

Orange County Perinatal Council Meeting Highlights

April 11, 2023

In Attendance:

Robyn Baran, MSN, RN, PHN - Supervising Public Health Nurse II OCHCA-CNSD/Nurse Family Partnership	Jean Millar, MBA, BSN, RN- Executive Director Women's and Children's Institute – Southern California Region
Kristin Boone, Administrative Manager II - MCAH Coordinator OCHCA-CNSD/Community Programs	Ann Mino, MPH - Manager, Population Health Management (Maternal Health) CalOptima Health, A Public Agency
Colleen Brody - HCA Program Supervisor II OCHCA- 17 th St. Testing, Treatment and Care	Megan Montrone, Supervising Public Health Nurse OCHCA-CNSD-PACT/MHRN
Pauline Bui - Division Director OCHCA-Health Promotion and Community Planning Division	Mayra Moreno - Family Specialist CHOC Community Clinic/DULCE
Michele Cheung, MD, MPH - Acting MCAH Medical Director OCHCA-CNSD	Natalie Nguyen, LCSW - Service Chief II OCHCA-CNSD/CP/Adolescent Family Life Program and Cal Learn
Regina Chinsio-Kwong, DO - County Health Officer/Chief of Public Health Services OCHCA	Sarah O'Rourke, MSW, MSPH - Chief Program Officer MOMS Orange County
Dianna Daly - Consultant First 5 Orange County	Sarah Pace, LMFT, PMH-C
Shamiesha Ebhotemen, RN, CLES - Founder/Executive Director HERstory Inc	Arissa Palmer, MHS - Executive Director Breastfeed LA
Ashley English, RN, PHN - Perinatal Care Coordinator OCHCA-CNSD-CP/Comprehensive Perinatal Services Program (CPSP)	Janira Perez - Director of Strategic Program Development MOMS Orange County
Teresa Espino - Family Specialist CHOC Community Clinic/DULCE	Ronilyn Ricaforte, MSN, RN, PHN - Supervising Public Health Nurse OCHCA-CNSD/CP/CHDP/CPSP
Lucy Hernandez - HCA Program Supervisor II OCHCA-CNSD	Marcia Salomon - Supervising Public Health Nurse OCHCA-CNSD/Nurse Family Partnership®
Alicia Hughes - PHN OCHCA-CNSD-Calworks	Skarlet Segundo - Service Chief II OCHCA-Orange County Parent Wellness Program
Amanda Lamont, MPH, CLE - CHA III OCHCA-Nutrition Services/WIC	Hoda Shawky - Consultant First 5 Orange County-Children and Family Commission and La Leche League
Lee Lombardo, LCSW - Associate Executive Director YMCA Community Services	Rona Tagayun - Supervising Public Health Nurse OCHCA/CNSD/PACT
Cynthia Lopez - Family Specialist CHOC Community Clinic/DULCE	Evan Textor - Staff Specialist OCHCA/CNSD
Michelle Lubahn - Project Lead CHOC Community Clinic/DULCE	Lucy Van Otterloo - Executive Director Community Perinatal Network, Regional Perinatal Programs of California
Hawa Mariko - PhD Student UCI Program in Public Health	Bradley Vargas - Administrative Manager II OCHCA-CNSD-Perinatal, Infant and Adult Nursing Programs
Cathy Martinez – Administrative Manager II OC Social Services Nursing Programs	Jessica Wade - MIH Manager March of Dimes-Maternal & Infant Health Initiatives

Welcome, introductions and review of previous meeting highlights:

- Dr. Michele Cheung welcomed all in attendance.
- Attendees signed in via the chat box

Child Abuse Prevention Month – HCA CNSD

- April is Child Abuse Prevention Month
- Kristin Boone will send out suggested resources
 - Focus on resources for communities/families
 - American Academy of Pediatrics standard resource, multiple languages
 - CHOC also has a wealth of resources, offers presentations to groups (free of charge)
English/Spanish
- HCA has our own injury prevention program (safe sleep, drowning prevention, lead, Child car seat safety)
- Safe Kids Worldwide website for different safety topics in English/Spanish, education for clients, home visitation, English/Spanish, interactive activities, and water safety brochure
- Pauline Bui will share the Drowning Prevention Taskforce resources

