

	Organization/Program	Primary Prevention *	Self Management Classes	Exercise Classes	Nutrition Classes	Support Groups	Diabetes Equip. **	ADA Recognized ****	Contact Information	Website	Age/Eligibility	Area	Language	Cost	Paid by ***	
1	American Diabetes Association Community Education & Latino Initiatives	✓	✓	✓	✓	✓		✓	Address: 151 Kalmus Dr. Costa Mesa, CA 92626 Phone: (714) 662-7940 Ext: 7558	<a href="https://www.diabetes.org/">https:// www.diabetes.org/</a>	All Ages	All of Orange County	English, Spanish	No Cost	Private and Corporate Donations	
2	Camino Health Center	✓							Address: 30300 Camino Capistrano San Juan Capistrano, CA 92675 Phone: (949) 240-2272	<a href="https://caminohealthcenter.org/locations/san-juan-capistrano/">https:// caminohealthcenter.org/locations/san-juan-capistrano/</a>	All Ages	San Juan Capistrano, Other South County Cities	English, Spanish, Farsi, German	No Cost  Sliding Scale: \$30, \$40, \$60, \$80, \$200	Medi-Cal, Healthy Families, Child Health Plan, California Kids  Sliding Scale: Private Pay/Grants and Private Donations	
3	Children's Hospital of Orange County	✓	✓	✓	✓	✓	✓	✓	CHOC Children's Endocrine & Diabetes Center At Mary Dick & Allen Diabetes Center Address: 520 Superior Ave. Suite 160 Newport Beach, CA 92663 Phone: (949)-631-2062	<a href="https://www.choc.org/locations/endocrine-diabetes-center-newport-beach/">https://www.choc.org/locations/endocrine-diabetes-center-newport-beach/</a>	18 years and under	All of Orange County	English, Spanish	Some Services No Cost  No Cost  Co-Payment Varies	Grants, Foundations  Medi-Cal, Healthy Families, Child Health Plan, California Kids, AIM  Private Insurance, CCS	
			✓		✓	✓	✓	✓	PADRE Foundation (Type 1 Diabetes) Address: 505 South Main St. 4th floor Suite. 431, Orange CA 92868 Phone: (714) 509-8330	<a href="https://www.padrefoundation.org/">https://www.padrefoundation.org/</a>	18 years or younger; Low-income for no-cost equipment	All of Orange County and All of Southern California	English, Spanish	No Cost	Donor-funded	
			✓	✓	✓	✓			✓	Prevention of Obesity and Diabetes through Education and Resources (PODER) Address: Classes offered at different locations in Orange County Phone: (714) 509-7961	<a href="https://www.choc.org/programs-services/healthy-lifestyle-classes/">https://www.choc.org/programs-services/healthy-lifestyle-classes/</a>	6 - 99 years old	All of Orange County	All Languages, but PODER is taught in English and Spanish	No Cost	Hoag Foundation
		✓	✓	✓	✓	✓	✓	✓	✓	Share Our Selves Address: 1550 Superior Ave. Costa Mesa, CA 92627 Phone: (714)-532-7865 (949) 650-0640 Ex.236	<a href="https://www.shareourselves.org/">https://www.shareourselves.org/</a>	18 years or younger (or families)	All of Orange County	English, Spanish	No Cost	Hoag Hospital Foundation, PADRE Foundation, CHOC
4	Garden Grove Hospital				✓			✓	Address: 12601 Garden Grove Plaza Boardroom Garden Grove, CA 92843 Phone: (714) 537-5160	<a href="https://gardengrovehospital.com/">https://gardengrovehospital.com/</a>	All Ages	All of Orange County	All Languages	No Cost  Co-Payment Varies	Garden Grove Hospital  Private Insurance	
5	Hoag Hospital Mary & Dick Allen Diabetes Center	✓	✓	✓	✓	✓	✓	✓	Address: 520 Superior Ave. Suite 150 Newport Beach, CA 92663 Phone: (949) 764-8065	<a href="https://hoag.org/diabetes">hoag.org/diabetes</a>	18 years or older, Physician referral required for education classes	Offices in Newport and Irvine, Services all of Orange County and Southern California	English; Interpretation Services Available	Varies: cash discounts for non-covered diagnosis or out-of-network  No Cost  Co-Payment Varies	Private Pay  Medicare  Private Insurance	

