

http://www.cdph.ca.gov/HealthInfo/discond/Pages/Pertussis.aspx

#### **Pertussis Complications in Infants**

Condition	% reported
Hospitalization	>66
Pneumonia	23
Seizures	2
Encephalopathy	<0.5
Death < 2 mos age	1%
Death 2-11 mos age	<0.5



Other complications: apnea, pulmonary hypertension, subdural bleeding, conjunctival bleeding, pneumothorax, hernia, rectal prolapse

2015 AAP Red Book; CDC Pink Book

Photograph courtesy of the WHO: http://www.vaccineinformation.org/photos/pertiac001.jpg

## Broken blood vessels in eyes and bruising from coughing



http://www.vaccineinformation.org/photos/pert\_wi001.jpg Photo courtesy of Thomas Schlenker, MD, MPH, Chief Medical Officer, Children's Hospital of Wisconsin

#### **Symptoms in Adolescents & Adults**

Clinical Symptoms	At Time of	At Time of Diagnosis	
	Adolescent	Adult	
Paroxysms	83%	87%	
Vomiting	45%	41%	
Cough >4 Weeks*	41%	52%	
Whoop	30%	35%	
Apnea	19%	37%	
Cyanosis	6%	9%	
Hospitalized	1.4%	3.5%	

N=3,023-3,037 (\*2384) adolescents, 1099-1103 (\*871) adults. Yih WK et al. *J Infect Dis.* 2000;182:1409-1416.

#### 664 Adolescents & Adults w/Pertussis

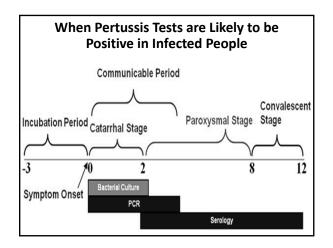
- Duration of cough
  - Mean 10 weeks adolescents, 12 weeks adults
  - > 3 weeks in 97% of adults
  - > 9 weeks in 47% adolescents, 52% of adults
- Other symptoms/complications
  - post-tussive emesis in 65%
  - otitis media in 4%; weight loss 3%; fainting 2%
  - rib fracture 2% (1% adolescents, 4% adults)
  - urinary incontinence 6% (34% in 50+ F)
  - average 14 days disrupted sleep
- Missed average 5 days of school (teens); 7 days of work (adults)
- Among adults, some complications increase with age

De Serres et al. J Infect Dis. 2000;182:174-9. AAP Red Book 2015



#### **Diagnosis of Pertussis**

- Clinical presentation
- Available laboratory tests
  - Isolation of *B. pertussis* by culture
  - Polymerase chain reaction (PCR) testing
  - Direct fluorescent antibody (DFA) testing not recommended
  - Serologic testing
- Increased WBC with absolute lymphocytosis suggestive; not always present
  - Markedly elevated WBC associated with poor prognosis in young infants



# 

#### **Clinical Management**

- Antibiotics
- Supportive care
- Nutrition
- Monitoring of respiratory status
- Droplet Precautions
- Exchange transfusion for profound or rapidly increasing lymphocytosis used in some centers
- Nitric oxide used for pulmonary hypertension in some centers



http://www.vaccineinfor mation.org/photos/pertodc002.jpg Courtesy of CDC

#### **Antibiotic Treatment & Prophylaxis**

Age	Recommended Drugs		
			Clarithromycin
Younger than 1 mo	10 mg/kg/day as a single dose daily for 5 days <sup>b,c</sup>	40 mg/kg/day in 4 divided doses for 14 days	Not recommended
1 through 5 mo	See above	See above	15 mg/kg per day in 2 divided doses for 7 days
6 mo or older and children	10 mg/kg as a single dose on day 1 (maximum 500 mg), then 5 mg/kg/day as a single dose on days 2 through 5 (maximum 250 mg/day) <sup>h,d</sup>	40 mg/kg/day in 4 divided doses for 7–14 days (maximum 1–2 g/day)	15 mg/kg/day in 2 divided doses for 7 days (maximum 1 g/day)
Adolescents and adults	500 mg as a single dose on day 1, then 250 mg as a single dose on days 2 through 5 <sup>b,d</sup>	2 g/day in 4 divided doses for 7–14 days	1 g/day in 2 divided doses for 7 days
	AAP. Red Book 20 CDC. MMWR Red	015 commendations and Rep	orts 12/9/05, 54(RR-14)

