



**COUNTY OF ORANGE
HEALTH CARE AGENCY**

MENTAL HEALTH BOARD

Michael Rose, DrPH, LCSW,
Chair

Matthew Holzmann,
Vice-Chair

MAILING ADDRESS:
405 W. 5th Street
Santa Ana, CA 92701

Telephone: (714) 834-5481

Annual Retreat Planning Meeting Notes

Wednesday, January 23, 2019

Hoag Center for Healthy Living
307 Placentia Ave., Suite 109A
Newport Beach, CA 92663
9:00 a.m. – 12 p.m.

Members Present: Clayton Chau, Sandra Finestone, Matthew Holzmann, Stephen McNally, Michael Rose, Joy Torres, Karyl Dupee, Kristen Pankratz, Bethsabe Romero

Members Absent: Supervisor Andrew Do

I. Welcome & Introduction: Michael Rose

- Meeting began at 9:07 a.m. Each member and guest introduced themselves and their respective affiliation.

II. Review of Welfare and Institutions Code (WIC): Matthew Holzmann

- Matt reviewed the WIC and highlighted special roles of the MHB. In addition, all members were provided with handouts of the WIC and an informational sheet explaining what is the role of mental health board member.

III. Review of 2018 Accomplishments and Recommendations: Michael Rose

- Michael led the discussion to review prior year's accomplishments and recommendations, and explained this information would be used for the MHB Annual Report. While some of the board's goals were accomplished, the board would like to plan to do more for this coming year. The board decided to carry over/modify some goals from 2018 into 2019.
- Recommendations for the Board of Supervisors (BOS) and BHS Director:
 - Recommends continuing to look into various housing options
 - Include recommendations from the Older Adult Letter
 - Finalize the Mental Health Services Act (MHSA) Audit Report and UCSD Study
 - Continue to have transparency and communication with the MHB
 - Provide Presentation on BHS Performance Improvement Project Goals
 - Address the Data Notebook on a BOS agenda after April 1st.

- Accomplishments for 2018:
 - MHB involvement with the BOS, continued involvement with Supervisor Andrew Do.
 - MHSA Accomplishments- total of 6 MHSA Public Hearings.
 - Conducted several Public Forums out in the community and participated in the BHS Community Engagement Meetings.
 - Participated in the BHS Director Selection Interviews.
 - Survey letter focused on prevention efforts at the schools: Project with Orange County Department of Education
 - Older Adult Committee Recommendation letter
 - Tech Suite support letter to the BOS
 - Starting of a MHB Finance Ad Hoc Committee
 - Working collaboratively with County Executive Office on MHSA Budget
 - Implementation of the MHB's Code of Ethics
 - Engaged with Be Well OC

IV. 2019 Goals; Brainstorm and Prioritize: Michael Rose

- The following goals and objectives were established for 2019
 - 1) Continue to Increase Interaction with Board of Supervisors (BOS) and other Policy Makers
 - 2) Increase Community Participation in MHB Meetings
 - 3) Combine Meeting and Site Tours: Focus on Adult Programs
 - 4) Increase MHB Knowledge Around Adults and Ethnic Minority Groups
 - 5) Find Opportunities for Collaboration with Other County Departments: Public Health Population Health
 - 6) Create MHB Annual Report

V. Update Committees, MHB Presentations, Site Visits

- The following MHB Committees were set:
 - Executive Committee: Supervisor Andrew Do, Michael Rose, Matthew Holzmann
 - Older Adult Services Committee: Karyl Dupee
 - Board of Supervisors Committee: Clayton Chau (1st District), Vacant (2nd District), Vacant (4rd District), Vacant (5th District)
 - Data Notebook Committee: Matthew Holzmann, Steve McNally, Clayton Chau
 - Gaps Analysis/ Audit Review Committee: Sandra Finestone, Joy Torres, Michael Rose, Clayton Chau, Matthew Holzmann
 - Finance and Resources Committee: Supervisor Andrew Do, Sandra Finestone, Matthew Holzmann, Joy Torres, Steve McNally

- The following MHB Liaisons were set:
 - Alcohol and Drug Advisory Board (ADAB): Bethsabe Romero, Joy Torres, Matthew Holzmann
 - California Association of Behavioral Health Boards and Commissions (CALBHB/C): Steve McNally, Karyl Dupee
 - Community Action Advisory Committee (CAAC): Joy Torres
 - Community Quality Improvement Committee (CQIC): Joy Torres, Christine Costa
 - Mental Health Services Act (MHSA) Steering Committee: 1) Matthew Holzmann- Steve McNally, 2) Kristin Pankratz- Clayton Chau, 3) Sandra Finestone- Michael Rose

VI. MHB Code of Conduct:

- Dr. Rose created a MHB Code of conduct for all members, which includes a set of principles and practices for the Mental Health Board that will set parameters and provide guidance and direction for the Board conduct and decision making. All members were provided with the document, signed the document, and turned in to Karla Perez to remain on file.

VII. Data Notebook:

- The members on the Data Notebook Ad hoc committee will meet and will contact BHS if any additional information is needed in answering the survey questions. Their goal is to have a final draft to the MHB members by 3/1/19 and turned in by the due date of 3/31/19.

VIII. Stigma Free County:

- Michael Rose introduced the idea of creating or re-inventing a pledge for a Stigma Free County. This would consist of taking a pledge via a website, in which would also offer information about mental health. This idea was mirrored from Morrison County, who has already implemented a stigma free county website. Michael called for a vote to move forward with implementing this idea here in Orange County for a Stigma Free OC, Matthew Holzmann made a motion to move forward and Karyl Dupee seconded the motion. 8 yes, 0 No.
- Brett O'Brien will be in communication with Dr. Nagel to see how to fund this idea out of Prevention and Early Intervention funds.

IX. Public Comment:

- N/A

X. Adjournment

- Meeting ended at 11:45 a.m.