- The following abbreviations are acceptable in EMS documentation (see Pg. 8 for hospital name abbreviations):
 - @ at
 - AAA abdominal aortic aneurysm
 - Abd abdomen
 - ABC airway, breathing circulation
 - abn abnormal
 - abnl abnormal
 - AC antecubital
 - ACLS advanced cardiac life support
 - AED automatic external defibrillator
 - AEMT advanced EMT
 - A-fib atrial fibrillation
 - ALOC altered level of consciousness
 - AIDS acquired immune deficiency syndrome
 - ALS advanced life support
 - ALTE acute life threatening event
 - AKA also known as OR above the knee amputation
 - am morning
 - AMA against medical advice
 - AMI acute myocardial infarction
 - Amt amount
 - AO ambulance operator
 - AOS arrived on scene
 - AOx-- Awake/alert and oriented by -- (also AAOx--)
 - APA automatic paramedic alarm
 - APGAR newborn assessment scale
 - APS Adult Protective Services
 - ASA aspirin
 - ASHD arteriosclerotic heart disease
 - B&C Board & Care facility
 - BB back board
 - BBB bundle branch block
 - BG blood glucose
 - BH base hospital
 - BHC base hospital contact
 - BHO base hospital order
 - BIB brought in by
 - Bilat bilateral
 - BKA below the knee amputation
 - BLS basic life support
 - BM bowel movement
 - BOW bag of waters
 - BP blood pressure
 - BR bathroom
 - BRB bright red blood
 - BRUE brief resolved unexplained event
 - BS breath sounds, blood sugar (use with caution))
 - BSA body surface area

- BTB back to bed
- BVM bag valve mask
- CA cancer
- CABG coronary artery bypass graft
- CAD coronary artery disease
- Cath catheter, catheterization
- Cc or c/c chief complaint
- CHF congestive heart failure
- cm centimeter
- CMS circulation, motor, sensation (see also PMS)
- CNS central nervous system
- c/o complains of
- CO carbon monoxide
- CO2 carbon dioxide
- COPD chronic obstructive pulmonary disease
 - CP chest pain

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- CPAP continuous positive airway pressure
- CPR cardiopulmonary resuscitation
- CSF cerebral spinal fluid
- C-spine cervical spine
- CSM circulation, sensation, movement
- CT scan computerized axial tomography scan
- CT chest tube
- CVA cerebral vascular accident
- CVRC cardiovascular receiving center
- CXR chest x-ray
- D₁₀ 10% dextrose
- d/c discontinue, discharged
- DCAP-BLTS deformities, contusions, punctures/penetrations, burns, tenderness, lacerations
- Diff difficulty , or "diffocele", as in "C. diff" infection
- DM diabetes mellitus
- DNR do not resuscitate
- DOA dead on arrival
- DOB date of birth
- DOE dyspnea on exertion
- DTs delirium tremens
- DVT deep vein thrombosis
- Dx diagnosis
- EB east bound
- EBL estimated blood loss
- ECG electrocardiogram
- ED emergency department
- EJ external jugular
- EKG electrocardiogram
- EMS Emergency Medical Services
- EMT Emergency Medical Technician
- ER emergency room

- ERC emergency receiving center
- ET(#) emergency transport (#)
- ETA estimated time of arrival
- ETOH ethyl alcohol
- ET or ETT endotracheal tube
- ETA estimated time of arrival
- Eval evaluation
- Ext external
- F female, Fahrenheit
- FB foreign body
- FC,F/C,f/c fluid challenge
- FD fire department
- FROM full range of motion
- Fwy freeway
- f/u follow up
- fx fracture
- G gravida
- GB gall bladder
- GCS Glasgow coma scale
- GI gastrointestinal
- gm grams
- GSW gun shot wound
- gtt drops
- GU genitourinary
- GYN gynecology
- H/A headache
- HEENT head, ears, eyes, nose, throat
- HIV human immune-deficiency virus
- Hosp hospital
- HR heart rate
- hr, hrs hour, hours
- ht Height
- HTN hypertension
- Hx history
- Hyper- above, high
- Hypo- below, low
- ICHART acceptable mnemonic for narrative documentation
- ICP intracranial pressure
- ICS intercostal space
- ICU intensive care unit
- IM intramuscular (better to say whole word)
- IN intranasal (better to say whole word)
- IO intraosseous
- IUP intrauterine pregnancy
- IV intravenous
- IVP intravenous push