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	Organization/Program	Primary Prevention *	Self Management Classes	Exercise Classes	Nutrition Classes	Support Groups	Diabetes Equip. **	ADA Recognized ****	Contact Information	Website	Age/Eligibility	Area	Language	Cost	Paid by ***
6	Laguna Beach Community Clinic Diabetes Program	✓			✓		✓		Address: 362 3rd St. Laguna Beach, CA 92651 Phone: (949) 494-0761	<a href="http://www.lbclinic.org">www.lbclinic.org</a>	All Ages	All of OC and other Areas in SoCal, Riverside, LA, etc.	English, Spanish, Vietnamese, Farsi	Sliding scale No Cost	Private Pay Medicare and Medi-Cal
7	Latino Health Access Diabetes Self Management Classes	✓	✓	✓	✓	✓	✓		Address: 450 W 4th Street, Suite 130 Santa Ana, CA 92701 Phone: (714)-542-7792 Ext. 3136 Google Voice #: (714) 988-3346	<a href="https://www.latinohalthaccess.org/chronic-disease-prevention-and-management">https://www.latinohalthaccess.org/chronic-disease-prevention-and-management</a>	16 years and older	All of Orange County	Spanish	No Cost	Funding Sources Vary
8	Memorial Care Medical Group - Fountain Valley	✓	✓		✓	✓		✓	Address: 18035 Brookhurst Street Suite 2100 Fountain Valley, CA 92708 Phone: (877) 696-3622	<a href="https://www.memorialcare.org/locations/memorial-care-medical-group-fountain-valley">https://www.memorialcare.org/locations/memorial-care-medical-group-fountain-valley</a>	18 years and older	All of Orange County	All Languages	Varies	Private Pay
														Call provider for details	Medi-Cal
9	Mission Hospital Diabetes Self Management Classes	✓	✓	✓	✓	✓	✓		Address: 27700 Medical Center Rd. Mission Viejo, CA 92691 Phone: (949) 364-1400	<a href="http://www.providence.org">www.providence.org</a>	All Ages	All of Orange County and other Areas in SoCal	English, Spanish, Farsi, and more	Co-Pay Varies; Sliding Scale	Medicare, Medi-Cal
10	MOMS Orange County Diabetes/Pregnancy Case Management/Education	✓	✓		✓	✓	✓		Address: 1128 W. Santa Ana Blvd. Santa Ana, CA 92703 Phone: (714) 972-2610	<a href="http://www.momsorangecounty.org">www.momsorangecounty.org</a>	Pregnant, Live in Orange County, and participate in Home Visit Program	All of Orange County	English, Spanish, Vietnamese	No Cost	Grants, Medi-Cal Contracts CFCOC Funded, Foundations, and Private Donations
11	Orange County Rescue Mission Healthcare Services: Hurtt Family Health Clinic	✓	✓		✓		✓		Address: 1 Hope Drive, Tustin CA 92782 Phone: (714) 247-0300	<a href="https://www.hurtclinic.org/">https://www.hurtclinic.org/</a>	All Ages; Low-income families	All of Orange County	English, Spanish	Co-Pay Varies; Sliding Scale	Private Pay
														No/Low Cost	Medicare, Medi-Cal
12	Preventive Health Care for Adults			✓					Buena Park Senior and Community Center Address: 8150 Knott Ave. Buena Park, CA 90620 Phone: (714) 236-3870	<a href="https://www.buenapark.com/city_departments/community_services/seniors_adults_50_plus/index.php">https://www.buenapark.com/city_departments/community_services/seniors_adults_50_plus/index.php</a>	60 years and up	All of Orange County	English, Spanish, Korean	No Cost	City and County Funding
					✓				Garden Grove Senior Center Address: 11300 Stanford Ave. Garden Grove, CA 92840 Phone: 714-741-5253	<a href="https://ggcity.org/community-services/h-louis-lake-senior-center">https://ggcity.org/community-services/h-louis-lake-senior-center</a>	55 years and up	All of Orange County, Garden Grove	English, Spanish, Translation Services Available	No Cost	City and County Funding
