



Director's Message

Greetings OC Health Care Agency (HCA) Team,

I hope you are well. It has been an honor to serve as Acting Agency Director during this time of transition. I am pleased to share that former Director of the Social Services Agency, **Debra Baetz**, is on schedule to begin serving as Interim Director of the HCA this month. I know you'll join me in welcoming Debra.

Although this is a time of transition, I hope you are excited about our future, both immediate and long term. The HCA is on the verge of an opportunity for growth and fresh perspectives as we continue our unwavering commitment to providing

... continued on page 2

FEATURED ARTICLES

OC PRIDE Event	4
Feeding the Need	14
HR Roundtables	16

Peer-to-Peer

Fabian T. Mendez

"I am very committed to making sure that quality is job number one since it reflects the OC Health Care Agency (HCA) and myself." Quality, along with commitment and an attention to detail, are at the core of Peer-to-Peer recipient **Fabian T. Mendez**, Public Health Services, Health Promotion. He described his job and role at the HCA this way, "I'm an Information Processing Technician, but my role with the HCA has morphed into more of a utility-handyman role."

It's a role Fabian enjoys as he's been with the HCA for 29 years. His life experiences before and while at the HCA read

... continued on page 3



Director's Message

continued from page 1

exceptional care to the community we serve. Towards that, I can assure you that a smooth transition remains a top priority for the Agency and County of Orange (County). Together, we will embrace this new chapter with positivity and a shared determination to achieve our goals. Your unwavering dedication and hard work make me confident that our Agency will thrive under the guidance of our Interim Director. Thank you for your continued commitment and let us warmly welcome our new leadership as we create an even brighter future.

The recruitment for an HCA Director moves forward. The County expects to close recruitment this week, followed by the application review and selection process which is expected to extend into late summer or early fall. You can see the job listing posted [here](#).

Finally, I would like to encourage you and thank you for all that you are doing on behalf of the HCA and the people we serve. Since summer is now in full swing, I hope you and your loved ones are able to enjoy all that OC has to offer in our beautiful communities.

Thank you for your commitment to the HCA and the people we serve!

With gratitude,



M. Winterswyk DPT, PCS

Mindy Winterswyk

PT, DPT, PCS

Acting Director

CHALLENGE TO QUIT Smoking/Vaping

Do you know someone who would like to quit smoking or vaping? You might win a gift basket if you refer them to the Tobacco Use Prevention Program's (TUPP) quit smoking/vaping service 1-866-NEW-LUNG. TUPP is sponsoring a contest this summer to reduce smoking and vaping in Orange County (OC). The contest is open to OC Health Care Agency (HCA) and County of Orange (County) programs. The Orange County program that refers the most clients, will win a gift basket with snacks and swag. To take part, click on the referral form on the Fresh Lungs Challenge flyer. While you cannot make someone quit smoking or vaping, one of the best things you CAN do is offer your support and encouragement!

JOIN TUPP/1-866-NEW LUNG IN OUR

**SUMMER
2023**

**FRESH LUNGS
CHALLENGE**

JUL 1 - SEPT 30

REFER CLIENTS OR COMMUNITY MEMBERS INTERESTED IN
QUITTING SMOKING/VAPING TO 1-866-NEW-LUNG AND THE
COUNTY PROGRAM WITH THE MOST REFERRALS WILL

WIN A GIFT BASKET

FILLED WITH SNACKS AND NEW LUNG SWAG

TO PARTICIPATE:

DOWNLOAD THE REFERRAL FORM BY CLICKING THE LINK:
[HTTPS://DRIVE.GOOGLE.COM/FILE/D/18GURZUO4AMZXZGY61IAFNNQUPSE-PJN/VIEW](https://drive.google.com/file/d/18GURZUO4AMZXZGY61IAFNNQUPSE-PJN/view)

EMAIL THE COMPLETED FORM TO ACARRANZA@OCHCA.COM
FROM JULY 1 - SEPTEMBER 30

THE PROGRAM WITH THE MOST REFERRALS
WILL BE CONTACTED ON OCT. 4, 2023.

like something a utility-handman would go through. “I went to 13 different schools before I settled at Crescent Junior High in Buena Park. I attended Savannah High School in Anaheim and finished off at Fullerton College before deciding that I wanted to travel. So, I took jobs at various places until I landed with the County of Orange (County) in 1988. I worked at WIC (Women, Infants and Children), Immunizations and finally the main jail so could I save up a little money. I then traveled around the world for 2 years. I came back to the County in 1994 and worked for AIDS Outreach, ADEPT (Alcohol and Drug Education and Prevention Team), and finally with Health Promotion,” he said.