#### **Alternative Antibiotic**

Age	Alternative	
	TMP-SMX	
Younger than 1 mo	Contraindicated at younger than 2 mo of age	
1 through 5 mo	2 mo of age or older: TMP, 8 mg/kg/day; SMX, 40 mg/kg/day in 2 doses for 14 days	
6 mo or older and children	See above	
Adolescents and adults	TMP, 320 mg/day; SMX, 1600 mg/day in 2 divided doses for 14 days	

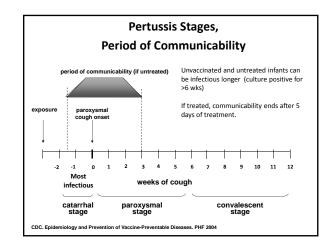
For patients ≥ 2
months of age who
are allergic to
macrolides or who
cannot tolerate
macrolides, or who
are infected with
rare macrolideresistant strains

AAP. Red Book 2015 CDC. MMWR Recommendations and Reports 12/9/05, 54(RR-14)

#### Why Treat Pertussis (Cases?)

- Approximately 80-90% of untreated pertussis cases spontaneously clear organism from nasopharynx within 3-4 weeks of onset of cough
  - Untreated and unvaccinated infants may stay culture positive for > 6 weeks
- Treatment may decrease communicability (within 21 days after cough onset)
- Treatment may modify disease course (reduce duration and severity) if administered early
  - Rarely affects disease course after first week of symptoms
- Standard and droplet precautions until 5 days of appropriate antibiotic rx or 21 days after onset of cough if not treated
  - Exclusion from day care 5 days; K-12 school 3 days (CDC recommendations 5 days)

AAP Red Book 2015 CDC Epidemiology and Prevention of Vaccine-Preventable Diseases. Hewlett EL, Edwards KM. NEJM. 2005;352:1215-1222.



#### Who Should Get Prophylaxis?

- Up to 80% of previously vaccinated household contacts of symptomatic cases are infected because of waning immunity
- Antimicrobial prophylaxis to asymptomatic household contacts within 21 days of onset of cough in index patient can prevent symptomatic infection
- Prophylaxis can be considered for:
  - Close contacts of a symptomatic patient with pertussis
    - Face-to-face exposure within 3 feet
    - Direct contact with respiratory, nasal or oral secretions
    - Share same confined space in close proximity for at least 1 hour
  - Regardless of immunization status
- Symptomatic contacts should be treated as cases
- Vaccinate all persons not up-to-date for pertussis vaccine (including Tdap)
- Contacts should self-monitor for symptoms 21 days; report to Public Health if symptoms

CDC. MMWR 2005;54 (RR-14) and CDPH "Pertussis: Public Health Investigation"

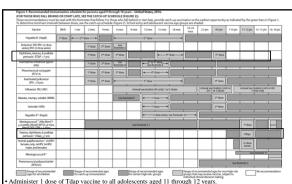
#### **Contact Management**

- Priority to prophylaxis contacts with high risk for severe disease and those who may transmit to those at high risk
  - Infants < 12 months of age
  - Pregnant women
  - Persons with immunodeficiency, chronic lung disease, neuromuscular disease
  - Unimmunized/underimmunized infants and children
  - · Caregivers/household/childcare contacts infants/pregnant
- Prophylaxis available through Public Health if patient unable to obtain in a timely manner due to financial or other reasons

CDC. MMWR 2005;54 (RR-14) and CDPH "Pertussis: Public Health Investigation"

