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## ALCOHOL & DRUG ADVISORY BOARD

Hall of Administration  
Planning Commission Hearing Room  
333 W. Santa Ana Blvd.  
Santa Ana, CA 92701

February 7, 2019  
9:00 a.m. – 10:30 a.m.

### Minutes

**Members Present:** Stacy Deeble-Reynolds, Geoffrey Henderson, Debra Kelsey, Frederick Williams,

**Members Absent:** Margaret Fleitman, Johnnie Harris, Lauren Slivinski

#### I. Opening at 9:05 a.m.

- Each board member and guest introduced themselves and their respective affiliations.

#### Approval of Minutes: Action Item

- January 08, 2019  
The minutes of January 08, 2019, were approved and placed on file.  
Motion: Debra Kelsey  
Second: Frederick Williams  
Vote: Approved, 4 yes/0 no

#### II. Committee Reports:

- *Membership / Nominating Committee- Stacy Deeble-Reynolds, Debra Kelsey*
  - Stacy Deeble-Reynolds was added to this committee.
- *Mental Health Board (MHB) Liaison- Frederick Williams, Debra Kelsey*
  - No Update- The next MHB meeting is scheduled for February 15, 2019.
- *Provider Meeting- Frederick Williams*
  - No Update
- *Criminal Justice Treatment Committee – Geoff Henderson, Frederick Williams*
  - Geoff reported that the Sherriff's department is working on several projects, adding staff for case management for those in custody. More details to follow next month.
- *Legislation Committee- Fredrick Williams*
  - No Update

- *Community Forum Planning Committee– Geoff Henderson, Debra Kelsey, Margaret Fleitman, Lauren Slivinski*
  - The committee is under discussion to possibly repeat the forum from last year, more details will follow soon.
- Community Collaborative Committee:
  - *Drug Prevention Coalition: Margaret Fleitman*
    - No Update.
  - *Orange County RX & OTC Coalition: Margaret Fleitman*
    - No Update.
  - *Orange County Substance Abuse Prevention Network (OCSAPN): Stacy Deeble-Reynolds*
    - Stacy reported they are starting the planning of the OCSAPN Conference with an increased focus on youth. Details to come as the date approaches.
  - *Mental Health Services ACT (MHSA) Steering Committee: Stacy Deeble-Reynolds, Frederick Williams,*
    - Geoff Henderson reported they learned about Anita Street and Be Well OC. He provided several details of the facility, being an integrated system for substance use and mental health treatment services. This is a collaborative between HCA, hospitals, and CalOptima.

### III. Old Business:

- **Discussion: Support for Naloxone Kit Distribution-** Amie Dunkle provided the board members with information on the types of services that she provides out in the community. They provide fentanyl test kits, sharps containers, first aid items such as antibiotic ointments and band aide to help with infections, Naloxone kits, and more. In addition, their group provides trainings out in the community and to family members who may need the trainings. Amie provided information on some of the needs she is seeing out in the community that are of concern. There are more overdose rates in which require more services throughout the county to engage with individuals and family members. Amie asks the board to help in seeking financial support to help with continued services out in the community.
- The ADAB thanked Amie for all of her services and will consider writing a letter of support and recommendation to the Board of Supervisors on this matter. Geoff Henderson will provide a draft letter and send it out to the rest of the members for approval.

### IV. New Business:

- N/A

### V. BHS Update:

*Ian Kemmer-* The Drug MediCal (DMC) beneficiary access line has received 631 screenings for clients, out of those 41% were screened for residential services, 40% for outpatient services, 12% detoxification services, 6% were screened for methadone or other medication assisted treatment, and 1% for an urgent services such as ER services. Out of those screenings, 99% were linked to a provider for ongoing services within 10 days. There has been an expansion in residential services, with 5 providers serving clients in the County. Our waitlist for services has dropped significantly, from 2-3 month wait to now less than 2 weeks. Another big piece in residential, we have 6 providers who provide sober living, with 43 total admissions since July 2018. Furthermore, we have been using the Yellow Cab services to get individuals to services. There are a couple of solicitations that have posted under residential services, medical withdraw management and another for AB109 treatment services. Vivitrol is now offered for some DMC clients who are in outpatient treatment, with a total of 43 who have received this service. We have served 1750

clients at the methadone clinics. Furthermore, we are working to use Substance Abuse Prevention Treatment dollars to train staff.

*Mark Lawrenz*- BHS and Public Health are partnering to develop a campaign that will focus in minimizing the misuse of opioids and opioid overdoses. We envision a campaign that uses social, digital and print media, with one campaign that focuses on adults that another on youth. Both campaigns will be highly informed by the new Alcohol and other Drugs Prevention Plan and the Addressing the Opioid Crisis report. The adult campaign will roll out around May and the youth campaign will come out next fiscal year. Furthermore, we will have community mental health educational events that will take place in May for Mental Health Awareness month, we will keep you informed of these events as we take a behavioral health approach supporting a positive message about recovery and stigma.

**VI. Presentation/Discussion:**

***Harm Reduction “The Gold Standard”!?***

***Community Planning Meeting Summary***

Fariel Banimahd MD

CEO and Medical Director

American Addiction Institute of Mind and Medicine

Dr. Banimahd provided a detailed presentation on the harm reduction. He included information on the history of harm reduction and its components overtime, examples of harm reduction, studies and case examples that showed successful outcomes.

For additional information on the presentation, please contact Karla Perez at [kperez@ochca.com](mailto:kperez@ochca.com).

**VII. ADEPT Report:**

*Carolyn Secrist* – Carolyn reported on the National Take Back event, there were 31 sites that participated and collected over 7,800 lbs. of prescription drugs. The next National Take Back day will be in April and will provide you with those details soon. As of yesterday, the Alcohol Drug Education and Prevention Team has released request for proposals for two focus area projects, one is Reducing Alcohol and Other Drug Impaired Driving and the other is Youth Substance Abuse for services to begin July 1, 2019.

**VIII. Public Comment:**

- N/A

**IX. Adjournment: 10:35 a.m.**

\*Note: Copies of all writings pertaining to items in these ADAB minutes are available for public review in the Behavioral Health Services Advisory Board Office, 405 W. 5<sup>th</sup> Street, Suite 354, Santa Ana, CA 92701, 714.834.5481 or Email: [kperez@ochca.com](mailto:kperez@ochca.com)