Fabian said he’s proud of the work he’s done and that he’s a part of at the HCA. “My proudest work has been creating charts and graphs for tracking and keeping inventory as well as a library of past detailed requisition orders that are super easy to access for reference or in need of past information without having to log on and do research,” said Fabian. While working as part of the Health Promotions team, Fabian said he felt the team excelled during COVID-19. “The pandemic was unprecedented, and we got to see how resourceful we can be. Our HCA team was amazing taking care of people in very frightening situations and scenarios on the frontlines. I am so delighted to work with a group as wonderful and professional as those in Building-50!”

When asked what’s the best part of his job, Fabian replied that it’s his colleagues. “All of my coworkers, without exception are the best at what they do and are very supportive. My direct supervisor is **Chris Prevatt**, Program Supervisor, Health Promotion and Community Planning Division, and he is like my older brother to me. I also work for **Sam Monroy**, Public Health Promotion Strategy and Operations Manager and **Kelly Soemantoro**, Injury Prevention Program, Program Supervisor II. With **Pauline Bui**, Director, Health Promotion and Community Planning, joining and leading the team, the work environment is exceptional and supportive.”

When he’s not at work, Fabian said his passions are music, sports and art. “I was on the 1983 Fullerton Hornets National Championship team, but lost my National Championship ring at the movies and I’m still heartbroken. Growing up, my father had me take organ lessons when I was in 4th grade. I hated it at the time, but later on I used that knowledge to learn to play guitar, bass, drums and piano. I even played gigs in South America. Now I leave instruments, art materials, and athletic equipment around the house watching my kids pick them up and explore them which has been incredible to experience. I am proud of my wife and I raising 4 children with religion, family values, morality, and the Beatles,” he said.

Fabian’s “Beatlemania”

Favorite song:

Let It Be. “It always gets me from the first chord, there’s a spirituality I connect with.”

Favorite album:

Sgt. Pepper’s Lonely Hearts Club Band and Magical Mystery Tour. “I was 11 years old, saved up my own money and bought both albums. I studied the inside booklets like the Zapruder film. The band had long broken up, but I was experiencing my own Beatlemania.”

Favorite Beatle:

“I went through phases of favorite Beatles. First, John Lennon and right now George Harrison, but Paul McCartney will always be the GOAT. He wrote some of the greatest songs in music history. He is worth \$1.2 billion, wrote/co-wrote 32 number 1 singles across the US and is still selling out stadiums around the world at age 80.”

OC Health Care Agency CHAMPIONS

HEALTH and WELLNESS During OC PRIDE Event

Congratulations to the OC Health Care Agency's (HCA) Public Health Services (PHS) and Mental Health and Recovery Services (MHRS) teams for your collaboration in the Orange County (OC) Pride Parade and Festival held in Santa Ana on June 24, 2023. The HCA was presented with an award of recognition by Pride organizers for the Agency's work with OC's LGBTQ+ residents.

The presence of HCA staff during the day extended beyond the colorful t-shirts that promoted mpox vaccinations and were available for staff and festivalgoers to wear. **Dr. Regina Chinsio-Kwong, (Dr. CK)** County Health Officer and Chief of PHS and **Dr. Veronica Kelley**, Chief of MHRS spoke to attendees about the importance of health wellness including vaccinations and mental health services. "The coordination of staff and services by PHS and MHRS during Pride represented some of the best teamwork that the HCA does," said **Dr. CK**. "To everyone who turned out, or helped

plan the Agency's mission, this was a job 'well done'."

The HCA sponsored the Health and Wellness Zone (Zone) at the festival. PHS staff administered mpox vaccinations for 86 festivalgoers and scheduled follow-up appointments as well while MHRS staff connected attendees to the services available through the OC Navigator and the MHRS itself. The number of vaccinations exceeded expectations said **Dr. Jeffrey Vu**, Division Director of Clinical Services. "We reported the results to the California Department of Public Health which was pleasantly surprised by the number of vaccinations," he said. "HCA staff were thanked by those receiving vaccinations," said Jeff who explained, "They appreciated Agency staff for "being there" and offering vaccinations because they were convenient and provided a reason for getting the vaccine." Jeff also added the HCA's sponsorship of the Zone provided the OC LGBTQ Collective an opportunity to create equity among members and the sponsorship inspired the various groups to take part in the Zone.

Many of those working in the Health and Wellness Zone started their day by joining other HCA staff who were up early, to march in the parade that preceded the festival. During the parade, HCA staff showcased the OC Navigator and the Agency's services, which were displayed on colorful signs carried by staff. The HCA also partnered with Univision on a campaign in Spanish to promote the importance of mpox vaccinations among OC's Spanish-speaking population.





