

COUNTY OF ORANGE
HEALTH CARE AGENCY
BEHAVIORAL HEALTH ADVISORY BOARD



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OC BHAB CHAIR

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Older Adults Behavioral Health Council

18 January 2023 / 2:00 – 3:30 p.m.

Join Zoom Meeting:

<https://psihealth.zoom.us/j/7204188516>

Meeting ID: 720 418 8516

Dial by your location / +1 669 900 6833

MEETING NOTES

*"Never doubt that a small group of thoughtful, committed citizens can change the world!"
Margaret Mead, PhD / Anthropologist*

1. **Welcome and Introductions:** Karyl Dupée, Chair
Members Present: Diane Holley, Karyl Dupee, Eleni Hailimariam, Frank Hernandez, Felicia Wong,
Members of the public: Linda Smith, Mona Ziadeh, Michelle Smith, Jocelyn Rubio, Christian Tran-Le, Michael Arnot, Mae Alfaddaghi, Shelly Ngo, Alan Albright, Karla Perez, Marco Rodriguez, Gregory Mathes, Marco Rodriguez, Mae Ali.
2. **Public Comment:** N/A
3. **New Business:**
 - A. Update on Current State of Pilot Proposal:
 - 1) MHSA Innovation Project Possibility – Karyl provided an update on the INN project idea. Michelle Smith provided some background on this time limited project and provided some feedback on what the committee should focus on for this project. Narrowing the project as to what is the priority, addressing what is the innovative concept of the project, also focusing in on the design and the elements of the project. The Innovation office has suggested to come up with a mission statement.

Timelines for the project were talked about, which could take anywhere from 3-6 months before this project could come in front of the Oversight and Accountability Commission (OAC). Letters of support would be very helpful once there a meeting date is identified.

Karyl suggested that this committee be made more public to promote this project and be the focus of the committee.
 - B. Karyl went over the behavioral health topics and questions to offer for the Master Plan on Aging Survey planned for OC. There were a series of 20 suggested questions that were read out loud. Members added the following to the list:
 - What is your understanding of emotional well-being?
 - Do you feel that you have lived a fulfilled life?
 - Inclusion of transportation to #1 under access to services.
 - Do you know how to get help should you have a memory concerns?
 - How well do you think you can bounce back to normal after going through a hard time? After experiencing challenges and/ or hardships, how soon do you think it takes you to recover?
 - Substance Use:

- Do you have any experiences with substance use? Are you interested or in need of receiving resources or services relating to substance use?
- Are you aware of the dangers of fentanyl contamination?
- Have you ever been prescribed medical marijuana?
- Modified #13: What is your access to technology (Wi-Fi, internet, and device)? And how comfortable are you with using technology?
- Are you a veteran of the armed forces? If so, do/would you prefer to receive? services from a provider who specializes in services to veterans.
- Have you served in the military? And if you have any mental health needs has the VA been able to help you with those needs? Are you the caregiver for a child (under age 18)?

Karyl went over the specific questions and wording to standardize and utilize with the Master Plan on Aging Survey.

- C. 1) Begin consideration of current year Council goals:
- a) Older Adult Veterans – identify gaps and needs
 - b) Innovation project for OA's.
 - c) Increase education awareness of THC usage for Older Adults.
 - d) Be able to see an inventory of what is available for older adult Veterans in OC
 - e) Awareness for PCP on the needs for OA's with respect to behavioral health concerns. Take a look at Kaiser questionnaire.
 - f) Policy change priority through the BHAB directed to the Board of Supervisors and MHRS Director- regarding Older Adult's behavioral health. (funding)
 - g) Increasing awareness in how to navigate healthcare system for an OA with a cognitive impairment. (update the resource guide for OA's)
- D. 1) Action Item:
- Find by majority vote: the following findings under Government Code section 54953(e)(3): (1) The BHAB's Older Adults Behavioral Health Council has reconsidered the circumstances of the state of emergency currently in effect; (2) The state of emergency continues to directly impact the ability of the members to meet safely in person.
 - Set a meeting for 15 February 2023, to make findings pursuant to Government Code section 54953(e).

1st Motion: Karyl Dupee 2nd Motion: Frank Hernandez

Name	Yes	No	Abstain
Diane Holley	X		
Karyl Dupee	X		
Eleni Hailimariam	X		
Frank Hernandez	X		
Felicia Wong	X		
Helen Cameron			
Hasan Vu			

Adjourn / Next Meeting: Wednesday, 15 February 2023 / 2:00-3:30 p.m. / Zoom

***You may request supporting documentation distributed to the Behavioral Health Advisory Board as related to the agenda items upon request from Karla Perez, kperez@ochca.com**

In compliance with the Americans with Disabilities Act, those requiring accommodations for this meeting should notify the Behavioral Health Advisory Board's Administrative Office 72 hours prior to the meeting at (714) 834-5481



OPEN MINDEDNESS

*Open minded people don't
care to be right,
They care to understand.*

*There's never a
'right' or 'wrong' answer.*

*Everything is about
understanding.*

*Consider becoming
Even more
understanding this year.*