

COUNTY OF ORANGE  
HEALTH CARE AGENCY  
BEHAVIORAL HEALTH ADVISORY BOARD



Alan Albright  
OC BHAB CHAIR

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**Older Adults Behavioral Health Council**

15 May 2024 / 2:00 – 3:30 p.m.

HCA Training Facility  
750 The City Drive South, Ste #130 / Laguna Room  
Orange, CA 92868

OR

Join Zoom Meeting:

<https://psjhealth.zoom.us/j/7204188516>

Meeting ID: 720 418 8516

Dial by your location / +1 669 900 6833

**MEETING AGENDA**

*Great works are performed not by strength, but by perseverance.  
~ Samuel Johnson*

1. **Welcome, Reflection and Introductions:** Karyl Dupée, Chair
2. **Public Comment:**  
*\*At this time members of the public may address the Chair regarding any item within the subject matter of this board's authority provided that no action is taken on off-agenda items unless authorized by law. Comments shall be limited to three to five (3-5) minutes per person.*
3. **New Business:**
  - A. 1) In order to better ascertain what the actual gaps and needs are in older adult behavioral health services in Orange County and to develop suitable and doable OA Council Goals for 2024, the Council has been reviewing existing services and programs currently available in OC by hearing presentations directly from local providers and contractors.
  - 2) Considering that as a result of Prop. 1 passing, likely a number of Older Adult outreach and prevention services will be cut. Michelle Smith has agreed to review those possible cuts, along with ideas as to how we might look ahead to come up with workarounds or alternatives to those valuable services.
  - 3) Questions to consider asking regarding a 2024 OA Council Goal include:
    - a) What are both the greatest needs and the greatest gaps in behavioral health services for the older adult population in OC?
    - b) What are reasonable / doable services that HCA would be prepared to consider funding?
    - c) What difference might a 'Yes' on Prop 1 make in funding services / programs and housing for older adults?

**Ideas provided during last month's meeting:**

- 1) Idea provided by Dr. Wong, she emphasized education for medical (nursing and tech) staff relevant to neurocognitive disorders in OA.
- 2) Idea provided by Carrie De Laurie - providing education to families / caregivers and medical staff as this is currently lacking. There is also a major gap in appointments for outpatient psych and inpatient beds, as well as stabilization services.
- 3) Dr. Hailemariam - Support for families as some may not have the necessary resources to provide the needed care for their loved ones.
- 4) Natalie mentioned there are no board and cares available for Older Adults.
- 5) Possible follow-up- evaluate current services for OA's in County and County Contracted then bring up where the need is. Then provide a letter of recommendation for those services in a letter to the BHS Director and Board of Supervisors.
- 6) Linda mentioned that Senate Bill 1082, Senator Eggman, Augmented residential Care Facilities.
- 7) Helen Cameron, quantifying the needs of OA who are unhoused and identifying solutions. In addition, providing training for in home support services.
- 8) Karyl asked Hasan about B, C, D - Hasan mentioned gearing more towards housing in light of Prop 1. Karyl asked BHS staff for recommendation on how this committee could advocate. Dr. H mentioned integration and continuing the focus on the INN proposal and housing.
- 9) Continue to focus and emphasize the importance of getting the INN Project ready for presentation to the OAC (State) in early 2025.

**Adjourn / Next Meeting:** Wednesday, 19 June 2024 / 2:00-3:30 p.m. / Zoom and In-Person

\*You may request supporting documentation distributed to the Behavioral Health Advisory Board as related to the agenda items upon request from Karla Perez, [kperez@ochca.com](mailto:kperez@ochca.com) \*In compliance with the Americans with Disabilities Act, those requiring accommodations for this meeting should notify the Behavioral Health Advisory Board's Administrative Office 72 hours prior to the meeting at (714) 834-5481

*“..... that's why the world is round ~ so you can't see where you're going.”  
~Pauline Abbott, PhD ~ Prof. Emeritus of Gerontology, Cal State Fullerton*

## AFTERWARDS ...



Barely the day started and...  
it's already six in the evening.  
Barely arrived on Monday and its already Friday.  
... and the month is now over.  
... and the year is almost over.  
... and already 40, 50 or 60 years of our lives have passed.  
... and we realize that we've lost our parents and friends ...  
and we realize it's too late to go back...

So... Let's try, despite everything,  
to enjoy the remaining time...  
Let's keep looking for activities that we like...  
Let's put some color in our grey...  
Let's smile at the little things in life  
that put balm in our hearts.  
And despite everything,  
we must continue to enjoy with serenity  
this time we have left.

Let's try to eliminate the 'afters'...  
I'm doing it after...  
I'll say after...  
I'll think about it after...  
We leave everything for later  
as if "after " is ours to choose.

Because what we don't understand is that:  
Afterwards, the coffee gets cold...  
Afterwards, priorities change...  
Afterwards, the charm is broken...  
Afterwards, health passes...  
Afterwards, the kids grow up...  
Afterwards, parents get old...  
Afterwards, promises are forgotten...  
Afterwards, the day becomes the night...  
Afterwards, life ends...  
And then it's often too late....

So... Let's leave nothing for later...  
Because 'still waiting' and 'see you later',  
Means we can lose  
The best moments,  
The best experiences,  
The best friends,  
The best family...  
The best day...

The day is Today...  
The moment is Now...  
At this point in any of our lives  
We can no longer afford  
To postpone what needs to be done  
Right Now.