#### Prevention – Vaccination is key

- Pregnant women are recommended to receive Tdap in their 3<sup>rd</sup> trimester (27-36 weeks gestation), during each pregnancy
- Infants can start the childhood vaccine series (DTaP) as early as 6 weeks of age.
  - Even one dose of DTaP may offer some protection against fatal disease
  - Five doses (2, 4, 6, 15-18 months, and 4-6 years) are needed by kindergarten
- Tdap booster is recommended at age 11-12 years; may be given as early as 7 years of age.
  - · Required in California for 7th grade
- Adults are recommended to receive a Tdap booster
  - Especially if they are in contact with infants or health care workers

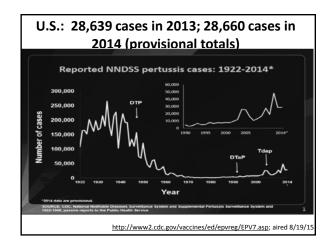


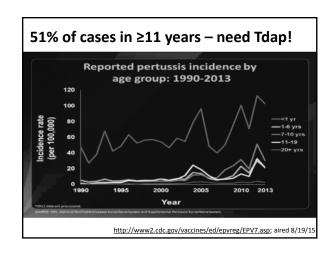
- Tdap can be administered regardless of the interval since the last tetanus and diphtheria toxoid-containing
- accine.

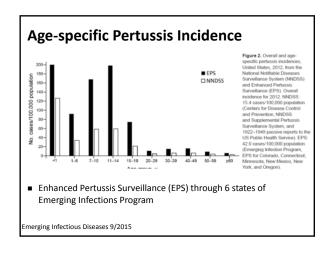
  Administer one dose of Tdap vaccine to pregnant adolescents during each pregnancy (preferred during 27 ough 36 weeks gestation) regardless of number of years from prior Td or Tdap vac From CDC NIP http://www.cdc.gov/vaccines/schedules/hcp/child-adolescent.html

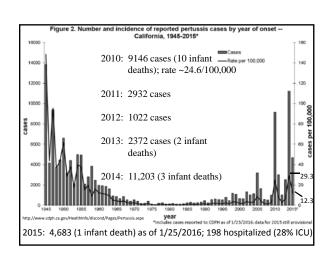
Pharmaceutical	Manufacturer	Pertussis Antigens	Recommended Use
DTaP Vaccine for Chi	ldren Younger Than	7 Years of Age	AAP Red Book 2015
DTaP (Infanrix)	GlaxoSmithKline Biologicals	PT, FHA, pertactin	All 5 doses, children 6 wk through 6 y of age
DTaP (Daptacel)	Sanofi Pasteur	PT, FHA, pertactin, fimbriae types 2 and 3	All 5 doses, children 6 wk through 6 y of age
DTaP-hepatitis B-IPV (Pediarix)	GlaxoSmithKline Biologicals	PT, FHA, pertactin	First 3 doses, children 6 wk through 6 y of age; usual use at 6- to 8-wi intervals beginning at 2 mo of age; then 2 doses of DTaP are needed to complete the 5-dose series before 7 y of age
DTaP-IPV/Hib (Pentacel)	Sanofi Pasteur	PT, FHA, pertactin, fimbriae types 2 and 3	First 4 doses, children 6 wk through 4 y of age; usual use at 2, 4, 6, an 15 through 18 mo of age; then 1 dose of DTaP is needed to complete the 5-dose series before 7 y of age
DTaP-IPV (Kinrix)	GlaxoSmithKline Biologicals	PT, FHA, pertactin	Booster dose for fifth dose of DTaP and fourth dose of IPV at 4 through 6 y of age
DTaP-IPV (Quadracel) (MMWR 9/4/2015)	Sanofi Pasteur	PT, FHA, pertactin, fimbriae types 2 & 3	Booster dose for fifth dose of DTaP and fourth or fifth dose of IPV at 4 through 6 years who have received 4 doses of DTaP-IPV/Hib or DtaP
Tdap Vaccines for Ad	olescents and Adults		
Tdap (Boostrix)	GlaxoSmithKline Biologicals	PT, FHA, pertactin	Single dose at 11 through 12 y of age instead of Td (see text for additional recommendations)  Adults
Tdap (Adacel)	Sanofi Pasteur	PT, FHA, pertactin, fimbriae types 2 and 3	Single dose at 11 through 12 y of age instead of Td (see text for additional recommendations)  Adults (through 64 years of age)

