



Updated July 11, 2017

### Purpose

- The OQ<sup>®</sup> 30.2 provides a “snapshot” of the client’s current functioning across a wide variety of disorders.
- Intake scores (total, critical items, individual items) can help identify areas of immediate clinical concern and aid in treatment planning.
- The OQ<sup>®</sup> 30.2 is sensitive to short-term change (over 7 days), making it helpful for evaluating client progress at any point during treatment.
- Information gleaned from the OQ<sup>®</sup> 30.2 may be helpful in discharge planning.

### Administration

- The OQ<sup>®</sup> 30.2 form is administered to participants 18 years and older.
- Encourage participants to **answer every question** as accurately as possible.
- Participants should indicate how true each statement is for them **during the past week**.
- The OQ<sup>®</sup> can be administered by non-clinical staff but must be interpreted by a trained clinician.
- The OQ<sup>®</sup> 30.2 is done at **intake, at periodic intervals thereafter, and 1 week prior to discharge** (as long as it is  $\geq 7$  days from the last valid administration).

## OQ<sup>®</sup> 30.2 Quick Guide

Outcome Questionnaire<sup>®</sup> 30.2

Information taken from the OQ<sup>®</sup> 30.2 Manual (2005) and OQ<sup>®</sup> Clinician Manual (2002)

### Interpretation

#### Total Score

- High scores reflect elevated distress related to experiencing a high number of symptoms, interpersonal difficulties, and/or decreased satisfaction and quality of life.
- The *Total Score* is only calculated if 28 or more items are completed.

### Invalid Administration

- The OQ<sup>®</sup> 30.2 is invalid if **3 or more** items are missing or ‘unscorable’.
- An item is “unscorable” if the respondent circled more than 1 response for an item or marked a space between two choices.
- Please ask the respondent to complete any skipped items and/or to mark a single valid response per item.
- Once there are 2 or fewer missing/unscorable items, the OQ 30.2<sup>®</sup> can be scored.

### Critical Items:

**Follow up on any item  $\geq 1$  before session ends**

**7** Ending my life

**11** Used alcohol and drugs

**20** Criticized for drinking/ drug use

**24** Drinking/drug use causes trouble

### Reverse Coding:

*(Consider only if hand scoring)*

**5** Satisfied

**9** Life/work satisfying

**18** Happy

**30** Satisfied with relationships

### Scoring

#### Scoring

- Administer on paper
- Confirm this was a valid administration
- Enter into the EHR
- Review on “Score Review” tab
- Follow up w/ client as needed, document in Progress Note

Version	Score Range	Clinical Cutoff
OQ <sup>®</sup> 30.2 Self-Report Total Score	0 to 120	$\geq 44$

#### Reliable Change Index

A difference of **10 or more** points (+/-) between Baseline (Intake) and follow up reflects a reliable change (+ better, - worse)