(L-to-R): **Fatiha Shannon**, Service Chief I
and **Karla Perez**, Staff Specialist.

Fatiha Shannon, Service Chief I

"In addition to taking part in the parade, we staffed a booth to promote mental health awareness and resources available through www.ocnavigator.org. It was an honor to be part of OC Pride to support our LGBTQ+ community and we're proud that the HCA was an official sponsor of this year's OC Pride to promote quality health for all."

SPREAD **love**,
NOT MPOX. GET VAX'D.
Visit OCHealthInfo.com/MPox





(L-to-R): **Dr. Veronica Kelley**, Chief of Mental Health and Recovery Services and **Dr. Regina Chinsio-Kwong**, County Health Officer, Chief of Public Health Services.

Dr. Veronica Kelley, Chief of Mental Health and Recovery Services

"What an amazing day celebrating access to quality and inclusive health for all. Collaborating with our community and County of Orange leadership is key, as we continue our commitment to health and resources for all of Orange County."



Dr. Regina Chinsio-Kwong, County Health Officer, Chief of Public Health Services

"OC Health Care Agency staff marched behind the banner of "Quality Health for All" which truly describes our efforts on this day and every day to serve our wonderful Orange County community. I am proud of and thankful for all Public Health Services staff who planned and took part in the event especially to everyone who participated in our vaccination effort. Your work resulted in more than 86 people receiving the mpox vaccine which is a success from a public health standpoint! I was personally honored to have had the opportunity to address the festival goers to encourage vaccinations and quality health."



(L-to-R): Renato Pérez and Luis Sandoval.

The OC Health Care Agency partnered with Univision in a social media campaign that featured Luis Sandoval and husband Renato Pérez to reach Spanish-speaking residents on the importance of vaccinations.



Dr. Jeffrey Vu,
Division Director, Clinical Services.

"I was impressed by the OC Health Care Agency's (HCA) visibility and engagement at OC Pride this year. Our presence showed support for the mental and physical well-being of our LGBTQ+ community. Although OC Pride is a single day, the HCA is committed to meet the needs of our diverse populations every day of the year."



Amy Kim, Staff Specialist.

"I was glad to attend my first Pride parade – and be able to walk in it with fellow colleagues. The first of hopefully many to come!"

Jason Fox, Behavioral Health Clinician I

"After attending 20 years of these events – especially in 2023, I witnessed a dramatic shift to the inclusiveness of the TQI+ at OC PRIDE. The incredibly positive response while traversing crowds sharing the OC Health Care Agency's Prevention & Intervention services through Community Counseling and Supportive Services was pleasantly surprising. I am extremely proud to provide vitally important mental health opportunities in our ever-changing landscape here in Orange County."



(L-to-R): **Elana Randol**, Service Chief II and **Lu Pham**, Service Chief I.

Elana Randol, Service Chief II

"I participated in the parade and worked at the OC Health Care Agency (HCA) tent table, sharing information about the OC Navigator site, and Mental Health and Recovery Services, along with fun items that supported wellness of the whole person. The HCA tent was a great collaboration of service providers! There was a steady flow of people who learned about OC Navigator and County of Orange health services. Many thanked us for our presence and providing the resources. It was a great feeling to be able share the wonderful resources we have to those who can benefit from them."

Lu Pham, Service Chief I

"I am extremely proud that our Agency was able to be a major sponsor for the Orange County LGBTQ+ Pride this year. I am grateful to be able to provide resources including the OC Navigator and myriad services that our County of Orange has to offer ranging from public health to mental health. Pride month allows our LGBTQ+ community to celebrate who we are, our visibility, our resiliency, our hardship, and our love for each and every human being. Our day of outreach is filled with joy, celebration, connections, and happiness. Happy Pride, every day, every month, and every year."



(L-to-R): **Annette Mugrditchian**, Director of Operations, Mental Health and Recovery Services and **Anthony Padilla**, Administrative Manager I.

Anthony Padilla, Administrative Manager I

Administrative Manager I
"This was a great experience. As a member of the Santa Ana community, it was great to not only support our LGBTQ+ community, but also spread awareness of the free resources available to our community like the OC Navigator."





(L-to-R): **Annie Kang**, Nurse Practitioner; **Octavio Cruz**, Behavioral Health Clinician II; **Marisol Chavez Canales**, Public Health Nurse Trainee; **Cristina Hamdja**, Nurse Practitioner II; and **Araceli Martinez**, Public Health Nurse Trainee.

Octavio Cruz, Behavioral Health Clinician II

"During the event, I helped provide education to attendees regarding the services available at the 17th Street Testing, Treatment and Care Clinic. Most people that I spoke to were thankful for the information provided and asked great questions. I thoroughly enjoyed participating in this event as it provided us the opportunity to interact with community members that we might not necessarily encounter daily."

