The following abbreviations are acceptable in EMS documentation (see Pg. 8 for hospital name abbreviations):

• @ at

AAA abdominal aortic aneurysm

Abd abdomen

ABC airway, breathing circulation

abn abnormalabnl abnormalAC antecubital

ACLS advanced cardiac life supportAED automatic external defibrillator

AEMT advanced EMTA-fib atrial fibrillation

ALOC altered level of consciousness

AIDS acquired immune deficiency syndrome

ALS advanced life supportALTE acute life threatening event

AKA also known as OR above the knee amputation

am morning

AMA against medical adviceAMI acute myocardial infarction

Amt amount

AO ambulance operatorAOS arrived on scene

• AOx-- Awake/alert and oriented by -- (also AAOx--)

APA automatic paramedic alarm
 APGAR newborn assessment scale
 APS Adult Protective Services

ASA aspirin

ASHD arteriosclerotic heart disease

B&C Board & Care facility

• BB back board

BBB bundle branch blockBG blood glucose

BH base hospital

BHC base hospital contact
 BHO base hospital order

BIB brought in byBilat bilateral

BKA below the knee amputation

BLS basic life support
BM bowel movement
BOW bag of waters
BP blood pressure
BR bathroom
BRB bright red blood

BRUE brief resolved unexplained event

BS breath sounds, blood sugar (use with caution))

• BSA body surface area

BTB back to bedBVM bag valve mask

CA cancer

CABG coronary artery bypass graft
 CAD coronary artery disease
 Cath catheter, catheterization

Cc or c/c chief complaint

• CHF congestive heart failure

• cm centimeter

CMS circulation, motor, sensation (see also PMS)

CNS central nervous system

c/o complains of
CO carbon monoxide
CO2 carbon dioxide

• COPD chronic obstructive pulmonary disease

• CP chest pain

CPAP continuous positive airway pressureCPR cardiopulmonary resuscitation

CSF cerebral spinal fluidC-spine cervical spine

CSM circulation, sensation, movementCT scan computerized axial tomography scan

CT chest tube

CVA cerebral vascular accidentCVRC cardiovascular receiving center

CXR chest x-ray

• D₁₀ 10% dextrose

d/c discontinue, discharged

 DCAP-BLTS – deformities, contusions, punctures/penetrations, burns, tenderness, lacerations

Diff difficulty, or "diffocele", as in "C. diff" infection

DM diabetes mellitus
DNR do not resuscitate
DOA dead on arrival
DOB date of birth

DOE dyspnea on exertion
 DTs delirium tremens
 DVT deep vein thrombosis

Dx diagnosis

EB east bound

EBL estimated blood loss
 ECG electrocardiogram
 ED emergency department
 EJ external jugular
 EKG electrocardiogram

EMS Emergency Medical ServicesEMT Emergency Medical Technician

ER emergency room

ERC emergency receiving center
 ET(#) emergency transport (#)
 ETA estimated time of arrival

ETOH ethyl alcohol
 ET or ETT endotracheal tube
 ETA estimated time of arrival

Eval evaluationExt external

F female, Fahrenheit
 FB foreign body
 FC,F/C,f/c fluid challenge
 FD fire department
 FROM full range of motion

Fwy freewayf/u follow upfx fracture

G gravida GB gall bladder

GCS Glasgow coma scaleGI gastrointestinal

• gm grams

GSW gun shot wound

gtt dropsGU genitourinaryGYN gynecology

• H/A headache

HEENT head, ears, eyes, nose, throat
 HIV human immune-deficiency virus

Hosp hospital heart rate HR hr, hrs hour, hours ht Height HTN hypertension Hx history above, high Hyper-Нуроbelow, low

ICHART acceptable mnemonic for narrative documentation

ICP intracranial pressure
 ICS intercostal space
 ICU intensive care unit

IM intramuscular (better to say whole word)
 IN intranasal (better to say whole word)

