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Chair

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COUNTY OF ORANGE HEALTH CARE AGENCY

MENTAL HEALTH BOARD

Study Committee Planning Meeting Notes

Tuesday, October 11, 2016

Health Care Agency
405 W. 5th Street, Santa Ana, CA 92701
9:00 a.m. – 10:30 a.m.

Members Present: Karyn Mendoza, Michael Rose, Gregory Swift

Members Absent: Alisa Chatprapachai, Supervisor Andrew Do, Brian Jacobs, Judith Lewis, Carolyn Nguyen

I. Welcome & Introduction: Michael Rose

- Meeting began at 9:03 a.m. Each member and guest introduced themselves and their respective affiliation.

II. Public Comment

- Kristen Pankratz:
 - Ms. Pankratz shared information on the Depression and Bipolar Support Alliance (DBSA). They provide about 16 support groups throughout Orange County in different medical centers and wellness centers.

III. Scheduled Discussion Item

- Position Letter on Legalizing Marijuana
 - Michael advised the board members that the letter was submitted to the Board of Supervisors (BOS).
- Report on Residential Treatment & Outpatient Services
 - The board members received a comprehensive report by Mitch Cherness on residential treatment and by Ian Kenner on outpatient services. Mitch informed the board that each individual program is unique on the types of treatment provided, some may include the recovery model, 12- step program, or other models of treatment. He provided information on the wait list to get into treatment, for some it is taking on average 4-6 weeks, 2-weeks for priority users, and couple days for pregnant women. However, during this wait time, members are encouraged to participate in group therapy at the program and get involved until they are placed. Mitch also included information co-occurring capabilities of the programs,

one example being Touchstones which is a detox 6-month inpatient program that also offers mental health services on site. In addition, Ian Kenner explained that all mental health clinics provide screening for mental health and substance use disorders (SUD) to provide both services for them. He informed the board that there is a Substance Abuse and Mental Health Services Administration (SAMHSA) coordinator at every mental health clinic to place them into treatment and provide the best integrated care in mental health and SUD.

IV. Open Discussion

- *Public Comments Received*
 - A member of the Community Action Advisory Committee (CAAC) advised the MHB the CAAC was not supportive of emotional support animals having the same rights as a service animal as they are not properly trained and could result in a liability issue.
 - Concerned was raised about feeding locations at the Civic Center area after the opening of the Courtyard. Behavioral Health Services staff shared that they are working on coordinating for all feedings to take place at the Courtyard from now on.
 - Discussion on co-occurring disorders and SAMHSA funding were addressed in the residential treatment and outpatient services report.

- Questions/ Concerns
 - Michael requested to continue the scheduling of the Board of Supervisors Communication Committee with districts they have not met with this year.

V. Committee Reports

- N/A

VI. Announcements

- N/A

VII. Adjournment

- Meeting ended at 10:25 a.m.