Cristina Hamdja, Nurse Practitioner

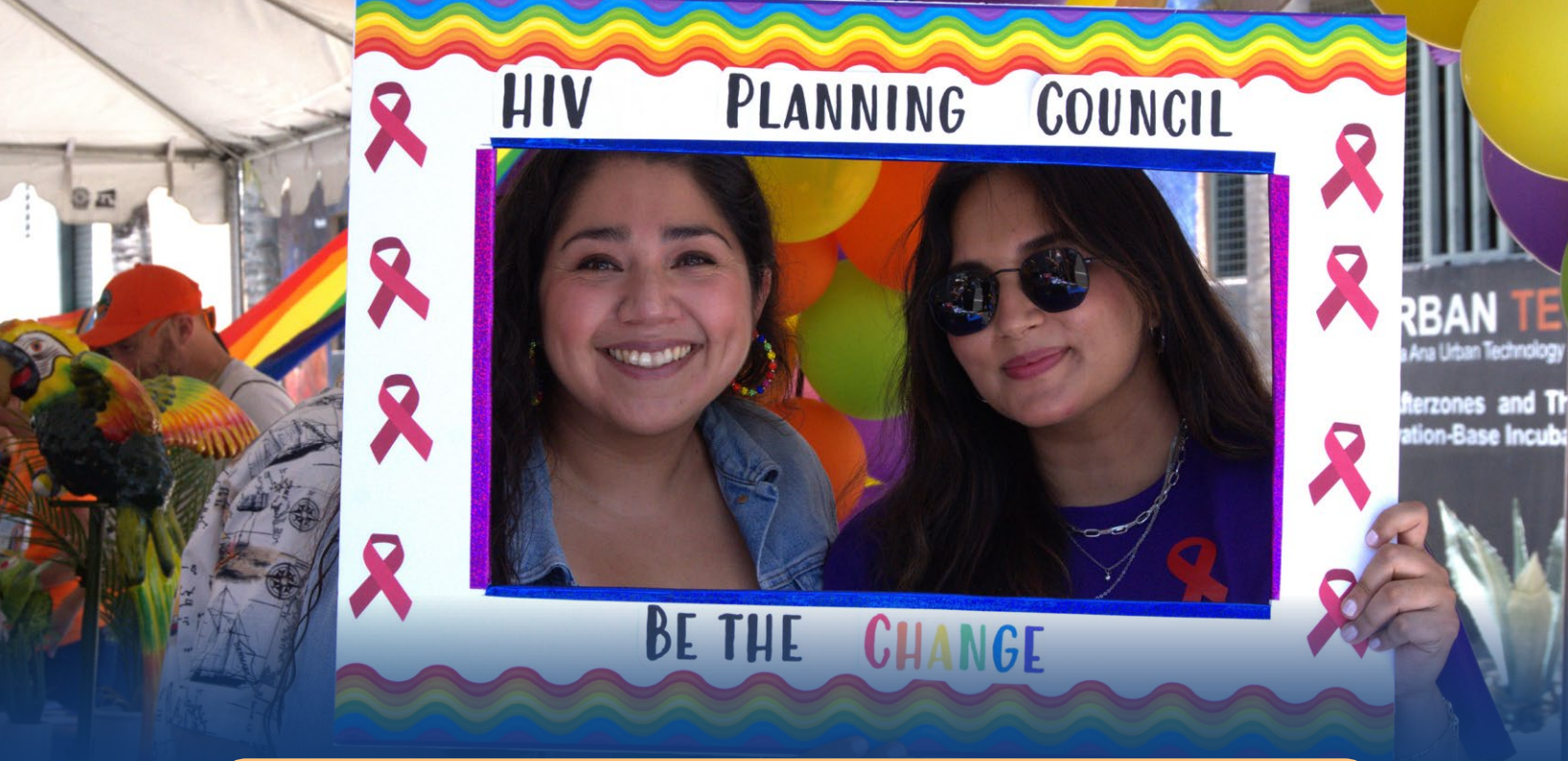
"We were presenting our clinic's services (STI testing and treatment, PrEP, PEP). We also had an interactive game about STI risk which many people enjoyed."

Annie Kang, Nurse Practitioner

"I felt grateful to be able to participate in the event to express my support for the LGBTQ+ community."

Marisol Chavez Canales, Public Health Nurse Trainee.

