COUNTY OF ORANGE HEALTH CARE AGENCY BEHAVIORAL HEALTH ADVISORY BOARD

Matthew Holzmann OC BHAB CHAIR

MAILING ADDRESS: 405 W. 5th STREET, Ste. 405 SANTA ANA, CA 92701

TELEPHONE: (714) 834-5481



Older Adults Behavioral Health Committee

October 19, 2022 / 2:00 - 3:30 p.m.

Join Zoom Meeting:
https://psjhealth.zoom.us/j/7204188516
Meeting ID: 720 418 8516
Dial by your location / +1 669 900 6833

MEETING NOTES

1. Welcome and Introductions: Karyl Dupée, Chair

Members Present: Helen Cameron, Hason Vu, Karyl Dupee, Eleni Hailemaraiam, Frank Hernandez, Felicia Wong Public: Linda Smith, Lisanne Ramirez, Christine Tran-Le, Aracely Corona, Martha Sanchez,

2. Public Comment: N/A

*At this time members of the public may address the Chair regarding any item within the subject matter of this board's authority provided that no action is taken on off-agenda items unless authorized by law. Comments shall be limited to three to five (3-5) minutes per person.

3. Old Business:

- A. Create new Committee goals based on the California / OC Master Plan on Aging (MPA) (<u>https://mpa.aging.ca.gov/</u>) which will address mental health issues and goals within the MPA's "Five Bold Goals for 2030", and particularly within Goals 2,3, and 4 (see attached committee recommendations);
- B. Increase cost-effective and timely housing options for older adults with serious mental health needs, with payments to providers to reflect market level prices;
 - We submitted this idea to the OC BoS in a letter of recommendation 2021;

4. New Business:

- A. Update Current State of Pilot Proposal:
 - 1) MHSA Innovation Project Possibility: Karyl Dupee explained that that Linda Smith met with Michelle Smith, MHSA coordinator, who suggested moving forward with the neurocognitive /Mental health proposal as an Innovation (INN) project. She discussed the process to her knowledge in moving forward with this proposal as an INN project. She gathered thoughts from all members to see if all members would be supportive of this idea. Exploring solutions of how to meet the needs of older adult's with neurocognitive and mental health issues, and how we can do this with an INN project and resources. Some of the members talked about the pros and cons about regarding making this an INN project. Should the INN route be considered, Karyl emphasized that this INN project would require lots of work, follow up and attending meetings. Also, following the project as it moves through the process such as RFPs and soliciting the provider and much more. Karyl would really like to have this project to eventually roll into the OASIS program at some point.

Three members from the committee will meet with Dr. Yousefian Tehrani to explore the possibility of making this proposal an INN project.

Christine brought up some ways to outreach to the OA homeless community. The homeless veteran older adult population is who is in more need of services, have better outreach and engagement and better education of services. Also, educating some of the programs and staff of the services that are available.

PACE program has homeless individuals that come in for services and they should be invited to this meeting to get some information and stay up to date on resources and provide referrals.

There are very few and specific organizations as primary providers for OA's and maybe the committee can identify these providers.

Karyl asked Gregory Mathes to provide some data on OA individuals who are homeless or at risk of homelessness with a mental illness and who may also be developing or have a neurocognitive disorder.

Dr. Wong suggested to look into the INN project idea but also scale back and take a look at the committees group goals on this project and still maybe tackle some of what is already in the project proposal.

Some members have talked about shrinking the project in which would include creating a registry of this specific population (OA's with a mental health and neurocognitive disorder). Obtain a community care navigator and create a spreadsheet that would be practical to start off with and later try to connect with services.

Outreach and engagement is a great way to start. Karyl, mentioned looking into follow ups such as those provided by Abrazar as mentioned by Martha Sanchez. Follow up with clients via Mobile Clinics such as those provided by the Be Well Mobile Clinic to meet them where the clients are at to offer services and help with navigating the system and services. Dr. Wong provided information on the Community Memory Outreach Collaborative and Living Well Behavioral Health.

Karyl asked Dr. Wong for screening tools to incorporate into the INN project. Tools mentioned included MOCA or MMSE for cognitive disorders.

Karyl emphasized knowing the life expectancy for the this population and learning the best strategies in dealing with these types of individuals. All of which are things that the committee should consider and learn about.

B. Action Item:

- Find by majority vote: the following findings under Government Code section 54953(e)(3): (1) The BHAB's Mental Health System of Care has reconsidered the circumstances of the state of emergency currently in effect; (2) The state of emergency continues to directly impact the ability of the members to meet safely in person.
- Set a meeting for November 16, 2022, to make findings pursuant to Government Code section 54953(e).

1st Motion: Helen Cameron 2nd Motion: Eleni Hailemaraiam

| Name | Yes | No | Abstain |
|--------------------|-----|----|---------|
| Karyl Dupee | X | | |
| Diane Holley | | | |
| Frank Hernandez | X | | |
| Eleni Hailemaraiam | X | | |
| Helen Cameron | X | | |
| Hasan Vu | X | | |

Adjourn / Next Meeting: Wednesday, 16 November 2022 / 2:00-3:30 p.m. / Zoom

*You may request supporting documentation distributed to the Behavioral Health Advisory Board as related to the agenda items upon request from Karla Perez, kperez@ochca.com

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