



Substance Use Disorder Services

Perinatal

July 11, 2019

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Substance Use Disorder Providers Specializing in Perinatal Services

Perinatal Outpatient Treatment Providers

❖ County Operated SUD Clinics

- Specializing in perinatal treatment for adult pregnant and parenting women
- Provides both Outpatient Drug Free (ODF) & Intensive Outpatient Treatment (IOT) levels of care
- Serves Medi-Cal beneficiaries and clients without insurance
- Clinic locations:
 - Aliso Viejo
 - Anaheim
 - Santa Ana
 - Westminster

Perinatal Outpatient Treatment

Adult and Older Adult Behavioral Health Substance Use Disorders PERINATAL TREATMENT REQUIREMENTS OUTPATIENT DRUG FREE (ODF)

TREATMENT DETAILS:

Below is the Perinatal Treatment Program outline of what is expected of our participants while attending treatment. This outline is for the Outpatient (ODF) level of care and may include up to 8 hours of services per week. Your treatment program and treatment goals are individualized and based on your medical necessity. Please note that your progress in your treatment program is contingent on your attendance, drug test results and how you are meeting your treatment plan goals.

ASSESSMENT PERIOD - 30 Days

- Complete enrollment paperwork
- Complete SUD Assessment
- Complete Treatment Plan
- Weekly individual sessions with assigned clinician – minimum of 1 per week
- Will begin drug testing, as coordinated with your individual clinician
- Will begin Process Group, as coordinated with your individual clinician
- Assign Psychoeducational Group by the end of the 30 day assessment period
- Complete Physical exam with your primary care physician or proof of physical examination within the past 12 months
- Meet with Medi-Cal Technician, if applicable

OVERALL PROGRAM REVIEW:

- Re-Assessment every 90 days (or sooner if necessary) with updated treatment plan goals
- Attend 1 60 minute Process Group per week
- Attend 1 90 minute Psychoeducational Group per week, as decided on with your individual clinician
- Attend individual sessions with your clinician 1-4 times per month, as decided on with your individual clinician
- Perinatal clients drug test twice a week – please refer to drug testing schedule
- Attend 1 Self-help meeting per week
- Attend HIV Education class (only attend one time)
- Complete Parenting Psychoeducational group
- Attend monthly ACT Nurse classes
- Read or present Autobiography project in Process Group

SUCCESSFUL COMPLETION OF TREATMENT:

- The participant has achieved the goals articulated on her individualized treatment plan, thus resolving the problem(s) that justified admission to the current level of care
- Continuing Recovery Plan/Exit Plan Completed
- Fulfillment of financial liability for services provided, if applicable

It is the expectation that you participate fully in your treatment program. Continued substance use while in program may result in you being referred to a higher level of care. If you have any concerns about any of the Treatment Program Requirements please talk to your assigned clinician. A letter of completion will be given upon successfully completion your course of treatment.

Perinatal Residential Treatment Provider

❖ Clean Path

- ❖ Specializing in perinatal treatment for pregnant adult females
- ❖ Can provide treatment thru duration of pregnancy and up to 60 days post-partum
- ❖ Pending Board approval – Target start date is 8/1/19
- ❖ 24 beds
- ❖ Working on expanding licensing to include infant occupancy
- ❖ DMC beneficiaries only
- ❖ Located in Santa Ana

Perinatal Recovery Residences

❖ Collette's House

- ❖ Can provide residence for pregnant and/or parenting women with their children for up to 120 days
- ❖ To access recovery residences clients are generally referred from a residential treatment provider from which they have completed treatment, however, not necessarily required to complete residential treatment to be referred
- ❖ Located in Huntington Beach

Substance Use Disorder Services available to Pregnant Women

Adolescent Outpatient Services

- **Services for adolescents age 12 through 17 years old**
- **County-operated Adolescent SUD programs offer ODF for Medi-Cal beneficiaries and clients without insurance**
 - **4 locations:** Aliso Viejo, Anaheim, Santa Ana, and Westminster
- **County-contracted Adolescent SUD programs offer ODF and IOT for Medi-Cal beneficiaries only**
 - **Twin Town** (3 locations: Los Alamitos, Orange, and Mission Viejo)
 - **Wel-Mor Psychology Group, Inc.** (1 location: Costa Mesa)

Adolescent Residential Services

- **County-contracted provider: Touchstones (Orange)**
- **19 beds for Medi-Cal beneficiaries**
- **Ages 12 and/or eligible for 9th grade through 17 years old**

Adult Outpatient Services

- Services for adults age 18+ years old
- County-contracted Adult SUD programs offer ODF and IOT for Medi-Cal beneficiaries only:
 - **KC Services** (3 locations: Fullerton, Garden Grove, and Irvine)
 - **Phoenix House** (1 location: Santa Ana)
 - **Twin Town** (3 locations: Los Alamitos, Orange, and Mission Viejo)
 - **Wel-Mor Psychology Group, Inc.** (1 location: Costa Mesa)
 - **PES-eps** (1 location: Santa Ana)

