

# Behavioral Health Services June 2024 Highlights/Events

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## Community Events

### June 2024 Upcoming Events

- June 1 - Angels Baseball/Softball Clinic (Youth Clinic) - D2
- June 1 - Queer Prom-A Queer Revival - D2
- June 3 - Angel's Baseball Promotional Activation: Tabling Event - D2
- June 4 - Council on Aging Mental Health Community Events Art Class - Multi Media Art - D2
- June 4 - Learn about the Opioid Crisis, Fentanyl and Naloxone - SPANISH - D5
- June 4 - Aliso Viejo Opioid Forum - D5
- June 5 - Happy Wellness Hour-Yoga and Uplift Youth Foundation - D5
- June 6 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D4
- June 6 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D4
- June 7 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D1
- June 7 - Angel's Baseball Promotional Activation: Tabling Event - D2
- June 8 - CalOptima Health Event - D5
- June 8 - Angel's Baseball Promotional Activation: Tabling Event - D2
- June 9 - Angel's Baseball Family Sundays: Tabling Event - D2
- June 11 - Council on Aging Mental Health Community Events Art Class - Multi Media Art - D2
- June 11 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D2
- June 12 - Council on Aging Mental Health Community Events Art Class - Circle Painting - D5
- June 12 - Council on Aging Mental Health Community Events Art Class - Circle Painting - D1
- June 13 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D4
- June 13 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D4
- June 13 - Super Smash Bros Gaming Tournament at the Radiant Youth Drop In Center - D3
- June 14 - Huntington Beach Pier Fentanyl Campaign Video/Photo Shoot - D1
- June 14 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D1
- June 15 - Angels Baseball Play Ball Weekend - D2
- June 15 - Juneteenth Festival - D2
- June 18 - FSS-AS Contractor Resource Fair - D2
- June 18 - Council on Aging Mental Health Community Events Art Class - Multi Media Art - D2
- June 20 - Lets
- June 20 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D4
- June 20 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D4
- June 20 - Wellness on Wheels! A Juneteenth Celebration - D1
- June 21 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D1
- June 22 - Community Resources Fair - D2
- June 22 - "Laugh Rx" Comedy Training Workshop: General Mental Health - D5
- June 25 - Council on Aging Mental Health Community Events Art Class - Multi Media Art - D2
- June 25 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D2
- June 25 - The Hope Card Project with West Clinic - D1
- June 25 - Pride Event at Wellness Center Central - D2
- June 26 - Council on Aging Mental Health Community Events Art Class - Circle Painting - D1
- June 27 - Connect-OC Coalition Meeting - D2
- June 27 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D4
- June 27 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D4
- June 27 - Pride Night at the Radiant Youth Drop In Center - D3
- June 27 - "Reclaiming the Journey" Documentary Screening - D2
- June 28 - Council on Aging Mental Health Community Events Art Class - Acrylic Painting - D1
- June 28 - 7th Annual Life Options Expo - D1

June 28 - APAIT Social Drop-In Hours - D2  
 June 28 - Men's Mental Health - D1  
 June 29 - Illustrating Your Pride! Youth Art Gallery Show - D2  
 June 29 - Angel's Baseball 5K Run: Tabling Event - D2  
 June 30 - Angel's Baseball Family Sundays: Tabling Event - D2

### **July 2024 Upcoming Events**

July 1 - Emotions and Chronic Diseases/Las emociones y las enfermedades crónicas - D2  
 July 3 - U.S. VETS Art of Valor - Art Therapy Workshop #8 - D3  
 July 4 - Mission Viejo Fourth of July Street Faire - D3  
 July 7 - LHA Understanding Mental Health Stigma Workshop - D2  
 July 11 - Angel's Baseball Promotional Activation: Tabling Event - D2  
 July 12 - Farmer's Market Wellness Event - D2  
 July 12 - Abrazar's Thriving and Vibing Community Block Party - D2  
 July 13 - Angel's Baseball Promotional Activation: Tabling Event - D2  
 July 13 - Rossmoor Family Festival - D1  
 July 14 - Angel's Baseball Family Sundays: Tabling Event - D2  
 July 17 - U.S. Vets Art of Valor - Art Therapy Workshop #9 - D3  
 July 18 - LHA What can I do when I have a big problem in my life? Workshop - D4  
 July 19 - HCA Career Fair - D2  
 July 19 - U.S. Vets Beach BBQ - D5  
 July 21 - Community Wellness Fair - D2  
 July 28 - LHA Dachshund Races - D1  
 July 28 - Angel's Baseball Family Sundays: Tabling Event - D2  
 July 28 - Santa Ana Mayor Valerie Amezcuca's Back to School Resource Fair  
 July 31 - U.S. VETS Art of Valor - Art Therapy Workshop #10 - D3