- J joules
- JVD jugular venous distention
- KCL potassium chloride
- Kg kilograms
- KVO keep vein open
- L liter
- L, lt left
- L&D labor and delivery
- Lab laboratory
- Lac laceration
- Lat lateral
- lb pound(s)
- LBBB left bundle branch block
- LLE left lower extremity
- LLL left lower lobe
- LLQ left lower quadrant
- LMP last menstrual period
- LOC level or loss of consciousness
- L-spine lumbar spine
- LUE left upper extremity
- LUL left upper lobe
- LUQ left upper quadrant
- LVAD left ventricular assist device
- M male
- mA milliamperes, milliamps
- MAE moves all extremities
- MAEW moves all extremities well
- max maximum
- MC motorcycle
- MCA motorcycle accident
- mcg micrograms
- MCI Mass casualty incident
- MCL mid-clavicular line
- MD physician, medical doctor
- MDI metered dose inhaler
- Med(s) medication(s), medicine(s), medicated
- mEq milliequivalent
- meth methamphetamine(s)
- mg milligram
- MI myocardial infarction
- MICN mobile intensive care nurse
- min minimum, minutes
- MIVT mechanism of injury, injuries seen, vital signs, treatment provider
- mL milliliters
- Mod moderate
- MOI mechanism of injury
- MRI magnetic resonsance imaging

- MVA motor vehicle accident
- n/a, N/A not applicable
- NaBicarb sodium bicarbonate
- NAD no apparent distress
- NaHCO3 sodium bicarbonate
- Narc narcotic(s)
- NB north bound
- NC nasal cannula
- Neb nebulizer, nebulized
- Neg negative (avoid using the "-" sign)
- NG nasogastric
- NKA no known allergies
- NKDA no known drug allergies
- nl normal
- NP nurse practitioner
- npo nothing by mouth
- NRB non-rebreather mask
- NS normal saline
- NSR normal sinus rhythm
- NTG nitroglycerine
- n/v nausea, vomiting
- n/v/d nausea, vomiting, diarrhea
- O2 oxygen
- O2 sat oxygen saturation by pulse oximeter
- OB obstetrics, obstetrical physician
- OB/Gyn obstetrics/gynecology
- OBS organic brain syndrome
- OD overdose , right eye (oculo dexter)
- ODT oral dissolving tablet
- OG orogastric
- OPA oropharyngeal airway
- OPQRST onset, provoking factors, quality, radiation, severity, time
- OS left eye (oculo sinister) not to be used as "on scene" see "AOS"
- OSVS orthostatic vital signs (avoid "orthos")
- OTC over the counter
- OU both eyes
- Ox-- Oriented times ---
- P para, pulse
- PA physician assistant
- PAC premature atrial contraction
- Palp palpation
- PALS pediatric advanced life support
- PCN penicillin
- PCP primary care physician
- PCT patient contact time
- PD police department
- PE physical exam, pulmonary edema, pulmonary embolus
- PEA pulseless electrical activity

- Ped(s) pediatric(s), pedestrian(s)
- PERL pupils equal, reactive to light
- PERRL pupils equal, round, reactive to light
- PERRLA pupils equal, round, reactive to light, accommodation
- PJC premature junctional contraction
- pm evening, paramedic
- PMD private/personal medical doctor
- PMH past medical history
- PMS pulses, motor, sensation (see also CMS)
- po by mouth
- POC position of comfort, products of conception (use with caution)
- POLST physician's orders for life sustaining treatment
- post posterior, after
- POV privately owned vehicle
- PQRST provoking factors, quality, radiation, severity, time
- Prim primary
- prn as needed
- pn pain
- PPV positive pressure ventilation
- PTRC paramedic trauma receiving center
- PSI passenger space intrusion
- PSVT paroxysmal supraventricular tachycardia
- Psych psychialtric
- Pt PT patient, physical therapy
- PTA prior to arrival
- Pulse ox Pulse oximetry (avoid using "PO")
- PUTS patient unable to sign
- PVC premature ventricular contraction
- R, rt right, respirations
- Rehab rehabilitation
- Resp respiratory, respirations
- RLE right lower extremity
- RLQ right lower quadrant
- RN registered nurse
- r/o rule out
- ROM range of motion
- RR respiratory rate
- RSR regular sinus rhythm
- RUE right upper extremity
- RUQ right upper quadrant
- Rx therapy, prescription
- Sat/sat saturation
- SB sinus bradycardia, south bound
- Sec seconds, secondary
- SFR single family residence
- SIDS sudden infant death syndrome
- SL saline lock, sublingual
- SMR spinal motion restriction
- SNF skilled nursing facility

