

COUNTY OF ORANGE
HEALTH CARE AGENCY
BEHAVIORAL HEALTH ADVISORY BOARD



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Older Adults Behavioral Health Council

15 February 2023 / 2:00 – 3:30 p.m.

Join Zoom Meeting:

<https://psihealth.zoom.us/j/7204188516>

Meeting ID: 720 418 8516

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MEETING NOTES

*"Never doubt that a small group of thoughtful, committed citizens can change the world!"
Margaret Mead, PhD / Anthropologist*

1. **Welcome and Introductions:** Karyl Dupée, Chair
Members in Attendance: Karyl Dupee, Frank Hernandez, Helen Cameron, Hasan Vu.

2. **Public Comment:** N/A

3. **New Business:**
 - A. Presentation: OC Advance – Katie Kalvoda, CEO
Discussion on behavioral health topics and questions proposed by this Council for the OC Older Adult Survey – Opportunity to provide additional input and suggestions to the OC Senior Survey
 - Katie Kalvoda provided information on the needs assessment which will be the baseline to identify the gaps and the needs for the older adult population. They will conduct stakeholder interviews in the community in which are key informant interviews and identify key population and focus group analysis. The next step will be to conduct the community and provider survey to obtain areas of concern from the dual perspectives of being the recipient of care and the provider of care. Focus Groups where this committee can be an asset in providing specific examples and lived experience. They will also conduct town halls to reach a greater audience. Katie then provided a project roadmap, which began January 2023 in finalizing a workplan, rolling out all surveys and collecting data from February – October 2023, and will hopefully have a draft report by November 2023.
 - The data from the surveys will be accessible for public use, they will provide a presentation for the OC Board of Supervisors and will provide presentations as needed in the community such as this group.

 - B. Update on Current State of Pilot Proposal:
 - 1) MHSA Innovation Project Possibility – Where things are at now – Flor Yousefian Tehrani, Mgr Innovations
 - Danny Gibbs provided a comprehensive overview of the Innovation project proposal. He began to provide the stages of planning for all INN projects, and provided the INN funding and project parameters.
 - The members provided information on what things get in the way of having the type of coordinated system as of now, some included the following: Resistance in moving into a higher level of care and losing independence, issues with Medical or Medical, the issue with not being able to bring the condition to a lower level of care however with neurocognitive health issues you are not able to make it better, providing care giver support, system of care gaps and lack of financial resources.

- 2) Discuss: How Is This An Innovation? Essential Staff In Yrs 1-3; 4-5?
- C. 1) Consideration of current year Council goals
- a) Older Adult Veterans – identify gaps and needs
 - b) Other potential Council goal suggestions
- D. 1) Action Item:
- Find by majority vote: the following findings under Government Code section 54953(e)(3): (1) The BHAB's Mental Health System of Care has reconsidered the circumstances of the state of emergency currently in effect; (2) The state of emergency continues to directly impact the ability of the members to meet safely in person.
 - Set a meeting for 15 February 2023, to make findings pursuant to Government Code section 54953(e).

Adjourn / Next Meeting: Wednesday, 15 March 2023 / 2:00-3:30 p.m. / Zoom

*You may request supporting documentation distributed to the Behavioral Health Advisory Board as related to the agenda items upon request from Karla Perez, kperez@ochca.com

In compliance with the Americans with Disabilities Act, those requiring accommodations for this meeting should notify the Behavioral Health Advisory Board's Administrative Office 72 hours prior to the meeting at (714) 834-5481

BALLOON HAPPINESS



A wise teacher once brought balloons to school, told her pupils to each blow one of them up and then write their name on that one. The children were then told to toss their balloon as far into the hallway as they could. After the children tossed their balloons into

the hall, the teacher moved through the hall mixing all the balloons up.

The kids were given a few minutes to find the balloon with their name on it, but though they searched frantically, no one found their own balloon amongst all of the other balloons.

Then the teacher told them to take the balloon closest to them and give it to the person whose name was on it. In less than two minutes, everyone was amazingly holding their own balloon!

The teacher said to the children, “These balloons are like happiness. We won't find real happiness when we're only searching for our own happiness. But if we truly care about someone else's happiness ... that will ultimately bring us to our own happiness.”