## **Program Highlights**

### **Adult & Older Adult Services (AOA):**

- Intensive Outpatient (FSP & PACT): In June, TAO Central FSP held a summer graduation ceremony for 9 of their graduates. The ceremony was well attended with 50 other members and 15 family members coming out to provide support and celebrate the accomplishments of these graduates. Project SHINE-OC FSP has enrolled over 100 members since implementation in September 2023 and has seen an increase in member participation at their weekly on site cooking group. Santa Ana PACT is providing more groups with three new ones offered in June.
- Outpatient: Santa Ana Adult Mental Health Clinic is moving to 200 W. Santa Ana Street, 10th floor as of Monday, July 21st all services will be provided in the new location.
- Recovery Services: CalWORKs services were going to conclude effective June 30, 2024; however, as of June 26, 2024, we were notified services will be continuing.

### **Children & Youth Services (CYS):**

- Effective June 1, 2024, Pathways Community Services has changed their name to "Clarvida." The name change comes from wanting to build strong name recognition across the country with the goal of serving more clients and families. Clarvida currently has 27 brands across the country and by adopting one name, the goal is to have a greater impact on the communities they serve.

- Waymakers Guidance Center hosted their first summer hours field trip of the year by taking participants and their families to Long Beach for a day of water bike riding. They also introduced additional music classes, yoga classes, cooking classes and two campus tours to University of California, Irvine.
- OC Center for Resiliency, Education, and Wellness (OC CREW) and CYS PACT completed a three-day training on Multi-Family Group Intervention with the PIER (Portland Identification and Early Referral) Training Institute. The PIER Model of early detection and intervention for mental illness promotes a family-centered approach to treatment. This will improve the quality of our treatment services to youth experiencing their first episode of psychosis, increase family engagement and improve adherence with treatment recommendations.
- New Alternatives Inc. (NAI) Wraparound program held their annual Family Park Day on Memorial Day. The families enjoyed hamburgers, hot dogs, refreshments, and desserts while engaging in bonding activities such as soccer, card games, water games, and a flying airplane competition. Families won prizes that they could utilize at home to continue enhancing and strengthening relationships. The staff helped facilitate the activities to assist the parents/caregivers create a fun and safe environment for the youth. There were over 40 youth plus their families in attendance! This is an annual event for NAI Wraparound that occurs on Memorial Day each year which gives everyone an opportunity to engage in a family friendly event to build rapport and create wonderful memories.
- Behavioral Health Services staff with Clinical Evaluation Guidance Unit (CEGU) Probation have rolled out The Matrix Model for Criminal Justice Settings in numerous units within Orange County Juvenile Hall and Youth Leadership Academy. The Matrix Model provides youth in a variety of correctional settings, including probation programs, with the structure of an evidence-based treatment experience and combines education on both substance use and criminal thinking and behaviors. CEGU Probation is honored to be the only program in the State of California that offers this treatment model to fidelity with incarcerated youth to further promote positive change and recovery.

