



ORANGE COUNTY EMERGENCY MEDICAL SERVICES
BASE HOSPITAL TREATMENT GUIDELINES
VOMITING (ADULT/ADOLESCENT)

#: BH-M-60
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BASE GUIDELINES

1. Determine ALS Standing Order treatments/procedures rendered prior to base hospital contact. Use ALS standing order as guidelines for treatments/procedures not initiated prior to base hospital contact.
2. Consider differential diagnosis as to the cause of the vomiting.
3. If continued signs of decreased tissue perfusion, continue 250 mL Normal Saline bolus and monitor for fluid overload.

ALS STANDING ORDER

1. If signs of dehydration or poor perfusion and lungs clear to auscultation (no evidence CHF):
 - Establish IV access and give 250 mL Normal Saline bolus, may repeat up to maximum 1 liter to maintain adequate perfusion.
2. For continuous nausea or vomiting, and not known or suspected to be pregnant, administer:
 - Ondansetron (Zofran™) 8 mg (two 4 mg ODT tablets) to dissolve orally inside of cheek as tolerated;
 - OR,
 - 4 mg IV, may repeat 4 mg IV once after approximately 3 minutes for continued or recurrent nausea or vomiting.
3. Maintain airway, suction as necessary.
4. Transport to nearest appropriate ERC (ALS escort if fluids or medication required).

Approved:

Carl Schultz, MD

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