"I participated in the parade with Testing Treatment and Care (TTC) clinic, and gave goodies bags while chanting, "Spread love, not disease, get tested!" I was also at the TTC booth from 3-8 p.m. providing free condoms and promoting the services TTC provides. As a member of the LGBTQ+ community I felt overjoyed to be able to participate in an event that educates my community and reduce the stigma of testing/HIV. I will be attending for sure next year if given the opportunity."



(L-to-R): **Ivonne Huitron**, Staff Specialist and **Abjot (Abby) Kaur**, Staff Specialist.

Ivonne Huitron, Staff Specialist

"I enjoyed participating at OC Pride and engaging with community members. They are a reminder of the reason for the work our team does. Behind every service provided are real people, each with their own personal stories, challenges, and triumphs. They are directly impacted by the work we do and this is one opportunity to make ourselves more accessible to the community. One of our goals was to encourage people living with HIV and others impacted by HIV to make their voices heard by joining the HIV Planning Council. It's important to empower people to make informed choices for themselves and set them up for success, and people with lived experience have that power to effect change in their community. I think part of our role is to help along the way."

Abjot (Abby) Kaur, Staff Specialist

"Being a part of OC Pride was an incredibly rewarding and impactful experience. We had the opportunity to provide information on the HIV Planning Council, information on HIV prevention, testing, and various providers that we work with to ensure we are continuing to reduce new HIV infections in Orange County. By engaging with community members throughout the event, I was able to connect with individuals from various backgrounds and listen to their stories. It was inspiring to witness the courage, resilience, and strength of those who had close friends and family members that have been affected by HIV. The OC Pride event was an incredibly enriching experience where I was able to witness the power of unity. I look forward to next year!"



(L-to-R): **Mindy He**, Grants Manager; **Dr. Christopher Ried**, Medical Director, 17th Street Testing, Treatment & Care Clinic; **Colleen Brody**, Program Supervisor II; **Heather Pettit**, Staff Specialist; **Natalie Silva**, Administrative Manager II; and **Donna Lundgren**, Supervising Public Health Nurse.

Mindy He, Grants Manager

"During OC Pride, HIV Planning and Coordination promoted the work of the Orange County HIV Planning Council (Council) and their role in guiding how services should be provided to address the needs of people living with HIV. This was a great opportunity to engage in recruitment efforts and garner interest for the Council. OC Pride was also a great opportunity to promote the upcoming Orange County Transgender Gender Non-Conforming Health Summit that will be taking place on July 28th at the Delhi Center! Folks were really excited to hear that this event will be happening!"

Heather Pettit, Staff Specialist

"It was rewarding and fun being part of this collaboration. We had a great turnout for mpox vaccinations. The festivalgoers we connected with were receptive and grateful for the education and resources and left more protected. It was a successful event!"

Colleen Brody, Program Supervisor II

"17th Street Testing, Treatment and Care (TTC) has been participating in OC Pride events for the past 14 years and have been very excited to watch them getting larger and larger every year. Staff at TTC feel that it is extremely important to be at OC Pride to show support to the community, and to help create a safe, non-judgmental space to break down the stigma and shame that are often associated with sex, and are the drivers of increased STD and HIV transmission in the community. TTC is there to educate and remind individuals that are sexually active of the importance of routine three site STD and HIV testing, PEP and PrEP services and HIV Care. Clinic staff spent the day handing out condoms and lube, talking to individuals about Sexual Health, testing and care services, answering questions about mpox and getting Pride attendees connected to the mpox vaccination services."





(L-to-R): **Dr. Christopher Ried**, Medical Director, 17th Street Testing, Treatment & Care (TTC); **Octavio Cruz**, Behavioral Health Clinician II; **Marisol Chavez Canales**, Public Health Nurse Trainee; **Araceli Martinez**, Public Health Nurse Trainee; and **Natalie Silva**, Administrative Manager II.

Dr. Christopher Ried, Medical Director, 17th Street Testing, Treatment and Care (TTC)

"STD and HIV sharing a tent with Mental Health and Recovery Services, Health Promotions and vaccinating at an event was a collaboration first for the OC Health Care Agency (HCA). Another first was marching in the OC Pride parade where many HCA staff showed their support of the LGBTQ community."



Araceli Martinez, Public Health Nurse

"Our Testing Treatment and Care (TTC) team attended OC Pride to provide resources and a safe space to ask questions for eventgoers. It was a fun experience for all who participated! We were able to engage everyone with games and fun giveaways. Overall, the response was positive and many who visited our 17th Street TTC clinic booth were thankful for our presence at Pride."

Natalie Silva, Administrative Manager II

"OC Pride is such an important event for TTC to participate in each year. We want everyone to know that TTC is a safe place to access STD/HIV services. I heard multiple people say they have accessed care at TTC for many years and how thankful they were for the service and staff. I want to thank all of the TTC staff who participated in the event and give a special recognition to Colleen Brody for always coordinating a great set up for the event."