• IO intraosseous

• IUP intrauterine pregnancy

IV intravenousIVP intravenous push

J joules

• JVD jugular venous distention

KCL potassium chloride

Kg kilogramsKVO keep vein open

L literL, lt left

L&D labor and delivery

Lab laboratory
Lac laceration
Lat lateral
lb pound(s)

LBBB left bundle branch block
 LLE left lower extremity
 LLL left lower lobe
 LLQ left lower quadrant
 LMP last menstrual period

• LOC level or loss of consciousness

L-spine lumbar spine
LUE left upper extremity
LUL left upper lobe
LUQ left upper quadrant

LVAD left ventricular assist device

M male

mA milliamperes, milliamps
 MAE moves all extremities
 MAEW moves all extremities well

max maximumMC motorcycle

MCA motorcycle accident

• mcg micrograms

MCI Mass casualty incident
 MCL mid-clavicular line
 MD physician, medical doctor

MDI metered dose inhaler

Med(s) medication(s), medicine(s), medicated

mEq milliequivalent

• meth methamphetamine(s)

• mg milligram

MI myocardial infarction
 MICN mobile intensive care nurse

min minimum, minutes

MIVT mechanism of injury, injuries seen, vital signs, treatment provider

mL millilitersMod moderate

MOI mechanism of injury

MRI magnetic resonsance imaging

MVA motor vehicle accident not applicable n/a, N/A NaBicarb sodium bicarbonate NAD no apparent distress NaHCO3 sodium bicarbonate Narc narcotic(s) NB north bound NC nasal cannula Neb nebulizer, nebulized Neg negative (avoid using the "-" sign) NG nasogastric no known allergies NKA NKDA no known drug allergies nl normal NP nurse practitioner npo nothing by mouth NRB non-rebreather mask NS normal saline NSR normal sinus rhythm NTG nitroglycerine n/v nausea, vomiting n/v/d nausea, vomiting, diarrhea 02 oxygen O2 sat oxygen saturation by pulse oximeter OB obstetrics, obstetrical physician obstetrics/gynecology OB/Gyn **OBS** organic brain syndrome OD overdose, right eye (oculo dexter) ODT oral dissolving tablet OG orogastric oropharyngeal airway OPA OPQRST onset, provoking factors, quality, radiation, severity, time OS left eye (oculo sinister) - not to be used as "on scene" - see "AOS" **OSVS** orthostatic vital signs (avoid "orthos") OTC over the counter OU both eyes Oriented times ---Ox--Р para, pulse PΑ physician assistant PAC premature atrial contraction Palp palpation **PALS** pediatric advanced life support PCN penicillin PCP primary care physician PCT patient contact time PD police department

physical exam, pulmonary edema, pulmonary embolus

pulseless electrical activity

PΕ

PEA

Ped(s) pediatric(s), pedestrian(s)
 PERL pupils equal, reactive to light

PERRL pupils equal, round, reactive to light

PERRLA pupils equal, round, reactive to light, accommodation

PJC premature junctional contraction

• pm evening, paramedic

PMD private/personal medical doctor

PMH past medical history

PMS pulses, motor, sensation (see also CMS)

• po by mouth

POC position of comfort, products of conception (use with caution)

POLST physician's orders for life sustaining treatment

post posterior, after

POV privately owned vehicle

PQRST provoking factors, quality, radiation, severity, time

Prim primaryprn as neededpn pain

PPV positive pressure ventilation

PTRC paramedic trauma receiving center

PSI passenger space intrusion

PSVT paroxysmal supraventricular tachycardia

• Psych psychialtric

Pt PT patient, physical therapy

• PTA prior to arrival

• Pulse ox Pulse oximetry (avoid using "PO")

PUTS patient unable to sign

• PVC premature ventricular contraction

R, rt right, respirationsRehab rehabilitation

Resp respiratory, respirations
 RLE right lower extremity
 RLQ right lower quadrant
 RN registered nurse

r/o rule out

ROM range of motion
RR respiratory rate
RSR regular sinus rhythm
RUE right upper extremity
RUQ right upper quadrant
RX therapy, prescription