MAT: Opioid Treatment Program (OTP)/Narcotic Treatment Program (NTP)

- Available for adult Medi-Cal beneficiaries and clients without insurance
- **NTP services available include:**
 - Methadone Maintenance, 21-day methadone detox, Disulfiram (Antabuse), Buprenorphine (Subutex), and Naloxone
- **County-contracted providers:**
 - **Western Pacific Med Corp.**
 - Costa Mesa – clients without insurance only
 - Fullerton – Medi-cal beneficiaries and clients without insurance
 - Stanton – Medi-Cal beneficiaries only
 - **Acadia - Recovery Solutions**
 - Santa Ana – Medi-Cal Beneficiaries only

- Available for adult Medi-Cal beneficiaries and AB 109 clients without insurance
- Vivitrol Providers:
 - KC Services (3 locations: Fullerton, Garden Grove, and Irvine)

- **Roque Center (Santa Ana)**
 - Available for adult Medi-Cal beneficiaries and clients without insurance
 - Length of stay is up to 7 days
 - Will take pregnant women as long as they are not in their 3rd Trimester or detoxing from benzodiazepines

Medically Monitored Withdrawal Management (Medical Detox)

- **Medical detox services are available for adult Medi-Cal beneficiaries and clients without insurance**
- **Client may request services by:**
 - Walk in to Medical Detox assessment day/times at scheduled
 - Schedule for Medical Detox Assessment
- **If client meets medical necessity for medical detox, referral is made to one of two providers**
- **Will take pregnant females on a case by case – based on substances, term of pregnancy and medical condition**

Adult Residential Treatment Services

- **Ages 18+ years old**
- **Providers for DMC Beneficiaries:**
 - **Phoenix House** (Santa Ana)
 - Male & Female Beds
 - **Hope House** (Anaheim)
 - Male Only
 - **Gerry House** (Santa Ana)
 - Male & Female Beds
 - **Woodglen** (Fullerton)
 - Male & Female Beds
- **Providers for uninsured clients:**
 - **Daylight Again** (Fullerton)
 - Male & Female Beds
 - **Cooper Fellowship** (Santa Ana)
 - Male & Female Beds
 - **Step House** (Fountain Valley)
 - Male & Female Beds

How to Access SUD Services

Beneficiary Access Line (BAL)

- **(800) 723-8641 – 24 hour access line for Medi-Cal beneficiaries**
- **Verify Medi-Cal eligibility**
- **Conduct Substance Use Disorder (SUD) Brief Level of Care Screening**
- **Conduct Mental Health Screening**
- **Schedules appointment or provides referral to appropriate level of care**

Beneficiary Access Line (BAL) *(Continued)*

- **Client may call directly**
 - BAL will complete Brief SUD Screening and schedule an intake for client at the indicated level of care
- **Parent/legal guardian of a minor may call**
 - If minor is not present, BAL will not complete the Brief SUD Screening
 - BAL will schedule an appointment for minor with an outpatient provider
 - DMC-ODS providers are not permitted to have any further communication with the minor's parent/legal guardian until minor signs a 42 CFR Part 2 Authorization to Disclose
- **Referring program/agency may call with client present**

Member Service Line – OC Links

- **855-OC-Links (855-625-4657) – Monday-Friday 8:00am to 6:00pm**
- **Will be able to verify Medi-Cal eligibility**
- **If caller requests services while on call:**
 - If caller has Medi-Cal, OC Links will warm link to the Beneficiary Access Line (BAL)
 - If caller has private insurance, OC Links will refer caller to contact their insurance provider
 - If caller does not have insurance, OC Links will warm link to a County-operated clinic

- **Includes the following information about each DMC-ODS provider:**
 - Level(s) of care, provider name, address, telephone number, email address, website, services, population served (adults, adolescents, or both), whether the provider is accepting new referrals, cultural capabilities, languages, and ADA accessibility (physical, blind & visually impaired, and deaf & hard of hearing)
- **Updated every 30 days**
- **www.ochealthinfo.com/bhs/about/agis/dmc_ods**

DMC-ODS Providers

- **Client may call directly**
 - DMC-ODS provider will schedule an intake for client
- **Parent/legal guardian of a minor may call**
 - DMC-ODS providers may schedule an intake appointment for the minor with the parent/legal guardian if the minor is not present
 - DMC-ODS providers are not permitted to have any further communication with the minor's parent/legal guardian until minor signs a 42 CFR Part 2 Authorization to Disclose
- **Referring program/agency may call with client present**

Contacts

- **Outpatient Treatment (including MAT)**
 - Glenda Aguilar – Gaguilar@ochca.com
- **Residential Treatment**
 - Christy Read-Gomez - CRead-Gomez@ochca.com
- **Adolescent Treatment**
 - Heather Balcom – Hbalcom@ochca.com

Questions?

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