

April 8, 2022



Your Health Matters OC: COVID-19 Update and Conversation on Public Health

Did you miss the latest episode of the OC Health Care Agency's (HCA) talk show, "Your Health Matters OC"? Your Health Matters OC is a bi-weekly talk show featuring health care professionals discussing various health topics that impact our community.

In Episode #4, HCA experts provide a COVID-19 update and discuss Public Health Week and Environmental Health. To view the episode, click below:



Your Health Matters OC airs every other Tuesday on the HCA's [Facebook](#) and [YouTube](#) pages. Watch past episodes and join us for the next episode on Tuesday, April 19 at 6 p.m. by clicking [here](#). Viewers are welcome to email questions to yourhealthmatters@ochca.com.

Why Should I Consider a COVID-19 Booster Shot?

No vaccine, including a COVID-19 vaccine, is 100% effective. Your body's ability to fight off infection can decrease over time. When this happens, a booster can help your body build back immunity. Get a COVID-19 booster for better protection against COVID-19.

For more information from the Centers for Disease Control and Prevention about COVID-19 boosters, click [here](#).

As time passes, your body's ability to fight off infection can decrease.

When this happens, a booster shot can help your body build back the immunity.



cdc.gov/coronavirus

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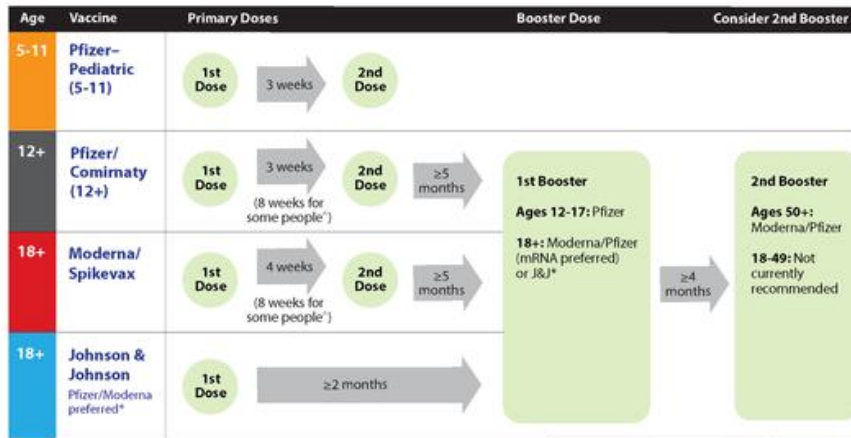
Which Vaccine Am I Eligible For?

With the second COVID-19 mRNA booster dose approved for certain people, the California Department of Public Health has an updated vaccine eligibility chart that can help you figure out which COVID-19 vaccine you can receive depending on how old you are and which primary or booster dose you are eligible for. Click [here](#) to view and download the information.

COVID-19 Vaccine Timing by Age



Routine Schedule

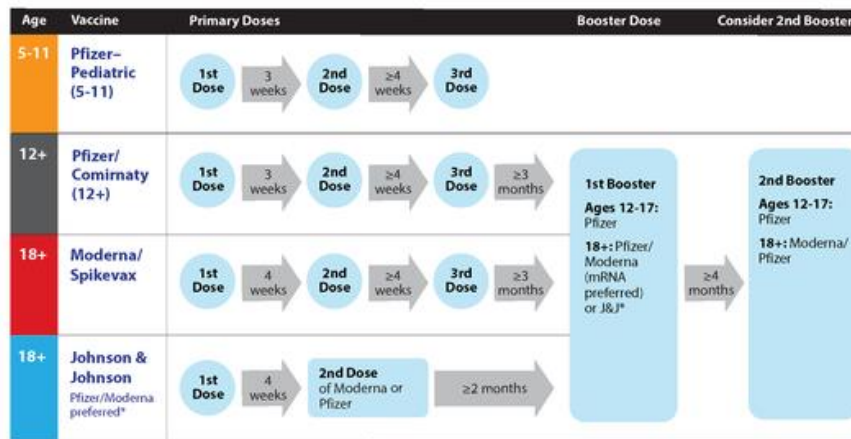


^ An 8-week interval may be preferable for some people, especially for males 12-39 years.
 * Although use of mRNA COVID-19 vaccines is preferred, the Janssen vaccine may be offered in some situations.
 View [Interim Clinical Considerations for Use of COVID-19 Vaccines](#) for details. Schedule is subject to change.