				✓		✓	✓	✓		Westminster Senior Center Address: 8200 Westminster Blvd. Westminster, CA 92683 Phone: (714) 895-2878	<a href="https://www.westminster-ca.gov/departments/community-services/senior-services">https://www.westminster-ca.gov/departments/community-services/senior-services</a>	50 and up	Westminster	English	No Cost
13	Saddleback Memorial Medical Center Diabetes Clinic	✓					✓		Address: 4050 Barranca Parkway Irvine, CA 92604 Phone: (714) 452-7255	<a href="https://www.memorialcare.org/locations/memorial-care-medical-group-irvine-barranca">https://www.memorialcare.org/locations/memorial-care-medical-group-irvine-barranca</a>	18 years or older; Physician referral required	Fountain Valley, Irvine, Mission Viejo, Long Beach	All Languages	Co-Payment Varies	Private Insurance
														No Cost	Medi-Cal
14	Salud Clinica Medica de Santa Ana	✓					✓		Address: 1617 E. 1st. St., # A Santa Ana, CA 92701 Phone: (714)-246-0000	<a href="http://www.scmclinic.com/">http://www.scmclinic.com/</a>	All Ages	Santa Ana, Orange	English, Spanish, Farsi, Tagalog	Sliding Scale	Private Pay
														Co-Payment Varies	Private Insurance

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15	St. Joseph Heritage Healthcare Center for Health Promotion	✓	✓		✓			✓	Address: 2212 E. 4th St., Suite 301 Santa Ana, CA 92705 Phone: (714) 628-3242	<a href="https://www.psjhmedgro.org/Locations/Santa-Ana-Center-for-Health-Promotion.aspx">https://www.psjhmedgro.org/Locations/Santa-Ana-Center-for-Health-Promotion.aspx</a>	All Ages; Must be under Providence	All of Orange County	All Languages	1st visit No Cost Co-Payment Varies	Medi-Care; Medi-Cal Private Insurance	
16	St. Joseph Hospital	✓		✓		✓	✓		La Amistad Family Health Center Address: 725 W. La Veta Ave. Suite 260 Orange, CA 92868 Phone: (714) 771-8000	<a href="https://www.providence.org/">https://www.providence.org/</a>	All Ages, Low-Income	All of Orange County	English, Spanish	Sliding Scale \$10 No Cost	Hospital Foundations Grants, MSI Grants, Medi-Cal, MSI, ER Medi-Cal	
		✓	Referrals	Referrals	Referrals				Maternal Diabetes and Wellness Center Address: 1140 W La Veta Ave. Suite 805 Orange, CA 92868 Phone: (714) 744-8661	<a href="https://www.providence.org/">https://www.providence.org/</a>	12 and older; Childbearing People	All of Orange County	English Spanish, Interpretation Services Available	No Cost	Medi-Cal, Medicare, CalOptima; Financial Assistance Services Provided	
17	St. Jude Heritage Medical Group		Referrals	Referrals	Referrals	✓	Referrals		St. Jude Heritage Medical Group - Yorba Linda Address: 4900 Prospect Ave. Yorba Linda, CA 92886 Phone: 714-446-7867	<a href="https://www.providence.org/locations/social/yorba-linda-family-medicine">https://www.providence.org/locations/social/yorba-linda-family-medicine</a>	All Ages	Yorba Linda, Placentia, and the surrounding area	English, Spanish, Interpretation Services Available	Varies - Cash Discounts No Cost Co-Payment Varies	Private Pay Medicare Private Insurance	
		✓		Referrals		Referrals	✓		Backs Community Center Address: 201 N. Bradford Ave. Placentia, CA 92870 Phone: 714-446-5100	<a href="https://www.providence.org/">https://www.providence.org/</a>	All Ages	Placentia	English, Spanish	\$10 per visit No Cost	Private Pay Grants, Medi-Cal, Healthy Families, California Kids	
		✓		Referrals		Referrals	✓		St. Angela Merici Catholic Church Address: 585 S. Walnut Ave. Brea, CA 92821 Phone: 714-446-5100	<a href="https://www.providence.org/">https://www.providence.org/</a>	All Ages	Brea	English, Spanish	\$10 per visit No Cost	Private Pay Grants, Medi-Cal, Healthy Families, California Kids	
