



Updated July 30, 2017

Purpose

- The Y-OQ® 30.2 provides a “snapshot” of the client’s current functioning across a wide variety of disorders.
- Intake scores (total, critical items, individual items) can help identify areas of immediate clinical concern and aid in treatment planning.
- The Y-OQ® 30.2 is sensitive to short-term change, making it a good instrument for evaluating client progress at any point during treatment.
- Information gleaned from the Y-OQ® 30.2 may be helpful in discharge planning.

Administration

- The same Y-OQ® 30.2 form is administered to a child ages 12-17 and the parent/guardian of a child ages 4-17. **Cutoffs differ.**
- Encourage respondents to **answer every question** as accurately as possible.
- Respondents should indicate how true each statement is for the child **during the past week**.
- The Y-OQ® can be administered by non-clinical staff, but must be interpreted by a trained clinician.
- The Y-OQ® 30.2 is done **at intake, periodic intervals thereafter, and at discharge** (even if < 1 month from last valid administration).

Y-OQ® 30.2 Quick Guide

Youth Outcome Questionnaire® 30.2

Information taken from the Y-OQ® 30.2 Manual (2004) and OQ® Clinician Manual (2002)

Interpretation

Total Score

- High scores reflect increased distress related to experiencing a high number of symptoms, interpersonal difficulties and decreased satisfaction and quality of life. *Total Score is only calculated if 28 or more items are completed.*
- Please note the clinical cutoffs differ based on whether the client or the parent/guardian/collateral source completed the form. Please see table below for the cutoffs.*

Invalid Administration

- The Y-OQ® 30.2 is invalid if **3 or more** items are missing or ‘unscoreable’.
- An item is “unscoreable” if the respondent circled more than 1 response for an item or marked a space between two choices.
- Please ask the respondent to complete any skipped items and/or to mark a single valid response per item.
- Once there are 3 or fewer missing/unscoreable items, the Y-OQ® can be scored.

Follow up on any item **≥1** before the session ends

Critical Items

- 5** Strong emotions that change quickly
10 Used alcohol, drugs (*complete SACS*)
14 Believes others trying to hurt him/her
19 Suicidal thoughts, better off dead

Items of Potential Concern

- 7** Can’t get thoughts out of head
9 Hard time sitting still, too much energy
24 Anger is threatening to others
26 Destroys property on purpose

Scoring

Same Day Scoring

- Administer on paper
- Confirm this was a valid administration
- Enter into the EHR
- Review and document on “Score Review” tab
- Follow up with client as appropriate, document in Progress Note

Version	Score Range	Clinical Cutoff
Y-OQ® 30.2 Self-Report Total Score	0 to 120	≥ 31
Y-OQ® 30.2 Parent/Guardian Total Score	0 to 120	≥ 30

Reliable Change Index

A difference of **10 or more** points (+/-) between Baseline (Intake) and follow up reflects a reliable change (+ better, - worse)