







## Wednesday October 5, 2022

Walk to School
Day celebrates
walking and is the
kickoff to walking
and rolling safely
all year round.

- Students start the day energized & ready to learn
- Gives students physical activity they need
- Reduces school traffic and parking congestion
- Promotes safe responsible walking behavior

## Bring Walk to School Day to Your School!

International Walk to School Day is coming up! More than ever, it's a great idea for families to be active together. Get your school ready for this event with a free toolkit. Then, keep the momentum going and promote walking to school all year-round!

We can help you plan your event based on your school district's return-to-school protocols.

## Get ready with a FREE Toolkit:

☑ Signs

☑ Wristbands

✓ Vinyl Banner (for newly participating schools)

Scan QR Code to Register:







Maneje Con Cuidado, Hay Niños Caminando





Megan Beard (714) 667-8336, mbeard@ochca.com

Visit www.ochealthinfo.com/w2s for ideas & inspiration!

Health Promotion and Community Planning

