



# County of Orange Mental Health Board

405 W. 5th Street  
Santa Ana, CA 92701  
TEL: (714) 834-5481  
MHB Website:

<http://ochealthinfo.com/bhs/about/mhb>

## BOARD OF SUPERVISORS

**Michelle Steel, Chairwoman**  
Second District

**Andrew Do, Vice Chair**  
First District

**Todd Spitzer**  
Third District

**Shawn Nelson**  
Fourth District

**Lisa Bartlett**  
Fifth District

## MHB MEMBERS

**Michael Rose, LCSW, Chair**

**Gregory Swift, MFT, Vice Chair**

Supervisor Andrew Do,  
First District

Alisa Chatrapachai, OTD, OTR/L

Karyl Dupee, LMFT

Sandra Finestone, Psy.D.,

Matthew Holzmann

Brian Jacobs, MA

Judith Lewis, MA

Karyn Mendoza, LCSW

Carolyn Nguyen, M.D.

Fasi Siddiqui

Joy Torres

## HEALTH CARE AGENCY

**Mary R. Hale, MS,**  
**Deputy Agency Director**  
Behavioral Health Services

**Jeff Nagel, Ph.D.,**  
**Director of Operations**  
Behavioral Health Services

**Karla Amezcua**  
**Staff Assistant**  
Behavioral Health Services

**Wednesday, February 22, 2017**  
**9:00 a.m. – 10:30 a.m.**

**Hall of Administration**  
**Planning Commission Hearing Room**  
333 W. Santa Ana Blvd.  
Santa Ana, CA 92701

## MINUTES

Page 1 of 4

**Members Present:** Alisa Chatrapachai, Karyl Dupee, Sandra Finestone, Matthew Holzmann, Judith Lewis, Karyn Mendoza, Carolyn Nguyen, Michael Rose, Gregory Swift, Joy Torres

**Members Absent:** Supervisor Andrew Do, Brian Jacobs, Fasi Siddiqui,

Call to Order at 9:06 a.m. by Michael Rose

## Welcome and Introductions

- Pledge of Allegiance
- Each member and attendee introduced themselves and their respective affiliation

## Approval of Minutes – Action Item

- January 25, 2017
  - Judith Lewis made a motion to approve the minutes from the January 25, 2017 meeting and Matthew Holzmann seconded the motion with one correction. The minutes were approved for the record. Vote: 10 yes/ 0 no

## Behavioral Health Services (BHS) Director's Report – Annette Mugrditchian

Annette updated the board on county and contract services. In Adult and Older Adult Behavioral Health (AOABH), Contract CSUs: We went to the Board of Supervisors (BOS) on February 14, 2017, and Exodus will be our first Crisis Stabilization Unit (CSU) provider; its location will be in Garden Grove. The Co- Occurring Residential Treatment Request for Proposal (RFP) is negotiating with a provider. In addition, we are in various stages of solicitation and negotiations for a number of programs: CalWorks, Full Service Partnerships, Residential Rehabilitation, Short Term Housing, Medi-Cal Inpatient, In-Home Crisis Stabilization, Bridge Housing, and Transportation. Furthermore, we have submitted a grant for Proposition 47 which targets diversion for low offenders. Finally, we continue to actively participate in the Stepping Up Committees.



# County of Orange Mental Health Board

405 W. 5th Street  
Santa Ana, CA 92701  
TEL: (714) 834-5481  
MHB Website:

<http://ochealthinfo.com/bhs/about/mhb>

Wednesday, February 22, 2017  
9:00 a.m. – 10:30 a.m.

## MINUTES

Page 2 of 4

### BOARD OF SUPERVISORS

Michelle Steel, Chairwoman  
Second District

Andrew Do, Vice Chair  
First District

Todd Spitzer  
Third District

Shawn Nelson  
Fourth District

Lisa Bartlett  
Fifth District

### MHB MEMBERS

Michael Rose, LCSW, Chair

Gregory Swift, MFT, Vice Chair

Supervisor Andrew Do,  
First District

Alisa Chatrapachai, OTD, OTR/L

Karyl Dupee, LMFT

Sandra Finestone, Psy.D.,

Matthew Holzmann

Brian Jacobs, MA

Judith Lewis, MA

Karyn Mendoza, LCSW

Carolyn Nguyen, M.D.

Fasi Siddiqui

Joy Torres

### HEALTH CARE AGENCY

Mary R. Hale, MS,  
Deputy Agency Director  
Behavioral Health Services

Jeff Nagel, Ph.D.,  
Director of Operations  
Behavioral Health Services

Karla Amezcua  
Staff Assistant  
Behavioral Health Services

### Behavioral Health Services (BHS) Director's Report – Continued

- In Children, Youth and Prevention Behavioral Health, Prevention & Intervention (P&I), The Behavioral Health Services (BHS) Outreach & Engagement (O&E) Team will now have the capability of providing limited motel stays to homeless individuals who are struggling with a behavioral health condition while they are working with BHS O&E staff. The goals of the motel stay are to assist with linkage to behavioral health programs, to assist in the completion of the Vulnerability Index- Service Prioritization Decision Assistance Tool (VI-SPDAT) housing assessment, and to support recuperative care. Some of the details are:
  - Outreach staff will identify a participant who is working towards some form of goal, and activates the contract provider, the first being the Illumination Foundation.
  - The Illumination Foundation has existing relationships with identified motels, sets up the motel stay, and pays for it.
  - Outreach provides the participant transportation to the identified motel and checks in on them daily to work on their plan.
  - Initially, this would be up to a 7 day-stay, but stays will be determined on a case by case basis.
- A new Innovation project will be presented to the Mental Health Services Oversight and Accountability Commission (MHSOAC) on March 23<sup>rd</sup> for their approval. The project will provide veteran specific services in various Family Resource Centers throughout the County
- In Mental Health Services Act (MHSA), they are preparing the Three-Year Plan, which will be posted near the end of March. An overview of the key changes from the prior plan and the new budget will be presented to the MHB in April, and a public hearing to receive comments will be heard in May after the plan has been posted for 30 days.
- Annette presented a quick video put together by the Health Care Agency, titled "*Communication and Safety Tips for a Changing Workplace*". This video shares some ideas about ways to avoid potentially difficult situations.