COVID-19 Vaccine Timing by Age



Schedule if Moderately or Severely Immunocompromised

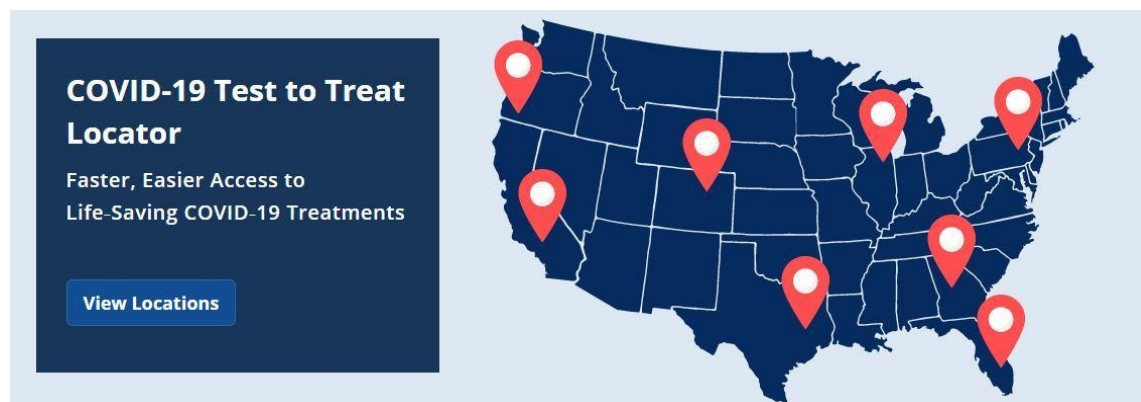


*Although use of mRNA COVID-19 vaccines is preferred, the Janssen vaccine may be offered in some situations.
 View [COVID-19 Vaccines for Moderately or Severely Immunocompromised People](#) for details. Schedule is subject to change.

Federal Government Offers Test to Treat Program

The State of California recently issued an alert informing that there is no longer a limited supply of COVID-19 therapeutic treatments in the state. Outpatients with mild to moderate COVID-19 who are at risk for disease progression are encouraged to talk to a healthcare provider about whether they qualify for treatment and where they may be able to find treatment. Additionally, individuals who are moderately to severely immunocompromised and may have inadequate immune response to COVID-19 vaccination may seek pre-exposure prophylaxis with Evusheld.

Through the Federal Government's Test to Treat initiative, certain local Test to Treat sites may offer COVID-19 testing and free treatment at the same location. For more information about the Test To Treat Initiative, click [here](#).



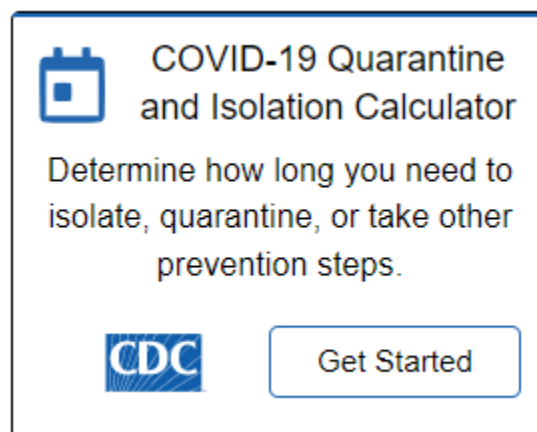
COVID-19 Test to Treat Locator
Faster, Easier Access to Life-Saving COVID-19 Treatments


[View Locations](#)

A graphic featuring a dark blue map of the United States with several red location pins placed across various states, including California, Texas, Florida, and the Northeast. To the left of the map is a dark blue rectangular box containing the text 'COVID-19 Test to Treat Locator' and 'Faster, Easier Access to Life-Saving COVID-19 Treatments', along with a 'View Locations' button.