Sat/sat saturation

SB sinus bradycardia, south bound

Sec seconds, secondarySFR single family residence

SIDS sudden infant death syndrome

SL saline lock, sublingual
 SMR spinal motion restriction
 SNF skilled nursing facility

SNRC stroke-neuro receiving center
 SO standing order, Sheriff's office/officer
 SOB shortness of breath, short of breath

• SpO2 oxygen saturation by pulse oximeter

SR sinus rhythm
 SRW sting ray wound
 s/s or s/sx signs and symptoms
 ST sinus tachycardia

START simple triage and rapid treatmentSVT supraventricular tachycardia

SW stab woundsx signs, symptoms

sz seizure

• T temperature

Tach(y) tachycardia, tachycardicTAH total artificial heart

TC traffic collision, trauma centerTCP transcutaneous pacemaker/pacing

• TIA transient ischemic attack

TKO to keep open
Trans transport, transfer
TV tidal volume

Tx treatment, transport

• Unk unknown

• UOA upon our arrival

URI upper respiratory infection
 UTI urinary tract infection
 UTL unable to locate

VAD ventricular assist device

Vag vaginal

VF ventricular fibrillationV-fib ventricular fibrillation

Vol volumevs versusVS vital signs

VT ventricular tachycardiaVTach ventricular tachycardia

• w/ with

WB west bound
W&D warm and dry
wk week (not "weak")
WNL within normal limits

• w/o without

• WPW Wolff-Parkinson-White syndrome

wt weight

xferr(ed) transfer(red)

xfr transferxport transported

y/o, yo years oldyr(s) year, years

Approved hospital name abbreviations

AGMC Anaheim Global Medical Center
 ARMC Anaheim Regional Medical Center
 CGMC Chapman Global Medical Center
 CHOC Children's Hospital of Orange County
 FRMC Foothill Regional Medical Center
 GGMC Garden Grove Medical Center

HHI Hoag Hospital Irvine

HMHP Hoag Memorial Hospital Presbyterian

HBH Huntington Beach Hospital
 KPA Kaiser Permanente, Anaheim
 KPD Kaiser Permanente, Downey
 KPI Kaiser Permanente, Irvine

LPIH La Palma Intercommunity Hospital
 MH LB Mission Hospital Laguna Beach

MHRMC Mission Hospital Regional Medical Center
 OCMMC Orange Coast Memorial Medical Center
 OCGMC Orange County Global Medical Center
 SMMC Saddleback Memorial Medical Center
 SCGMC South Coast Global Medical Center

SJH St. Joseph Hospital
 SJMC St. Jude Medical Center
 WAMC West Anaheim Medical Center
 UCI-FV UCI Health – Fountain Valley
 UCI-LA UCI Health – Los Alamitos

UCI-PL UCI Health – Placentia Linda
 UCI UCI Medical Center

- The following abbreviations should be used with caution as they may have multiple meanings
 - BS breath sounds, blood sugar

COA complaint on arrival, condition on admission, conditions of admission
 HP hospital, hip, Hewlett Packard, Hoag Presbyterian, Highway Patrol

MS morphine sulfate, multiple sclerosis
OS on scene, oculo sinister (left eye)

PLOT plot, parking lot, private lot

POC position of comfort, products of conception
 PR private residence, primary, probable, per rectum

 SED sexual enhancement drugs, serious emotional disturbance, sedating/sedation, seeing eye dog

- The following abbreviations are not acceptable and may not be used:
 - Any "Emoji"
 - Qd Best practice is to spell out "daily" or "every day"
 - U Best practice is to spell out "unit" or "units"
 - Use of "-" (dash) as to mean "negative" or "without"

- Use of 1 or 2 to mean primary or secondary.
- Use of decimals
 - Trailing zeroes are NOT recommended. Use 1mg, not 1.0mg
 - Leading zeroes ARE recommended. Use 0.3 mg, not .3 mg

References:

The Joint Commission (2016). Facts about the Official "Do Not Use" List of Abbrevations. Institute for Safe Medication Practices (2015). ISMP's List of Error-Prone Abbreviations, Symbols, and Dose Designations.

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