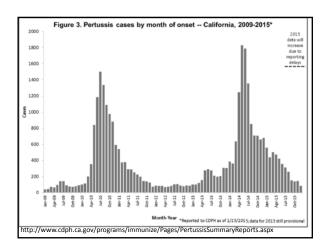
#### **Pertussis Epidemiology** ■ Reservoir Humans only hosts Adolescents and adults Immunity not lifelong Year-round, typically late ■ Seasonality summer-autumn peak Close contact via respiratory ■ Transmission droplets ■ Communicability Maximum in catarrhal stage Secondary attack rate up to 70-100% Highly contagious; $R_o$ 12-17 CDC NIP. Epidemiology and Prevention of Vaccine-Preventable Diseases AAP. Red Book 2015

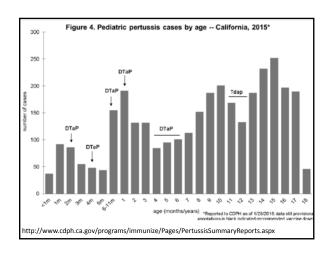


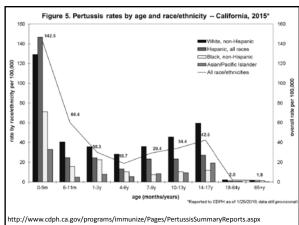














#### Pertussis in California

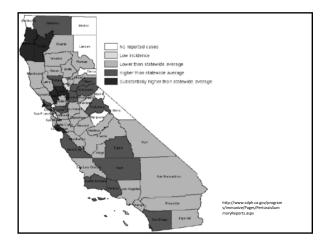
■ 2015: State rate 12.3/100,000 persons

http://www.cdph.ca.gov/He hInfo/discond/Pages/Pertus

• 1 death in child <3 weeks of age

• 69% hospitalized patients < 4 months of age

- 2014 highest number of pertussis cases in CA in over 60 years
  - 11,213 cases; 458 (4%) hospitalized
  - 280 (61%) of hospitalized patients <4 months of age
  - 3 deaths with disease onset in 2014; all ≤5 weeks of age
  - Median age of cases = 12 years (range, 0-99)
  - 9,902 (89%) ≤ 18 years of age
    - ► 755 (8%) <6 months of age; 2,631 (27%) were 14-16 years of age
    - ► Of 9,036 6 month-18 years of age, 7,450 (82%) at least 1 dose pertussis vaccine; 480 (5%) unimmunized; 1,106 (12%) unknown status
  - Rates highest in Hispanic infants < 1 year of age
  - Among children/adolescents, rates highest in non-Hispanic Whites



#### **Challenges in Pertussis Control and Vaccination**

- Vaccine-preventable since 1940s
- Increased incidence since 1990s despite widespread childhood vaccination
- Booster vaccine (Tdap) approved for adolescents & adults in 2005
- Cyclical incidence with peaks every 3-5 years

#### Herd Immunity Thresholds for Selected Vaccine-Preventable Diseases

Disease	R <sub>o</sub>	Herd Immunity
Diphtheria	6-7	85%*
Measles	12-18	83-94%
Mumps	4-7	75-86%
Pertussis	12-17	92-94%
Polio	5-7	80-86%
Rubella	6-7	83-85%
Smallpox	5-7	80-85%

\*4 doses

† Modified from Epid Rev 1993;15: 265-302, Am J Prev Med 2001; 20 (4S): 88-153, MMWR 2000; 49 (SS-9); 27-38

http://www.bt.cdc.gov/agent/smallpox/training/overview/ppt/eradicationhistory.ppt#51



