



**OC Health Care Agency  
Children and Youth Services  
Mental Health and Recovery Services  
Clinical Evaluation & Guidance Unit (CEGU)  
July 26, 2023**

# CEGU Probation

# CEGU Probation

**CEGU Probation** provides mental health and recovery services to all incarcerated youth in Orange County Juvenile Hall, Youth Guidance Center and Youth Leadership Academy. Services include case management, assessment, individual, group and family therapy, psychological testing, psychiatric evaluation and medication support, and reentry services.

All youth are assigned a CEGU clinician and a peer specialist.

# CEGU Probation

- CEGU Probation serves all incarcerated youth in:
  - Juvenile Hall
  - Youth Guidance Center (YGC)
  - Youth Leadership Academy (YLA)
- Staffing
  - 43 Behavioral Health Professionals including:
    - 1 Part Time Psychiatrist
    - 2 UCI Psychiatry Fellows
    - 7 Clinical Psychologists
    - 6 Clinical Psychology Interns
    - 16 Behavioral Health Clinicians
    - 3 Mental Health Specialist
    - 8 Peer Specialists

CEGU Probation staff may be assigned to specific facilities. However, staff can provide services in any facility if there is a need for a staff member's particular expertise or there's a clinical need to follow youth between facilities.

# CEGU Probation

- Clinical services are client driven and evidence based. CEGU Probation utilizes a variety of treatment modalities, including:
  - Cognitive Behavioral Therapy (CBT)
  - Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
  - Eye Movement Desensitization Reprocessing (EMDR)
  - Motivational Interviewing
  - Integrative Treatment of Complex Trauma for Adolescents (ITCT-A)
  - Dialectical Behavior Therapy (DBT)

# CEGU Probation

- Substance Use Disorder (SUD) specific treatment modalities include:
  - Seeking Safety
  - Motivational Interviewing
  - Matrix Model for Criminal Justice Settings
  - Moral Reconciliation Therapy (MRT)

# CEGU Probation

- Group therapy is available to all youth to foster support and encouragement from one another. Groups include:
  - Substance Use Treatment and Trauma (Seeking Safety)
  - Anger Management
  - Healthy Relationships
  - Word on the Street
  - Ending the Game
  - Mindfulness
  - Hip Hop & Poetry
  - Creative Writing
  - Mindful Modeling (mindfulness through pottery)
  - Expressive Arts
  - Sex Offender Treatment
  - Parenting Group (Triple P Positive Parenting)
  - Ready, Set, Goals
  - Teatime in the Meantime
  - Sewing
  - Self-Care
  - Planting Mindfulness
  - Teen Stress Management
  - Independent Living Skills

# CEGU Probation

- Reentry Services
  - Reentry services start with discharge planning prior to the youth's release date as treatment needs evolve.
  - Reentry programs (e.g., Youth Offender Wraparound) will begin working with youth to build a therapeutic relationship prior to having a release date to ensure there are no gaps in services.
  - CEGU assists youth with the following reentry services:
    - Linkage to Mental Health Services
    - Linkage to Substance Use Treatment
    - Linkage to Psychiatric Services/Medication Support
    - Linkage and Transportation to MAT/MOUD
    - Linkage to Housing Support
    - Medical Insurance
    - Identification
    - Driver's License
    - Employment
    - Public Assistance Aid
    - Independent Living Skills
    - Prosocial Activities
    - Educational/Vocational



# Questions

- Contact Information

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# CEGU Oranewood

# CEGU Orangewood

**CEGU Orangewood** provides mental health and recovery services to all youth in Orange County that are placed at Orangewood Children and Family Center (OCFC). Social Services Agency places children at this 10-day shelter if when they are removed from their families. The goal is to have these children placed in the least restrictive environment while they work toward reunification with their families. Services include case management, assessment, individual, group and family therapy, psychological testing, psychiatric evaluation and medication support.

All youth are assigned a CEGU clinician.

# CEGU Orangewood

- CEGU Orangewood provides culturally competent mental health services to youth at OCFC and in First Step
- CEGU Orangewood staff continue to serve some youth within the community after they are transitioned out of OCFC to maintain continuity of care, enhance stabilization and ensure successful transition into placement
- CEGU Orangewood staff ensure linkage to appropriate therapeutic services in the community once they have left OCFC
- The program is youth centered and designed to assist in support and guidance of youth through transitions in placement

# CEGU Orangewood

- Clinical services are focused on trauma-informed care
- Special emphasis on youth at risk for psychiatric hospitalization, those who return from psychiatric hospitalization, and those who return after placement disruptions
- Staff collaborate with various service providers on the youth's care team (i.e. psychiatrists, medical staff, social workers, OCFC staff, teachers, probation officers, etc.) to support the youth
- Staff attend client meetings such as Child and Family Team (CFT), Student Intervention Team (SIT), Interagency Placement Committee (IPC), Individualized Education Plan (IEP), and OCFC staffings which aim to ensure the youth's needs are met across all settings

# CEGU Orangewood

- CEGU Orangewood staff:
  - Perform intake assessments screenings in First Step for all incoming youth to support them in the transition process
  - Respond to crisis situations and provide appropriate interventions/de-escalation techniques while also assessing for safety, placing youth on status for additional monitoring, or psychiatric hospitalization hold when necessary
  - Advocate for youth to ensure their emotional and physical needs are being met while they are at OCFC

# CEGU Orangewood

- Staffing
  - 1 Service Chief
  - 1 Psychiatrist
  - 5 Clinical Psychologists
  - 6 Behavioral Health Clinicians
  - 1 Mental Health Worker
- CEGU Orangewood has staff who specialize in services for the Commercially Sexually Exploited Children (CSEC) population

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  - Eye Movement Desensitization Reprocessing (EMDR)
  - Motivational Interviewing
  - Integrative Treatment of Complex Trauma for Adolescents (ITCT-A)
  - Dialectical Behavior Therapy (DBT)



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- Group therapy is available to all youth to foster support and encouragement from one another. Groups include:
  - Substance Use Treatment and Trauma (Seeking Safety)
  - Anger Management
  - Healthy Relationships
  - Word on the Street (CSEC prevention)
  - Mindfulness
  - Ready, Set, Goals
  - Teatime in the Meantime
  - Self-Care
  - Teen Stress Management
  - Independent Living Skills
  - Expressive Arts

# Questions

- Contact Information

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