### Crisis & Acute Care (CAC)

- Crisis & Acute Care will be opening a Request for Proposal (RFP) in July. This solicitation will be for contracted Adult Crisis Residential Services for the Central Region located in a County owned facility. Program will serve Orange County residents, including adults between the ages of eighteen and fifty-nine (59), including Transitional Age Youth (TAY) between the ages of eighteen (18) and twenty-five (25), who are experiencing a mental health crisis, may have a co-occurring disorder, at risk of hospitalization, who could safely benefit from this level of care and are amenable to services.
- As part of the Mobile Crisis Benefit requirements and the onboarding of new Mental Health Specialist (MHS) and Mental Health Worker III (MHW III) positions, the Crisis & Acute Care Crisis Assessment Team (CAT) team is implementing a new standardized onboarding process to support all new staff and existing staff to ensure a uniform base competency for crisis evaluation for all populations. This new all-inclusive onboarding plan will be implemented starting on 7/01/2024.
- CAC continues to partner with the city of Fullerton to finalize the MOU for Behavioral Health Clinician Program to assist Fullerton Police Department in providing immediate assessment, referral, linkage and/or transport to individuals presenting in behavioral

health crises in the City of Fullerton community. In anticipation, interviews of potential candidates have been completed and are in the background clearance process.

### **MHSA Program Planning and Administration**

- On Friday June 14<sup>th</sup>, 14 HCA employees and/or contract providers completed the 80-hour, 2-week Peer Support Specialist training culminating in a celebration with keynote speaker, Dawn Smith. This training is a state approved training that can help these individuals with Peer Support certification. Information shared with communications and an article to highlight the event is being developed.
- Community Planning Activities: During the June 2024 PAC Meeting, Innovation Projects (INN) Staff presented a summary of community feedback on Progressive Improvements for Valued Outpatient Treatment (PIVOT) components and Psychiatric Advance Directives (PADs) Phase II. Staff also met with Directors to discuss the PIVOT concept and identify champions for each component to help develop concepts. The PIVOT concept will also be presented at the June State MHSA Coordinators meeting to identify interested counties who would like to participate/partner with OC.
- BHTS supported placement of 20 summer interns placed across HCA (16 in BHS) to expose and increase interest in pursuing careers in BHS.
- Focus groups and surveys will be done with BHS staff starting in August to help inform the creation of the leadership development curriculum for BHS staff interested in moving into leadership roles.
- OWSP staff attended and tabled multiple events each week, including OC HCA's Pawsitive Minds Beach Day in Huntington Beach, and continued efforts around the Hope Card Project, conducting four Hope Card events.
- OWSP, in partnership with twelve community organizations, wrapped up annual Mental Health Community Education Events this June. The events provided diverse community members the opportunity to take part in a variety of engaging, creative, and culturally informed activities including MH education and resources, including: NAMI OC's stand-up comedy workshops, Allianza's Annual Miss Hermosa Y Empoderada Beauty Pageant, or Sowing Seeds traditional Chinese song and poetry writing workshops.
- K.C. Pickering is being given an award by the California Medical Association (CMA) for his work with CME program in Orange County.

### **Outreach and Engagement (O&E)**

- In the last thirty days, OC O&E has had six new Mental Health Specialist start the program. This is a direct result of the hiring fairs that HR has been holding and that OC O&E has been participating in. OC O&E now has only a 12% vacancy rate.
- OC O&E received Fentanyl Test Strips last month and has since started distributing to the community. This in addition to the provision of Kloxxado will be a successful harm reduction tool.
- OC Outreach & Engagement and Jail to Community Re-Entry Program (JCRP) participated in a case presentation at OCCJCC regarding the SOCDIS platform. This presentation showcased the SOCDIS program for the National Association of Counties and displayed how collaboration among departments can increase the likelihood of a client's success.

- To represent the programs more accurately and comprehensively within the division to include re-entry and O&E, this service area will be titled: BHS Navigation, effective July 1, 2024.

### **Substance Use Disorder (SUD):**

- The Villa and Woodglen Daylight will no longer provide residential treatment effective July 1, 2024. Sober Solutions and Recovery Beach is anticipated to begin providing services July 1, 2024. Residential Treatment Services does not anticipate any significant delays to treatment.
- Activities are underway to expand the Fentanyl is Forever media campaign. Four new videos will be created. Production and shooting began this month featuring the backdrop of the Huntington Beach pier.
- Many cities that passed their opioid settlement dollars to the County are interested in promoting the Fentanyl is Forever campaign. Requested items include posters, car clings, social media content and messages for a digital marquee.

