

# Our+Care OC

A newsletter created by HIV-positive individuals  
for people living with HIV



## 5-YEAR ANNIVERSARY CELEBRATION EDITION

This issue of the Our+Care newsletter will review some of the major steps in the past five (5) years.

The newsletter began as a resource created *for* people living with HIV *by* people living with HIV (PLWH). Since the first issue, the HIV Client Advocacy Committee focused on letting people in the community know about key issues relating to HIV care in Orange County. These newsletters have helped PLWH stay up to date on services in Orange County.

Many things have changed in the HIV community since 2012 that have improved the lives for PLWH in Orange County. See below for a summary of some of the successes in the past five (5) years.

The HIV Planning Council continues to allocate over **\$6 million dollars** toward needed HIV services.



**Increased the number of people living with HIV who are virally suppressed.**

In 2012, 40% of PLWH were virally suppressed. In 2017, 60% of PLWH are virally suppressed.



As of September 2017, a total of **1,108** clients have moved out of Ryan White medical care because of insurance provided by the **Affordable Care Act (ACA)**.

## Orange County Successes from 2012-2017



In 2015, **PrEP services** started in Orange County to help prevent new HIV infections.

**Increased number of people living with HIV who know their status.**

In 2012, it was estimated that only 80% of PLWH knew their status. In 2017, it is estimated that 91% of PLWH know their HIV status.



The **National HIV/AIDS Strategy** was updated in 2015 to lead a national effort to reduce HIV infections and improve care for people living with HIV.



The Our+Care Newsletter will continue to provide important information for issues that impact the HIV community. Below is a snapshot of the many topics over the past five years.

To view all issues of the Our+Care newsletter, please click on the issue number (hyperlinks) below.

## Snapshot of Our+Care Newsletters

2013	<a href="#">Issue 1</a>	<ul style="list-style-type: none"> <li>• Overview of treatment guidelines</li> <li>• Orange County data for PLWH</li> </ul>
	<a href="#">Issue 2</a>	<ul style="list-style-type: none"> <li>• HIV treatment adherence</li> </ul>
2014	<a href="#">Issue 3</a>	<ul style="list-style-type: none"> <li>• ACA resources for PLWH</li> </ul>
	<a href="#">Issue 4</a>	<ul style="list-style-type: none"> <li>• Staying in regular medical care</li> <li>• Being an advocate for their own health</li> </ul>
2015	<a href="#">Issue 5</a>	<ul style="list-style-type: none"> <li>• HIV Viral load suppression</li> </ul>
	<a href="#">Issue 6</a>	<ul style="list-style-type: none"> <li>• Medi-Cal redetermination</li> </ul>
2016	<a href="#">Issue 7</a>	<ul style="list-style-type: none"> <li>• Ryan White case management services and nutrition services</li> </ul>
	<a href="#">Issue 8</a>	<ul style="list-style-type: none"> <li>• Orange County HIV Planning Council and its committees</li> </ul>
2017	<a href="#">Issue 9</a>	<ul style="list-style-type: none"> <li>• Importance of advocacy for PLWH in the community</li> </ul>
	<a href="#">Issue 10</a>	<ul style="list-style-type: none"> <li>• Importance of mental health and mental health resources</li> </ul>



### CHECK US OUT ONLINE!

You may also view all issues of the newsletter online at:

[http://www.ochca.com/phs/about/dcepi/hiv/newsletters/living\\_with\\_hiv](http://www.ochca.com/phs/about/dcepi/hiv/newsletters/living_with_hiv)



### WE WANT TO HEAR FROM YOU!

If you have suggestions or ideas for future topics, please contact Mindy He at [MHe@ochca.com](mailto:MHe@ochca.com)

### ORANGE COUNTY HIV QUALITY MANAGEMENT COMMITTEE



This is a project of the Orange County HIV Quality Management Committee and HIV Client Advocacy Committee. The HIV Quality Management Committee works to improve the quality of Ryan White services. If you have feedback or suggestions for future newsletters, please contact **Mindy He** at [MHe@ochca.com](mailto:MHe@ochca.com).