Birthing Justice Clip and Local Data – Michele Cheung, MD

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- Maternal deaths increasing, especially black maternal deaths
 - Regardless of socioeconomic class
 - Black women are over three times more likely to die than white women in childbirth
- Orange County lower mortality rates than many other regions in California, but still dramatic difference in racial outcomes
- Severe maternal morbidity 78.4 OC overall rate per 10,000 delivery hospitalizations; 106.9 per 10,000 for Black mothers.
- Looking at babies, infant mortality rate in OC higher in blacks
- Preterm births, well over 10% among Black births, highest among race/ethnicity groups in OC
- Low birth weight, also big racial disparity, with Black infants having the highest percentage of LBW.
- *Birthing Justice* film highlights crisis black mothers/infants face in the US, and solutions needed to transform the medical system
 - Showing and discussion tomorrow night (April 12, 2023), at the Behavioral Health Training Center, also on PBS
- HCA meeting with hospitals, clinics and home visiting staff to screen film, increase awareness of disparities

Birthing Justice Discussion and Doula Pilot Program – Shamiesha Ebotemen, HERstory, INC.

- Community Doula program, BIRTH WOMXN OC partnered with MOMS OC and HERstory, Inc
- OC was the only large county without a doula program
- Main barrier is cost, average doula in OC between \$2-4k
- For pilot, services provided free of charge, only buy in, have to take a lactation class, and 4 week education class, ensure commitment
- Monthly support groups, community, mothers due 3-4 weeks of each other
- Cohort 2 currently accepting up to 11 families, BIPOC
- Black, Latinx, indigenous doulas, difficult to find Asian doulas, birth/postpartum services
- Currently have 7 doulas, thorough background checks, trauma informed training
- Provide 3 prenatal visits, delivery, 3 postpartum visits

CalOptima doula benefit – Ann Mino, CalOptima

- CalOptima Health New Medi-Cal Doula Benefit
- Preventative health benefit state wide
- Went live Jan 1, 2023, still in process of contracting doulas
- Doulas have to be approved through DHCS

Updates & Announcements

- **Nurse-Family Partnership®**: Marcia Salomon, Supervising Public Health Nurse & Robyn Baran, Supervising Public Health Nurse – HCA
 - 10 nurses/250 client capacity, current caseload 129 clients, current availability 121 clients
 - 74 referrals since January, increase in Q3 from Q2 from Obstetrical health care provider/clinics and WIC
- **PMAD** – Hoda Shawky, First 5 Consultant
 - Still looking to change name from PMAD to something new
 - Vote at next meeting 4/25, zoom

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- Now a subcommittee under OCPC
- Improve system in OC to better address perinatal mental health. Now expanding, not just mental health of caregivers but of infant as early as possible
- Healthcare workgroup developing training for providers mostly OB/family practice, so more comfortable prescribing medicine for those waiting to see a psychologist/psychiatrist
 - 5/23, webinar, will send save the date flyer
- Training for frontline providers, not mental/medically health trained, engage with families, trauma informed care, what to say, what to look for, how to speak in a trauma informed way, help feel seen, 60/90 minute training, let Hoda know if organization interested

Plans of Safe Care – Dianna Daly, First 5 Consultant

- County was selected to receive 24 months of in-depth technical assistance from National Center for Substance Abuse and Child Welfare, continued support for Family Treatment Task Force, implementing plans of safe care
- Focus on how to create trust, lower discrimination, family centered care; how to measure data, keep children with birth families
- In NFP, one nurse was working with a mom who receiving MAT, and she was able to initiate a plan of safe care, give client opportunity to express fears, strengths. POSC document tool to have conversation, and initiate opportunities, positive experience for both nurse and mother

Breastfeeding – Amanda Lamont, HCA WIC

- Working on increasing breastfeeding rates, going to OBGYN offices, promote WIC, resources, education
- Promoting new Medi-Cal opportunities for moms to access donor milk
- World breastfeeding week in August, larger project/education committee taking input
 - Childcare centers aren't allowing breastmilk (Not allowed to store human fluid) education campaign on laws for safe storage of breastmilk, partnership/campaign
- OC milk collection center
- Lactation accommodation, setup/policies
- Working with other agencies like Planned Parenthood sharing same messages
- Also adolescent breastfeeding curriculum for high schools with programs
- Starting 4/17, lactation educators can take course for free from Santiago canyon college, first 50 people, contact Arissa Palmer for questions
- Next meeting for BF workgroup – TBD – possibly May

Wrap-up – Dr. Cheung, HCA

- Next meeting to be held on July 11, 2023.