# County of Orange Mental Health Board

405 W. 5th Street  
Santa Ana, CA 92701  
TEL: (714) 834-5481  
MHB Website:

<http://ochealthinfo.com/bhs/about/mhb>

Wednesday, February 22, 2017  
9:00 a.m. – 10:30 a.m.

## MINUTES

Page 3 of 4

### BOARD OF SUPERVISORS

Michelle Steel, Chairwoman  
Second District

Andrew Do, Vice Chair  
First District

Todd Spitzer  
Third District

Shawn Nelson  
Fourth District

Lisa Bartlett  
Fifth District

### MHB MEMBERS

Michael Rose, LCSW, Chair

Gregory Swift, MFT, Vice Chair

Supervisor Andrew Do,  
First District

Alisa Chatrapachai, OTD, OTR/L

Karyl Dupee, LMFT

Sandra Finestone, Psy.D.,

Matthew Holzmann

Brian Jacobs, MA

Judith Lewis, MA

Karyn Mendoza, LCSW

Carolyn Nguyen, M.D.

Fasi Siddiqui

Joy Torres

### HEALTH CARE AGENCY

Mary R. Hale, MS,  
Deputy Agency Director  
Behavioral Health Services

Jeff Nagel, Ph.D.,  
Director of Operations  
Behavioral Health Services

Karla Amezcua  
Staff Assistant  
Behavioral Health Services

### Public Comment

Steve McNally-

Mr. McNally expressed some concerns with the budget of MHSA Funds and the planning process for the No Place like Home initiative.

### Presentation:

***Behavioral Health Housing: Where are we and where are we going***

Adult & Older Adult Behavioral Health, Residential Services

**By: Mitch Cherness, Program Manager II**

**Judy Iturriaga, Program Manager I**

Mitch Cherness provided a comprehensive overview of the mental health housing services in Orange County. He included information on services and the types of housing that is being offered. Judy Iturriaga provided information on the MHSA Housing projects that are currently available and that are pending for future development.

For additional information about Behavioral Health Housing, please contact [kamezquita@ochca.com](mailto:kamezquita@ochca.com) or 714-834-5481.

### Committee Reports –

A new ad hoc committee was instituted at the last MHB Study Committee meeting, titled “*Community Input and Partnership*”, members who volunteered to be a part of this committee include Judy Lewis (lead), Matthew Holzmann, Joy Torres, and Sandra Finestone. This committee will increase their knowledge in outreach and engagement services provided by Behavioral Health Services so that they better address the community needs.

*California Association of local Behavioral Health Boards and Commissions Committee –*

Alisa Chatrapachai shared that they are working on the CALBHBC website, and welcome members to visit and get informed, [www.CALBHBC.weebly.com](http://www.CALBHBC.weebly.com). Members are also encouraged to join the regional coordinator team for the south region. In addition, if you wish to nominate any County Staff for a chance to get an award from the state please contact Alisa or fill out a Nomination form.

Mental Health Services Act: The MHSA budget will be increased by \$1.6 million and most current funds will be spent with in the next five years, with the exception of the reserve.

### Old Business –

- Members of the Mental Health Board received a handout with information on trainings that are offered for Behavioral Health Services Staff, inclusive of information on Anosognosia.



# County of Orange Mental Health Board

405 W. 5th Street  
Santa Ana, CA 92701  
TEL: (714) 834-5481  
MHB Website:

<http://ochealthinfo.com/bhs/about/mhb>

Wednesday, January 25, 2017  
9:00 a.m. – 10:30 a.m.

## MINUTES

Page 4 of 4

### BOARD OF SUPERVISORS

**Michelle Steel, Chairwoman**  
Second District

**Andrew Do, Vice Chair**  
First District

**Todd Spitzer**  
Third District

**Shawn Nelson**  
Fourth District

**Lisa Bartlett**  
Fifth District

### MHB MEMBERS

**Michael Rose, LCSW, Chair**

**Gregory Swift, MFT, Vice Chair**

Supervisor Andrew Do,  
First District

Alisa Chatrapachai, OTD, OTR/L

Karyl Dupee, LMFT

Sandra Finestone, Psy.D.,

Matthew Holzmann

Brian Jacobs, MA

Judith Lewis, MA

Karyn Mendoza, LCSW

Carolyn Nguyen, M.D.

Fasi Siddiqui

Joy Torres

### HEALTH CARE AGENCY

**Mary R. Hale, MS,**  
**Deputy Agency Director**  
Behavioral Health Services

**Jeff Nagel, Ph.D.,**  
**Director of Operations**  
Behavioral Health Services

**Karla Amezquita**  
**Staff Assistant**  
Behavioral Health Services

### New Business- Action Item

- Michael announced of the Alcohol and Drug Advisory Board's Strategic Plan to address the opioids problem facing Orange County. A flyer with information on how to be a part of the planning for it was provided.

### Adjournment

- 10:26 a.m.

### **Officially submitted by:**

#### **Karla Amezquita**

*\*\*Note: Copies of all writings pertaining to items in these MHB minutes are available for public review in the Behavioral Health Services Advisory Board Office, 405 W. 5<sup>th</sup> Street, Santa Ana, CA 92701, 714.834.5481 or Email: [kamezquita@ochca.com](mailto:kamezquita@ochca.com) \*\**