(L-to-R): **Donna Lundgren**, Supervising Public Health Nurse and **Rebeka Carrillo**, Public Health Nurse.



(L-to-R): **Dr. Bhuvana Rao**, Director Office of Suicide Prevention and **Julie MacDonald**, Director Office of Communications.

Donna Lundgren, Supervising Public Health Nurse

"It was a fantastic day, we had 86 clients who received the mpox vaccine. Most expressed gratitude and appreciation and thanked us for our time. Probably 75% left with appointments for their second dose, those who did not were given an appointment card with the QR code to scan and to set-up an appointment after they checked their schedules. We were so lucky to be next to the Testing Treatment and Care program tent as I on several occasions asked Dr. Christopher Ried to speak with several people who had more medical questions and some concerns about the vaccine. He was a great help and a wealth of information. A very successful day!"

Rebeka Carrillo, Public Health Nurse

"The OC Pride event was such a rewarding experience and allowed our clinic the opportunity to engage in community outreach for such an important cause. Working with other OC Health Care Agency (HCA) clinics to provide resources and patient education regarding the services HCA has to offer was such an honor."



Brian Batchelder, Behavioral Health Clinician II

"During this year's OC Pride, I joined our Health Care Agency (HCA) and Mental Health and Recovery Services teams in sharing information with community members about Agency services and recent access tools such as OC Links and OC Navigator. I also learned about the efforts of community partners and other local and regional organizations to empower and serve our LGBTQIA+ citizens. I felt my own sense of pride in my HCA colleagues as they promoted inclusion and equity in well-being."

Feeding the Need – Local Food Pantry Goes Gold



Pantry staff and volunteers are proud to receive the Nutrition Pantry Program Gold Certification. Julia Bautista, Pantry Coordinator, holding the certificate. OC Health Care Agency (HCA) staff at far left: **Erick Medina**, Public Health Nutritionist II; **Berna Nino**, Community Health Assistant II; and HCA subcontractor America on Track staff Diana Bejarano.

Contributor: **Rachel Mershon**, Public Health Nutritionist I

The OC Health Care Agency (HCA) CalFresh Healthy Living Program (CFHL) celebrates Santa Ana's Mercado El Sol for achieving the State's Leah's Nutrition Pantry Program (NPP) Gold certification! Mercado El Sol has been serving those in need for 6 years and serves more than 600 families per week with the help of 25 highly dedicated volunteers, several with 15 years of service or more. "Because of their dedicated service and accomplishments, Mercado El Sol was recognized for the gold certification," said **Erick Medina**, Public Health Nutritionist II, who coordinated CFHL services at the pantry.

The HCA's CFHL has been working with Mercado El Sol since early 2022 to help improve the health of their

clients and pantry services by providing nutrition education materials, recipes, and information regarding other food assistance programs. The opportunity to take those goals to the next step came with the introduction of the Leah's NPP. This program provides an alignment of values for staff and volunteers as well as the opportunity to learn more about the impact of trauma and nourishment. Through work in 6 NPP focus areas, pantries can be awarded Gold, Silver or Bronze status. To achieve Gold certification a pantry must have activities in 5-6 of the 6 focus areas, a Silver certification is awarded for activities in 3-4 of the 6 focus areas and Bronze certification recognizes activities in 1-2 of the 6 focus areas.

The six areas of work include: nutrition education, cultural and dietary accommodations, inventory, environmental, pantry policies and procedures, and community connections. Becoming a Certified NPP Pantry gives recognition in the community and with potential funders. They join more than 100 pantries in California participating in the NPP Program and are the fourth Certified Pantry in Orange County. The CFHL and Mercado El Sol partnership helps give families the resources they need to thrive.

"Mercado El Sol services go far beyond distributing food," said **Berna Nino**, Community Health Assistant II who conducted nutrition education and support services at the pantry. "The staff and volunteers provide with their heart and soul to make sure the families receive food to bring them together, eat healthy nutritious meals and also connect with other resources that might be needed during difficult times."

Through their partnership with the CFHL program, the pantry has accomplished many goals including: onsite and virtual nutrition education for clients and volunteers hosted by the HCA CFHL, helping clients access local resources through robust community connections, offering delivery options for those unable to visit the pantry, and incorporating a nutritious food policy. "Mercado El Sol is truly a one-of-a-kind community with staff and volunteers serving with heart and passion," said **Maridet Ibanez**, Administrative Manager II. "CFHL staff will continue to work with Mercado El Sol, helping them to serve and improve the health of their community."

