

**COUNTY OF ORANGE
HEALTH CARE AGENCY
BEHAVIORAL HEALTH ADVISORY BOARD**



Older Adults Behavioral Health Council

April 19, 2023 / 2:00 – 3:30 p.m.

HCA Training Facility
750 The City Drive South, Ste #130 / Laguna Room
Orange, CA 92868

OR

Join Zoom Meeting:

<https://psjhealth.zoom.us/j/7204188516>

Meeting ID: 720 418 8516

Dial by your location / +1 669 900 6833

MEETING NOTES

“Never doubt that a small group of thoughtful, committed citizens can change the world!”

Margaret Mead, PhD / Anthropologist

1. Welcome and Introductions: Karyl Dupee, Chair

2. Public Comment:

Paul Huong: Mr. Huong shared information on an event taking place on 6/30/23, at the Behavioral Health Training Center “Unforgettable- Though Near and Far”. He included details on the event’s topics and workshops.

3. New Business:

A. 1) Finalize current year Council goals:

Karyl Dupee mentioned she is currently in the process of updating the Older Adult Resource Guide. She has reached out to several organizations to see if their interns can help with updating the resources available on the guide.

She also updated the members on the Innovation (INN) project, she will be meeting with the MHSA Task force tomorrow 4/20/23. She has been receiving great feedback as the need is great in our community.

a) Older Adult Veterans – identify what the gaps and needs for older veterans might actually be, i.e., substance use, loneliness, access to services, lack of services, severity of symptoms or diagnosis, etc.

The members discussed what are the needs of the older adult (OA)Veterans. Some suggested having a useful tool to come up with assessment questions to offer to Vets. Hassan Vu is developing an assessment tool for their office. Dr. H mentioned there is a PTSD screening tool that the clinicians currently use. She suggested addressing trauma with OA Veterans. She will send the tool for Karyl to share with the group.

Alan Albright
OC BHAB CHAIR

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- Karly will work with HCA to identify the gaps and needs of veterans. There is an FSP for Vets that is coming out and it may be a great idea to work together.
 - Paul suggested meditation is a great tool for Veterans to use. One of the things that Veterans struggle with is mobility limitations. Another suggestion made was opening a community center to help reintegrate with the community and help with isolation.
- b) What specific survey questions need to be asked
- c) Other potential Council goal suggestions, i.e., behavioral health needs of specific older adult populations either by ethnicity, language, population type (such as formerly incarcerated older adults, low-income older adults, etc.)

- Chase Wickersham suggested there is a new grant that was provided to US Vets and there is a new office in OC. It is important identify via this program or others to help with Veteran needs. Some concerns that have been identified for Veterans are loneliness and isolation, and rent.
- Karyl questioned if it would be helpful to pass along this information to the programs. It is also important to understand where their loved ones are as well as for the caregivers who are caring for the OA. People with dementia and Alzheimer's are in various stages, therefore stages vary.
- Christine Tran-Le mentioned that with the homeless OA population it is difficult as some of the Veterans do not want to be in a safe place to sleep or want help. She would like to see a program provide full wrap-around services for all Veterans.
- Ways to reach the Veterans population include: doing outreach in places where they may grab food or a liquor store. Church locations, VA's,
- The OASIS Senior Center has a Veteran Club which can be a great way to communicate with Vets.
- One of the members suggested using Social Media platforms to share resources as well as having an influencers on social media to share resources.
- Another idea from a member included working with US Vets to hire peer specialists and to have them work on outreach and engagement. Min will work with Karyl to identify a Peers Specialist to work on these items.
- Paul suggested having a Veteran only band who would get together to perform at events as a form of healing art. Paul will be reaching out to Wounded Warriors Project.
- Karyl mentioned building trust with the community. One of the barriers identified by OA Veterans is the difficulty in Navigating resources.
- Housing services should include service dogs or Pets for the OA as some are very attached to their pets and can hold them back from specific services.
- Frank suggested having a workgroup to synthesis and then report back to the group.

Adjourn / Next Meeting: Wednesday, 17 May 2023 / 2:00-3:30 p.m. / Zoom and In-Person

*You may request supporting documentation distributed to the Behavioral Health Advisory Board as related to the agenda items upon request from Karla Perez, kperez@ochca.com

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the Behavioral Health Advisory Board's Administrative Office 72 hours prior to the meeting at (714) 834-5481*