When Should I Quarantine or Isolate?

Want to know when you can safely leave home if you tested positive for COVID-19 or what to do when you find out a close contact has COVID-19? Visit [ociohealthinfo.com/covid](https://www.ociohealthinfo.com/covid) to use the new Quarantine and Isolation (Q&I) Calculator from the Centers for Disease Control and Prevention (CDC).



 **COVID-19 Quarantine and Isolation Calculator**

Determine how long you need to isolate, quarantine, or take other prevention steps.

 [Get Started](#)

A graphic with a white background and a thin blue border. It features a calendar icon on the left, followed by the title 'COVID-19 Quarantine and Isolation Calculator' in bold. Below the title is a short paragraph: 'Determine how long you need to isolate, quarantine, or take other prevention steps.' At the bottom left is the CDC logo, and at the bottom right is a 'Get Started' button.

*The Q&I calculator is not for people with COVID-19 who are moderately or severely ill or those who have a weakened immune system (immunocompromised)—they should talk to their doctor about when to end isolation.

This tool also does not apply to cases and close contacts identified in certain settings. Parents with children in K-12 schools or early care and education (ECE) programs should consult the program administrator for specific isolation and quarantine guidance in their school or ECE setting. For information about isolation and quarantine in high-risk congregate settings and healthcare settings, refer to [COVID-19 Quarantine and Isolation](#).

Where Can I Get a COVID-19 Vaccine?

You can find a COVID-19 vaccine by visiting your local pharmacy or healthcare provider, search online at [Vaccines.gov](#) or [MyTurn.ca.gov](#), or schedule an appointment at one of the mobile vaccine clinics listed below at [Othena.com](#). Walk-ins are also welcome.

MOBILE COVID-19 CLINIC

Vaccines and Test Kits

Based on eligibility requirements, vaccines are available for first dose, second dose, third dose, boosters, and pediatrics (5+).



Orange Coast College Ronnenberg Center	SSA Central Regional Office	Anaheim Central Library
2701 Fairview Rd. Costa Mesa, CA 92626 Saturdays 9 a.m. - 1 p.m.	2020 W. Walnut St. Santa Ana, CA 92703 Wednesdays 10 a.m. - 6 p.m. Fridays 10 a.m. - 6 p.m.	500 W. Broadway Anaheim, CA 92805 Tuesdays 11 a.m. - 3 p.m.
Latino Health Access BLDG	Golden West College BLDG 95 (MPR 100)	West Anaheim Youth Center
450 W. 4th St., Ste 120 Santa Ana, CA 92701 Mondays 3 p.m. - 7 p.m.	15751 Gothard St. Huntington Beach, CA 92647 Saturdays 9 a.m. - 1 p.m.	320 S. Beach Blvd. Anaheim, CA 92804 Thursdays 3 p.m. - 7 p.m.

Photo ID required. Effective Date: April 4, 2022.
Clinic information is subject to change, please visit [Othena.com](#) for details.



To schedule an appointment, or arrange for transportation, call:
Para programar una cita, llame:
Nếu muốn lấy hẹn, xin gọi:

714.834.2000

or Visit www.Othena.com

Vaccinations are also available for anyone who is homebound, and transportation services are available for anyone who needs a ride to a vaccination site. If you need help scheduling a vaccination appointment, call the OC COVID-19 Hotline at (714) 834-2000.

Where Can I Get a COVID-19 Test?

Testing continues to be a critical component in reducing viral transmission by supporting early detection of COVID-19 and containment of the disease. If you need to get tested for COVID-19, there are many ways to do so:

- Ask your healthcare provider, visit a nearby retail pharmacy or check with a local community organization or church
- Search for testing sites at myturn.ca.gov/testing, sick.org/oc, or covidclinic.org
- Call Latino Health Access at (714) 805-7838
- Order 4 free at-home tests at covidtests.gov
- Order a saliva or nostril self-collection test kit at ohealthinfo.com/covidtest

If you are ordering test kits online, please be patient as test kits may be delayed beyond the usual processing time due to high demand for COVID-19 testing throughout the U.S.



Visit ohealthinfo.com/covidtest
for ways to get a COVID-19 test

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