



County of Orange Behavioral Health Advisory Board

405 W. 5th Street
Santa Ana, CA 92701
TEL: (714) 834-5481
MHB Website:

<http://ochealthinfo.com/bhs/about/mhb>

BOARD OF SUPERVISORS

Doug Chaffee, Chairman
Fourth District

Donald P. Wagner, Vice Chairman
Third District

Andrew Do
First District

Katrina Foley
Second District

Lisa Bartlett
Fifth District

Wednesday, December 14, 2022
9:00 a.m. – 10:45 a.m.

Meeting Location:
750 The City Drive South, Suite 130
Orange, CA 92868

BHAB ANNUAL RETREAT MINUTES

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BHAB MEMBERS

Matthew Holzmann

Alan Albright, LMFT

Supervisor Doug Chaffee
Fourth District

Karyl Dupee, LMFT

Heidi Girolamo

Stephen McNally

Kristen Pankratz, MSW

Jim Taylor

Duan Tran, MSW

Chase Wickersham

Frederick Williams, LMFT

Members Present: Alan Albright, Karyl Dupee, Heidi Girolamo, Matthew Holzmann, Stephen McNally, Kristen Pankratz, Jim Taylor, Duan Tran, Fred Williams

Members Absent: Supervisor Doug Chaffee, Chase Wickersham

Call to Order

- The meeting was called to order at 9:02 a.m. by Matt Holzmann

Welcome and Introductions

- Each member introduced themselves.

Public Comment

N/A

MHRS Vision: Dr. Veronica Kelley

- Dr. Kelley thanked the members for their services on the BHAB and shared her vision for MHRS. She provided a comprehensive overview of current updates with MHRS on the local and state level. Dr. Kelley also shared with BHAB some of the current challenges that may be impacting the department such as shortage of staff and impacts from the State. In addition, she talked about the importance of collaborating and working together in the new year.

Role of the Advisory Board and Members: Susan Wilson

- Susan Wilson provided a comprehensive overview of the WIC to help the members understand the statutes. She also provided a training on the how the BHAB exercises their authority. The members learned and discussed the responsibilities as members of the BHAB. In addition, they learned on how to effectively advise and carry out member duties.
- Susan provided a clear understanding of the brown act and how to run a productive meeting. She also provided a quick overview of Roberts Rules of Order and how to use them for BHAB meetings.



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HEALTH CARE AGENCY

Veronica Kelley, Ph.D.,
Chief

Mental Health & Recovery Services

Annette Mugrditchian, LCSW
Director of Operations

Mental Health & Recovery Services

Karla Perez
Staff Specialist

Mental Health & Recovery Services

Review 2022 Accomplishments:

Matthew Holzmann and the members provided a list of all of the BHAB has accomplished in 2021- 2022. The list is as follows:

1. Letters of recommendation to the Board of Supervisors:
 - Older Adults: Proposed pilot project to provide an integrated approach to meet the unmet needs of homeless or at risk of homelessness older adults with a co-occurring neurocognitive and mental health disorders.
 - Veterans: Proposed Veteran Mental Health Innovation / Prevention and Early Intervention projects.
2. Community Engagement: the BHAB members participated in various community events providing behavioral health resources and providing awareness of the BHAB to have more community involvement in their meetings as well as recruitment for vacant seats. Events included some of the following: Orange County Fair, Swallows Parade, Meeting of the Minds 2022 Conference, OCSAPN Conference, American Addiction Institute Health Fair amongst others.
3. Continued to improve communication with the Board of Supervisors (BOS) offices. Each District Representative maintained a good communication with their district office throughout the year.
4. The BHAB stayed engaged with fentanyl prevention efforts and events.
5. The BHAB Executive Committee worked on a budget for the BHAB to begin attending trainings, conferences and other events.
6. The BHAB received and stayed informed on the following presentation topics: Mental Health Services Act (MHSA) budget updates and MHSA Plan Update Overviews, Innovation Project Proposal Overview- 1) Improving the Early Identification of Youth at Clinical High Risk for Psychosis and Increasing Access to Care & 2) Examining Whether Integrating Early Intervention Services into a Specialized Court Improves the Well-being of Justice Involved Young Adult Men: A randomized control Trial, Certified Peer Specialist, Behavioral Health System Transformation parts I and II, Collaborative Courts for SUD and mental health, Psychiatric Advanced Directive Innovation Project, MHSA Community Program Planning Overview.
7. Site Visits:
 - Lighthouse Treatment Center
 - Recovery Beach Addiction Treatment Center
8. Developed a Workforce Engagement ad hoc Committee.



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2023 Goals (Action Plan); Strategic Planning for the Year:

2023 Chair Alan Albright and Vice Chair Fred Williams started off with thanking the members and providing their vision for the 2023 year. They then followed with an engaged discussion amongst all members to set their goals for the year. Their action plan consisted of the following:

1. Focus on membership: ensure that bylaws are inclusive of LGBTQ+, Education, Primary health Care providers, and youth. (bylaw revision)
2. Improve Engagement with the BOS and the MHRS Director:
 - Focus on key topics such as Juvenile Justice, housing and inpatient facilities.
 - Focus on Older Adults
3. Improve Community Engagement: attend more forums, conferences and events where BHAB can have exhibit booths to promote BHAB vacancies and behavioral health resources.
4. Outreach and engagement: create letters of support, attend and present at BOS meetings and other groups, go on site visits.
5. Focus on current SUD prevention efforts:
 - Fentanyl crisis and preventative efforts
 - Support training for school staff and fentanyl issues and prevention efforts. Advocate for more trainings on how to use Narcan.
6. Transparency for Data & Budgets – quarterly budget to be presented, information shared in digestible way, accountability through outcomes, use data/information to identify waste & duplication of services, better understand care coordination, navigation & hand-offs to assist community.
7. Care Court

Update Committee, Presentations, and Site Visits:

- The role and function of the System of Care Committees was discussed amongst the members. They discussed the idea of removing the SOC committees and switching back to the former Study Committee. The members liked this idea as it provided a space to discuss more BHAB business without breaking out into two different committees, however, they asked to continue to not lose the focus of SUD and mental health within the former Study Committee. The members asked for there to be a bylaw revision to be inclusive of these changes along with the previously mentioned membership additions. This item will be on the January BHAB General meeting as an action item.
- Committees of the BHAB were reviewed and minor changes were made.



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- Items by member Steve McNally-
 - Support Site Visits: include a form for each site visit- The BHAB will work on developing a site visit form for Orange County to use when they go out on a site visit.
 - Support Annual Report- The BHAB will begin working on a 2021 – 2022 Annual Report.
 - Encourage member participation- Steve McNally talked about the importance of member participation in all meetings.

Business Items:

- Meeting platform for 2023: The idea of hybrid meetings for the General meetings were discussed and the members decided they would continue this for now and re-evaluate to fully in person soon to have more in-person participation from the community.

Adjournment

- The meeting adjourned at 3:45 p.m.

Officially submitted by: Karla Perez

*** Note copies of all writings pertaining to items in these BHAB meetings are available for public review in the Behavioral Health Services Advisory Board Office, 405 W. 5th St., Santa Ana, CA 92701, 714.834.5481 or Email: OCBHAB@ochca.com ***