#### Pertussis resurgence since the 1990s

- Neither vaccination nor natural disease confers complete or lifelong immunity against pertussis or reinfection
- DTaP vaccine efficacy versus previous whole cell DTP vaccine efficacy
  - acellular pertussis vaccines licensed in 1991 for 4th/5th doses; entire series in 1996
- Waning of vaccine-induced immunity and lack of natural booster events
  - Decay in antibody over time
  - Also waning maternal immunity and reduced transplacental antibody in mothers who do not receive Tdap during pregnancy
  - Greater awareness of pertussis by clinicians
- General availability of better laboratory tests (PCR)
- Genetic changes in B. pertussis
  - Some pertactin-deficient B. pertussis strains

Source: CDPH Immunization Branch; AAP 2015 Red Book

#### Factors relating to DTaP vaccine failure

- Per Dr. Cherry
  - Decay in antibody over time
  - T helper (Th) 1/Th2 versus a Th1, Th17 cellular response
  - Incomplete antigen package
  - Incorrect balance of antigens in vaccine
  - Linked epitope suppression
  - Occurrence of pertactin-deficient *B. pertussis* strains



Cherry. Epidemic Pertussis and Acellular Pertussis Vaccine Failure in the 21<sup>st</sup> Century. Pediatrics

#### Outbreak in Vaccinated 1-5 y.o. Children

- Sept 2013 in Florida 5 month period
- Index 1 y.o. preschool attendee lab confirmed pertussis
  - Source 3 y.o. sibling
- School with 117 students (10 months-6 years of age); 26 staff
- 26 (22%) students 1-5 years of age, 2 (7%) preschool staff, 11 epi-linked persons (9 HH, 2 camp counselors) met case definition for pertussis
  - 11 confirmed; 28 probable
  - 4 hospitalized
  - Only 5 students (including 2 with pertussis) not completely vaccinated against pertussis
  - Attack rate 50% in one classroom UTD for pertussis (teacher case); 6 classrooms AR > 20%.
  - 2 classrooms with 3 y.o.'s highest AR children 2-3 y.o. 2.2x (95% CI, 1-4.9) higher risk for pertussis than 4-6 y.o.

EID February 2016

### Source of Infection for Infants With Pertussis

- □ Household contact 71%
- Parent 55% (mother 37%, father 18%)
- Sibling 16%
- □ Non-household contact 29%
  - = Aunt/uncle 10%
  - Friend/cousin 10%
  - Grandparent 6%

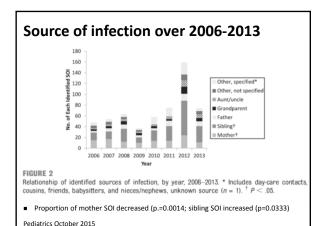
N=44 infants <6 months of age. Pediatr Infect Dis J 2007;26(4):293-9.

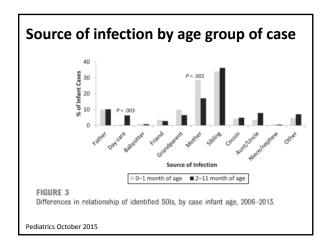
http://www2.cdc.gov/vaccines/ed/epvreg/EPV7.asp; aired 8/19/15

#### Source of infection changed

- Enhanced Pertussis Surveillance 2006-2013 cases < 1 y.o.
  - Potential source of infection (suspect pertussis case in contact with infant 7-20 days prior to onset) [SOI]
- 1306 infants; 24.2% < 2 months old
  - SOI identified in 569 (44%) of cases
  - Infants 0-1 months old more likely to have SOI than infants 2-11 months old (54.1% vs 40.2%, p<0.0001)
  - More than 66% SOIs were immediate family members
    - ▶ 35.5% siblings; 20.6% mothers; 10% fathers
    - ► Mothers predominated until 2008, then siblings
  - SOI median age 14 y.o. (0-74 years); for siblings median age 8
    - ► 2006-2009 median age 18 y.o. vs 2010-2013 median age 12 y.o. (p=0.0160)