Mercado El Sol recently received a grant for partnership with DoorDash to help those unable to leave their homes due to disability or health reasons. Currently, thirteen families are benefitting from the DoorDash program. Currently, the HCA is working with the American Heart Association to potentially install a blood pressure station within the pantry. This station will help pantry participants connect with neighborhood clinics and further manage their health.



Maridet Ibanez, Administrative Manager II (right) presents the certificate to El Sol Academy Executive Director **Monique Daviss**.



ROUNDTABLES: SUPERVISOR TIPS AND RESOURCES

The OC Health Care Agency (HCA) Human Resources (HR) team is pleased to announce the opportunities for the next quarter of HR Roundtables. We continue to have some great discussions with Managers and Supervisors on topics and issues related to their roles and responsibilities as HCA Leadership.

Discussions will be facilitated live, via Microsoft Teams and the format will include a 30-minute presentation followed by a 15-minute interactive Question & Answer session. Applicable resources, links, and sample documents will be provided to participants. Due to the desire to make this an interactive meeting, the meetings will be limited to 25 participants each session.

To sign-up for the opportunities in July, please contact Linny Pham at lipham@ochca.com and to sign-up for opportunities in August or September please contact Nancy Rudnick at nrudnick@ochca.com. Remember to specify which session(s) you would like to be enrolled in; please note each session is a stand-alone meeting. You will receive a confirmation email with a Teams calendar invite.

Future discussion opportunities will be announced on a quarterly basis, with a focus on questions and topics that are frequently received by our team. We look forward to continuing our partnership with all of you!

JULY – SEPTEMBER 2023 Virtual Roundtable Opportunities:

Supervisor Expectations – Job Offers and Onboarding Process

Wednesdays, 7/12 & 7/26
10:00 a.m. and 2:00 p.m.

Supervisor Expectations – Setting the Employee/Supervisor Relationship Up for Success

Wednesdays, 8/9 & 8/23
10:00 a.m. and 2:00 p.m.

Supervisor Expectations – The Workers Compensation Process

Wednesdays, 9/13 & 9/27
10:00 a.m. and 2:00 p.m.



SERVICE AWARDS

2023 Second Quarter Employee Service Awards

(April 1 – June 30 Hire Dates)

Congratulations to the following staff for their years of service to the
OC Health Care Agency and the County of Orange!

35 YEARS

Mary Maurer
Kim Phuong Phan

30 YEARS

Elizabeth Arroyo
Emma Chavez-Valle

25 YEARS

Curtis Condon
Margarita Cueto
Jocelyn Garduno
Silvia Hernandez
Veronica Hinostroza
Eileen Kirtley
Antonio Larrea
Nathan Lopez
Jeff Nofal
Jennifer Stopher
Hratch Svadjian
Alfredo Valle

20 YEARS

Phuong-Thanh Bui
David Castellanos
Jaime Castellanos
Suzanne Itrich
Paterno Lopez
Peter Row
Vicky Tran

15 YEARS

Henricus Abundo
David Atkins
Adriana Bedolla
Bernadette Brown
Steven Calleros
Esmeralda Carroll
Christian Greusard
Pushpa Hennayake
Keith Howard
Brianna Iniguez
Diane Martin
Karen McLean

10 YEARS

Candace An
Jennifer Behoteguy
Karol Ronie Bunao
Stacy Dykman
Jennifer Fernandez
Annette Garay
Sharon Ishikawa
Fabiola Medina
Erica Moojen
Max Ponce
Nancy Preza
Linh Quach
Leslie Rankin
Lotus Snook
Haiying Thien
Michelle Vorwerk
Calvin Williams

5 YEARS

Yvette Barbari
Fahad Baseer
Erica Blanco
Em Bui
Isabel Cremieux
Erica Cyrs
Bernadette David
Ashley English
Michelle Harris
April Howard
Bao-An Huynh
Michael Marks
Bogart Marquez
Alan Marr
Honnudike Mohan Kumar
Arianna Ochoa
Carlos Peraza
Carla Romero
Tabitha Romero
Elizabeth Santangelo
Sang Patty Tang
Elvina Torres-Campos
Atur Turakhia
Michael Wexler
Stephanie Wilkins-Singleton

New Employee Reimbursement System in Development

The Orange County Auditor-Controller's Office is leading the County of Orange's (County) efforts of implementing a County-wide solution for the County's employee reimbursement programs, which include mileage and expense claims, travel expenses, lodging, meals, and educational and professional reimbursements, in accordance with the County of Orange Memorandum of Understandings (MOUs), Personnel and Salary Resolution (P&SR), and County Business Travel and Meeting Policy.

