

COUNTY OF ORANGE  
**HEALTH CARE AGENCY**  
**BEHAVIORAL HEALTH ADVISORY BOARD**



Alan Albright  
OC BHAB CHAIR

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**Older Adults Behavioral Health Council**

15 March 2023 / 2:00 – 3:30 p.m.

HCA Training Facility  
750 The City Drive South, Ste #130 / Laguna Room  
Orange, CA 92868

**OR**

Join Zoom Meeting:

<https://psjhealth.zoom.us/j/7204188516>

Meeting ID: 720 418 8516

Dial by your location / +1 669 900 6833

**MEETING AGENDA**

*"Never doubt that a small group of thoughtful, committed citizens can change the world!"  
Margaret Mead, PhD / Anthropologist*

**1. Welcome and Introductions:** Alan Albright, OC BHAB Chair

**2. Public Comment:**

*\*At this time members of the public may address the Chair regarding any item within the subject matter of this board's authority provided that no action is taken on off-agenda items unless authorized by law. Comments shall be limited to three to five (3-5) minutes per person.*

**3. New Business:**

- A. 1) Consideration of current year Council goals
  - a) Older Adult Veterans – identify what the gaps and needs for older veterans might actually be, i.e., substance use, loneliness, access to services, lack of services, severity of symptoms or diagnosis, etc.
  - b) What specific survey questions need to be asked
  - c) Other potential Council goal suggestions, i.e., behavioral health needs of specific older adult populations either by ethnicity, language, population type (such as formerly incarcerated older adults, low-income older adults, etc.)

**Adjourn / Next Meeting:** Wednesday, 19 April 2023 / 2:00-3:30 p.m. / Zoom and In-Person

\*You may request supporting documentation distributed to the Behavioral Health Advisory Board as related to the agenda items upon request from Karla Perez, [kperez@ochca.com](mailto:kperez@ochca.com)

**\*In compliance with the Americans with Disabilities Act, those requiring accommodations for this meeting should notify the Behavioral Health Advisory Board's Administrative Office 72 hours prior to the meeting at (714) 834-5481\***

# Expect Even More



You know what you've achieved in the past.

*Now, you can build on that experience and do more.*

You're familiar with the mistakes you've made.

*Now, you can learn from those mistakes and avoid repeating them.*

You know what has worked well before.

*Build on that knowledge, expand it, apply it in new areas where it can create even more value.*

The possibilities for achievement have grown more numerous since you last considered them.

*Consider what you can now achieve, and get to work on it.*

Remind yourself how great it feels to break new ground, to get good things done.

Expect to feel that way again,

*then do the work to make it happen.*

You've made much progress, and now you can make more.

You've met any previous expectations so now,

*take the opportunity to expect even more.*

- Ralph Marston