18	St. Jude Medical Center Community Clinics	✓		Referrals		Referrals	✓		St. Jude Neighborhood Health Center Address: 731 S. Highland Ave. Fullerton, CA 92832 Phone: 714-446-5100	<a href="https://stjudenhc.com/">https://stjudenhc.com/</a>	All Ages	La Habra, Fullerton, Placentia, Brea	English, Spanish, Interpretation Services Available	\$10 per visit No Cost	Private Pay Grants, Medi-Cal, Healthy Families, California Kids	
		✓		Referrals		Referrals	✓		Whitten Community Center Address: 900 S. Melrose St. Placentia, CA 92870 Phone: 714-446-5100	<a href="https://www.providence.org/">https://www.providence.org/</a>	All Ages	Placentia	English, Spanish	\$10 per visit No Cost	Private Pay Grants, Medi-Cal, Healthy Families, California Kids	
19	Sweet Success Program		✓		✓		✓	✓	Coastal Communities Hospital Address: 2701 S. Bristol St. Santa Ana, CA 92704 Phone: 714-327-5257	<a href="http://southcoastglobalmedicalcenter.com">southcoastglobalmedicalcenter.com</a>	14 years and older; Physician Referral Required, Prenatal	All of Orange County	English Spanish, Vietnamese, Interpretation Services Available	Varies No Cost Co-Payment Varies	Private Pay Medi-Cal, CalOptima, Private	

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20	UC Irvine Medical Center				✓				UC Irvine Family Health Center - Anaheim Address: 2441 W. La Palma Anaheim, CA 92801 Suite. 100 Phone: (657)282-6355	<a href="https://www.ucihealth.org/locations/anaheim/family-health-center-anaheim">https://www.ucihealth.org/locations/anaheim/family-health-center-anaheim</a>	All Ages	All of Orange County	English, Interpretation Services Available	Sliding Scale	UC Irvine Medical Center
					✓				UC Irvine Family Health Center - Santa Ana Address: 800 N. Main St. Santa Ana, CA 92701 Phone: 714-480-2443 for referrals 714-456-7002 for appointments	<a href="https://www.ucihealth.org/locations/santa-ana/family-health-center-santa-ana">https://www.ucihealth.org/locations/santa-ana/family-health-center-santa-ana</a>	All Ages	South County and Orange	All Languages	Varies	UC Irvine Medical Center
		✓	✓	✓	✓	✓	✓	✓	UC Irvine Health Care Patient Education Address: 200 S. Manchester Ave. Orange, CA 92868 Phone: (714) 456-8194	<a href="https://www.ucihealth.org/patients-visitors/patient-education">https://www.ucihealth.org/patients-visitors/patient-education</a>	18 years and older	All of Orange County	All Languages	Varies	Private Pay
		✓							UC Irvine Diabetes Prevention Program Address: UCI Health Cardiovascular Center 101 The City Drive South, Pavilion 4 Building 25 Orange, CA 92868 Phone: (714) 456-7514	<a href="https://www.ucihealth.org/events/health-classes/diabetes-prevention-program">https://www.ucihealth.org/events/health-classes/diabetes-prevention-program</a>	See website for program eligibility	All of Orange County	English	No Cost	Covered by most insurances

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Originally compiled by County of Orange Health Care Agency, Public Health Services, Health Promotion Division in collaboration with the Children & Weight Workgroup (September, 2009)  
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This resource is posted on the Orange County Health Care Agency’s Wellness, Safety and Prevention Program webpage.  
The programs listed in this resource guide that serve the population living with Diabetes Mellitus and are provided by independent community service providers and are not in any way part of or affiliated with HCA.  
The HCA does not endorse the programs listed or verify the information provided by the programs is accurate.

This document will be reviewed annually. Please submit any suggestions to [HRL@ochca.com](mailto:HRL@ochca.com).