The new employee reimbursement system will include automated workflow capabilities for pre-approval requests and reimbursement claims for educational and professional expenses and reimbursement claims for mileage, travel and other expenses.

Each department has identified their key subject matter experts to participate in the user's acceptance testing efforts that started in May 2023. The Go-Live date is tentatively scheduled for September 2023 for all County departments. More details will follow on the transitional period for the cutoff date of when the current Online Mileage Claim, Manual Mileage Claim, and/or Education and Professional Requests/Claims will no longer be accepted. In the coming months, details on online trainings, training materials, training videos, and Frequently Asked Questions will be developed and shared with you on the new employee reimbursement system. Please stay tuned!

Nominate Colleagues for Employee Recognition Programs

Submissions are being accepted for the OC Health Care Agency (HCA) Employee Recognition Program (ERP) awards. HCA staff can submit nominations for colleagues to be recognized for the August Peer-to-Peer recognition by **Friday, July 14**.

The Peer-to-Peer recipient is featured in the HCA's What's Up employee newsletter. Previous recipients are also on the Intranet here: <https://intranet.ochca.com/erp/archive/>.

For more information on the HCA's ERP please visit: <https://intranet.ochca.com/erp/>.

To download a nomination form for the Peer-to-Peer recognition click here on the Intranet: <https://intranet.ochca.com/erp/forms/>.





For Health



Physical Activity

Don't let the summer heat stop you from staying active! These are recommendations for each age group:

- Preschool aged children (3-5 years): all day throughout the day.
- Children and adolescents (6-17 years): 1 hour daily.
- Adults (18-64 years): 150 minutes and 2 days of strength training per week.
- Older Adults (65+ years): 150 minutes per week of brisk activity, balance activities and 2 days of strength training.

Plan fun activities that will keep the family moving, such as going for a hike or a walk in the park during sunrise or sundown to avoid the summer heat. Plan a family outing to a lake, creek or beach. Keep cool at home by using a kiddie pool or sprinklers to encourage outdoor play. Have a water balloon fight with your kids or take them to a swimming pool. If you need to stay indoors, play a video and dance along with the kids. Be creative and stay active this summer! And remember, always stay hydrated especially by drinking water. To learn more, visit [here](#).

Chickpea Salad

Ready In: 25 minutes - Serves: 2

Get your protein for summer activities with this protein-rich chickpea tuna salad. Canned tuna is an inexpensive, healthy source of protein, healthy fats and Omega-3s while chickpeas add texture, more protein and filling fiber. Oh yeah, don't be surprised to find you like how it tastes!

Ingredients

- | | |
|-----------------------------------------------------------------|-------------------------------------------|
| ■ 15 ounces chickpeas canned | ■ 3 tablespoons chickpeas liquid from can |
| ■ 1 stalk celery finely chopped | ■ 2 cloves garlic minced |
| ■ ½ jalapeno pepper minced | ■ 2 tablespoons Olive Oil |
| ■ 2 tablespoons cilantro chopped | ■ 1 teaspoon honey |
| ■ 1/4 cup red onion finely diced | ■ Salt to taste |
| ■ 1 teaspoon fresh lemon juice or 1 tablespoon fresh lime juice | ■ Pepper to taste |

Directions

1. **Prep salad:** Drain 1 can of chickpeas, and reserve 3 tbsp of chickpea can liquid.
2. Place chickpeas into a wide bowl, and begin to mash them. Add up to 2 tbsp chickpea can liquid to help the consistency resemble a chunky tuna salad. Set aside.
3. **Prep vegetables:** finely chop celery into small pieces, dice red onion, chop cilantro, mince jalapeno pepper. Add them to the mashed chickpeas.
4. **Make vinaigrette:** Add 1 tsp salt, ½ tsp fresh cracked black pepper, 1 tbsp chickpea can liquid, olive oil, honey, and two garlic cloves to small blender OR mince garlic and whisk all ingredients together.
5. Add half the vinaigrette to chickpeas and veggies, mix well and taste. Adjust flavor to your liking with more vinaigrette or salt, pepper, and lime.
6. Eat as you would tuna salad! Over sliced toast or a tostada.

VISION

Quality health for all.



MISSION

In partnership with the community, deliver sustainable and responsive services that promote population health and equity.

GOALS

Promote quality, equity, and value.
Ensure the HCA's sustainability.
Offer relevant services to the community.



CONNECT WITH US

The **What's Up newsletter** is created and distributed monthly by HCA Communications. We welcome your ideas, input and/or insight into HCA people and programs. To contribute, comment or connect please email us at hcacomm@ochca.com or call (714) 834-2178. You can follow us on social media by clicking below.



@ochealthinfo



@ochealth



@ochealthinfo



@oc_hca