

Orange County Perinatal Council Meeting Highlights

January 8, 2020

In Attendance:

Sandy Avzaradel, Early Childhood OC	April Orozco, OCHCA - Community & Nursing Services Div
Dr. G. Lara Bhatnagar, Women 2 Women Medical Center OB/GYN	Pamela Pimentel, MOMS Orange County
Skarlet Bui, OCHCA-Behavioral Health	Dr. Nichole Quick, OCHCA
Dr. Michele Cheung, OCHCA - Community & Nursing Services Div	Dr. Diana Ramos, CDPH/MCAH
Sidney Gardner, Children and Family Futures	Jenna Sarin, OCHCA - Community & Nursing Services Div
Maridet Ibanez, OCHCA - Nutrition Services	Dr. Rebecca Sauer, UC Irvine
Mara James, Extraordinary Lives Foundation	Liza Scammahorn, OCHCA - WIC
Mashariki Kudumu, March of Dimes	Hoda Shawky, First 5 Orange County
Maria Lara, AltaMed	Tammra Tanner, March of Dimes
Sarah Larson, OCHCA - WIC	Jackie Tran, First 5 Orange County - BRIDGES
Dr. Anne Light, SSA	Maternal Child Health Network
Samar McGregor, PHFE WIC	Blanca Trujillo, CalOptima
Dr. Marielle Meurice, UCI	Lucy Van Otterloo, Community Perinatal Network
Jody Nguyen, OCHCA - Community & Nursing Services Div	

Welcome and Introductions:

Jenna Sarin welcomed all in attendance and introductions were conducted.

Review October 10, 2019 Meeting Highlights:

There were no suggested changes to the highlights.

Updates and Announcements:

- Lucy Van Otterloo reported that Fountain Valley Hospital is the 6th baby friendly hospital.
- Sandy Avzaradel will provide the Early Childhood Policy Framework (www.earlychildhoodoc.org).
- It was reported that hard copies of the Conditions of Children report are available.
- Jody Nguyen reported that Cal AIM has been renamed to Medi-Cal Healthier California for All.

Opioid Report:

- Dr. Nichole Quick shared that the report came out in early December 2019.
- Individuals in Orange County were surveyed.
- Fentanyl overdoses are increasing.
- Buprenorphine prescriptions have decreased since 2016.
- State and local effort to increase provision of Medication Assisted Treatment (MAT) within the county.
- Dr. Nichole Quick will share link to the opioid report with OCPC.

SUD Data:

Orange County Perinatal Council Meeting Highlights January 8, 2020

- Dr. Anne Light reported that the Social Services Agency (SSA) has been very active at the State level of negotiating to have items included in their system that will allow them to track substance use disorder.
- In the meantime, Dr. Light mentioned that in late 2018 SSA began collecting forms that contain the basic information about the child. They plan to collect it for 12 months and once they have collected a large amount (approximately 300), they will analyze the data for outcomes. She anticipates that they will not have the first set of usable data until early 2021 due to the fact that many of the children remain in their system for a year or two.
- Sid Gardner asked about the feasibility in using special codes starting now as counties have all over the country. Dr. Light responded that was one of the requests they made to the State and it was denied as they were working on replacing the current system with a new and improved system. However, some bugs and issues were discovered after the initial launch and they are now seeking a new vendor. In the meantime, SSA requested to have an existing field that is actually already coded in the database unblocked. They will be notified in April whether approved or not.
- There was a discussion regarding marijuana use and breastfeeding education. April Orozco reminded the group that hospitals can refer directly to the home visitation program where nurses are available to provide education regarding this subject matter. Lucy Van Otterloo asked if marijuana use while breastfeeding was reportable. Dr. Light added questions one should ask are what is the behavior and what is the outcome for the child? If the behavior is concerning, then it should be reported.
- Dr. Quick referenced an article and link from Dr. Hale on the effects of marijuana on breastfeeding infants: <https://www.infantrisk.com/content/effects-marijuana-fetus-and-breastfeeding-infants>
- Jenna offered to share the draft of the Perinatal Substance Use Disorders Pathway with the Be Well group for their input.

Collaborative/Committee Updates:

Safe Sleep:

- Dr. Núñez not in attendance.
- Jenna mentioned that the PDF of the Safe Sleep information would be emailed to the group.
- Arissa Palmer offered to share with the group an article from the Academy of Breastfeeding Medicine on bedsharing and breastfeeding.

Orange County Breastfeeding Coalition (OCBF):

- OCBF announced that three staff will be attending the California Breastfeeding Summit
- It was announced that there will be a free screening of the film Zero Weeks on March 4th in the evening at UCI. The film is about the lack of paid family leave in the United States and how that affects health care.
- It was also announced that First 5 California will be having a conference on February 5th in Irvine and they are looking for someone willing to be on a panel who had a great experience with their employer and in terms of workplace policies being supportive of them as a parent.

Orange County Perinatal Council Meeting Highlights January 8, 2020

OC Parent Wellness Program (OCPWP):

- Skarlet Bui mentioned that OCPWP is working towards getting final approval for their team to be formally trained in the Mothers and Babies curriculums. She stated that they have been delivering this curriculum for some time and due to changes in staffing over the years, they decided it would be a good opportunity to bring back the trainers and have their team formally trained again. Someone commented that both the Mothers and Babies and ROSE programs are two evidence based programs that were recommended by the US Preventative Services Task Force. ROSE is being implemented by MOMS OC.

WIC:

- Maridet Ibañez announced that Orange County has successfully implemented the new electronic benefits card and as of 12/31/19 statewide, there have been 1 million WIC benefits cards issued and 200 benefits taken advantage of. She reported that there has been a successful transition to the new system.
- Samar McGregor announced that the spending bill was signed by the president just before the holiday and the funding for the WIC program was at 6 billion dollars. She stated that although it is a decrease, it will be enough for covering the caseload throughout the nation.
- Samar also reported that there was an increase in the breastfeeding peer counseling program and it increased from 60 million to 90 million which is very good news as California does not have enough breastfeeding peer counselors.
- Maridet added that once the EPT rollout is completed throughout the state of California (approximately the end of March), the biggest focus is going to be on breastfeeding efforts. She stated that they have been providing guidance to the local women's jail due to a new law related to incarcerated women being given the opportunity to breastfeed. She also added that they will be working with employers to ensure they are aware of the lactation accommodation law.

Future Meeting Topics/Discussion:

Jenna announced that the next meeting will be held on 4/8/20 and that we'll be sending a request out if anyone would be willing to host the next meeting in a larger venue. She stated that an email would be sent out with the links and materials discussed during today's meeting and that we'll be reaching out for topics to discuss at the next meeting.