### **Community Education Presentations**

- SUD provided education and distributions at:
  - Aliso Viejo Opioid Forum Event, Aliso Viejo 06/04/24
  - CalOptima Health Costa Mesa Community Resource Fair, Costa Mesa 06/08/24
  - Mobile Neighborhood Pop-up Event- District 1, 06/11/2024, Anaheim
  - Juneteenth Festival Event, Anaheim 06/15/24
  - Mobile Neighborhood Pop-up Event- District 3, 06/18/2024, Anaheim
  - Mobile Neighborhood Pop-up Event- District 5, 06/20/2024, Anaheim
  - Community Health & Resource Fair, Anaheim 06/22/24
  - Fentanyl Education and Naloxone Training, OC Park Rangers, Irvine, 06/17/24 & 06/27/2024
  - Fentanyl Education and Naloxone Training, Lake Forest Public Safety Meeting, 06/25/24

### **HIGHLIGHTS of the Month**

- AOA - Community Counseling and Supportive Services (CCSS): Client came to CCSS due to symptoms of PTSD (hypervigilance, fear and anxiety around men, flashbacks, feelings of unsafety) resulting from childhood trauma and history of intimate partner violence relationships. Client has been actively engaged throughout her time in treatment and is committed to improving her mental health and overall wellbeing. Client has engaged in EMDR work to reduce emotional reactivity to past traumatic experiences and consistently utilizes resourcing and coping skills outside of sessions to manage her mood. Over the course of the last 12 months, the client has reported a significant reduction in hypervigilance and can now actively engage in conversations with male co-workers without going into a fight-flight-freeze response. Client reports that she feels she can now put the past in the past and stated she feels therapy has given her permission to start exploring who she is outside of the trauma she experienced. Client reported in her last session that she is smiling and laughing more with her daughter and able to relax at home without feeling anxious and on-edge that something bad is going to happen. Through exploration with her therapist, the client was able to recall some positive memories of her childhood and rediscover her passion for dance. The client has

even enrolled and attended some dance classes at a local community center to connect back with herself and her body.

- AOA - OC4Vets: Veteran in the lobby awaiting service with VSO, had a panic attack, and was in distress over life situations. During his distress, he called the crisis line, who dispatched sheriff deputies. OC4Vets clinicians worked together to de-escalate the veteran - SC was off this day. When sheriff deputies arrived, they were no longer needed, additionally CAT team who had been called, was cancelled. If not for the intervention of the clinicians, this could have gone down a whole different way. The veteran was able to walk away with his dignity.
- CAC: PERT clinician Hector Varela was involved in a Crisis response where his law enforcement partner administered 8mg of Naloxone to an individual at a bus depot in the city of Fullerton. Client had received two 4mg dosages prior to the arrival of the PERT unit which was not enough to reverse the Overdose. Upon arrival, Hector was able to provide his 8mg supply of Naloxone to his officer to administer which reversed the overdose and saved the individuals life. The individual was safely transported via Fire to the hospital.
- MHSA: On June 21, 2024, the Young Adult Court Innovation Project graduated four young men from the program. Senator Umberg was present at the graduation to personally congratulate the young men and highlight the impact of the YAC project. The young men who participate in, and successfully complete, YAC services have their felony charges cleared. There are a total of 35 YAC graduates since the program began.
- OC O&E staff met with an unhoused male who has been homeless for several years. OC O&E staff placed him in shelter twice, but he had difficulty with his placement due to behaviors that resulted from his mental health condition. After several conversations with OC O&E staff, the participant agreed to attend the Santa Ana Mental Health Clinic and got involved in their support groups. As a result, he was referred to Behavioral Health Bridge Housing and he is attending classes at North Orange Continuing Education and continuing to follow up with his mental health treatment.
- JCRP met with a client who had been in and out of custody on multiple occasions. The team developed rapport and was able to identify his needs upon discharge. JCRP completed a referral form for Friendship Shelter and collaborated with OC O&E to send the referral in as they are the gate keeper for Regional Care Coordination. During the client's incarceration, JCRP collaborated with him in building insight of how he can navigate resources in the community upon release and he was agreeable to linkage with a community provider for care coordination. JCRP placed a notification to hold and coordinated with the provider for a warm hand off.