- SNRC stroke-neuro receiving center
- SO standing order, Sheriff's office/officer
- SOB shortness of breath, short of breath
- SpO2 oxygen saturation by pulse oximeter
- SR sinus rhythm
- SRW sting ray wound
- s/s or s/sx signs and symptoms
- ST sinus tachycardia
- START simple triage and rapid treatment
- SVT supraventricular tachycardia
- SW stab wound
- sx signs, symptoms
- sz seizure
- T temperature
- Tach(y) tachycardia, tachycardic
- TAH total artificial heart
- TC traffic collision, trauma center
- TCP transcutaneous pacemaker/pacing
- TIA transient ischemic attack
- TKO to keep open
- Trans transport, transfer
- TV tidal volume
- Tx treatment, transport
- Unk unknown
- UOA upon our arrival
- URI upper respiratory infection
- UTI urinary tract infection
- UTL unable to locate
- VAD ventricular assist device
- Vag vaginal
- VF ventricular fibrillation
- V-fib ventricular fibrillation
- Vol volume
- vs versus
- VS vital signs
- VT ventricular tachycardia
- VTach ventricular tachycardia
- w/ with

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- WB west bound
- W&D warm and dry
- wk week (not "weak")
- WNL within normal limits
- w/o without
- WPW Wolff-Parkinson-White syndrome
- wt weight
- xferr(ed) transfer(red)

- xfr transfer
- xport transported
- y/o, yo years old
 - yr(s) year, years
- Approved hospital name abbreviations
 - AGMC Anaheim Global Medical Center
 - ARMC Anaheim Regional Medical Center
 - CGMC Chapman Global Medical Center
 - CHOC Children's Hospital of Orange County
 - FRMC Foothill Regional Medical Center
 - FVRMC Fountain Valley Regional Medical Center
 - GGMC Garden Grove Medical Center
 - HHI Hoag Hospital Irvine
 - HMHP Hoag Memorial Hospital Presbyterian
 - HBH Huntington Beach Hospital
 - KPA Kaiser Permanente, Anaheim
 - KPD Kaiser Permanente, Downey
 - KPI Kaiser Permanente, Irvine
 - LPIH La Palma Intercommunity Hospital
 - MH LB Mission Hospital Laguna Beach
 - MHRMC Mission Hospital Regional Medical Center
 - OCMMC Orange Coast Memorial Medical Center
 - OCGMC Orange County Global Medical Center
 - PLH Placentia Linda Hospital
 - SMMC Saddleback Memorial Medical Center
 - SCGMC South Coast Global Medical Center
 - SJH St. Joseph Hospital
 - SJMC St. Jude Medical Center
 - WAMC West Anaheim Medical Center
 - UCI UCI Medical Center
- The following abbreviations should **<u>be used with caution</u>** as they may have multiple meanings
 - BS breath sounds, blood sugar
 - COA complaint on arrival, condition on admission, conditions of admission
 - HP hospital, hip, Hewlett Packard, Hoag Presbyterian, Highway Patrol
 - MS morphine sulfate, multiple sclerosis
 - OS on scene, oculo sinister (left eye)
 - PLOT plot, parking lot, private lot
 - POC position of comfort, products of conception
 - PR private residence, primary, probable, per rectum
 - SED sexual enhancement drugs, serious emotional disturbance, sedating/sedation, seeing eye dog
- The following abbreviations are not acceptable and may not be used:
 - Any "Emoji"

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- Qd Best practice is to spell out "daily" or "every day"
- U Best practice is to spell out "unit" or "units"
- Use of "-" (dash) as to mean "negative" or "without"
- Use of 1 or 2 to mean primary or secondary.

- Use of decimals
 - Trailing zeroes are NOT recommended. Use 1mg, not 1.0mg
 - Leading zeroes ARE recommended. Use 0.3 mg, not .3 mg

References:

The Joint Commission (2016). Facts about the Official "Do Not Use" List of Abbrevations. Institute for Safe Medication Practices (2015). ISMP's List of Error-Prone Abbreviations, Symbols, and Dose Designations.

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