Pediatrics October 2015





#### **Tdap waning immunity**

- Adolescents during 2012 statewide Wisconsin outbreak (273,420)
  - Residents born between 1998-2000; Tdap histories through registry
  - Lab-confirmed pertussis cases onset 2012 (739)
- Vaccine effectiveness decreased with time since receipt
  - 75.3% (95% CI, 55.2-86.5%) for receipt during 2012
  - 68.2% (95% CI, 60.9-74.1%) for receipt during 2011
  - 34.5% (95% CI, 19.9-46.4%) for receipt during 2010
  - 11.9% (95% CI, -11.1%-30.1%) for receipt during 2009/2008
- Point estimates higher among Boostrix recipients than Adacel; among Tdap recipients, receipt of Boostrix (vs Adacel) associated with decreased risk of pertussis (adj IRR 0.62 (95% CI 0.52-0.74)
  - Difference may not be generalizable as primary series DTaP vaccines not evaluated

Journal of Infectious Diseases September 2014

#### **Tdap waning immunity (2)**

- Kaiser Permanente Northern California members who had received all DTaP products (279,493)
- Reviewed patients >=10 years of age positive for pertussis (1207)
- 90% Tdap coverage rate
- On the basis of 1207 pertussis cases, Tdap VE during the first year after vaccination was 68.8% (95% confidence interval [CI] 59.7% to 75.9%), decreasing to 8.9% (95% CI –30.6% to 36.4%) by ≥4 years after vaccination.
- Adolescents who were more remote from Tdap were significantly more likely to test positive for pertussis than were those vaccinated more recently (hazard ratio per year 1.35, 95% CI 1.22 to 1.50).

Pediatrics March 2016

"We desperately need a new pertussis vaccine.

Every indication is that large-scale pertussis outbreaks will continue until a new approach is developed.

In the meantime, the best primary strategy to prevent infant deaths is to immunize every pregnant woman during every pregnancy and to present the immunization schedule as the standard of care rather than as an option."

Tdap in Every Pregnancy: Circling the Wagons Around the Newborn Wagons Lord. MD.

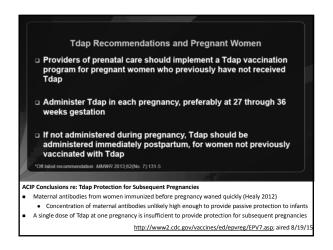
Mark H. Survyer, MD., Suruh S. Lord. MD.

Pediatrics June 2015

#### **Tdap during pregnancy**

- Tdap immunization rates during pregnancy currently <20%, despite recommendations from CDC, AAP, ACOG, AAFP
- Northern California Kaiser concentrated efforts attained 83.9% rate in 2014
- "Cocooning" difficult to implement
  - Highly variable success 19-85% of family members other than mother immunized in various studies
  - National pertussis immunization coverage 25.9% for adults (19-64 years of age) living with infant <1 year of age in 2012
  - Barriers: insurance coverage; reluctance of provider to immunize other family members besides patient; poor adherence of family members to go to own provider for immunization; immunization records

Pediatrics June 2015





#### **Survey of Orange County Pharmacists, 2014**

- 38 pharmacies called by Epidemiology intern and asked for repeat Tdap for pregnancy
  - 13 said vaccination not necessary
  - 2 were not sure
  - 4 said yes if obstetrician recommends
  - 9 said yes but not necessary
  - 10 said yes

Source: OCHCA Epidemiology

#### **Key points**

- Pertussis continues to circulate
- We will continue to have epidemics every 3-5 years
- Need to have better vaccines
- Need to ensure pregnant women are vaccinated during each pregnancy!

Remember all suspect, probable and confirmed pertussis cases are reportable within 1 working day to Epidemiology 714-834-8180

