



# ORANGE COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

ALAN V. ALBRIGHT, LMFT  
CHAIR  
FRED WILLIAMS, LMFT  
VICE CHAIR

MAILING ADDRESS 405 W. 5<sup>TH</sup>  
STREET SANTA ANA, CA 92701  
<http://www.ocalthinfo.com/bhs/about/mhb>

## Children and Youth Committee Meeting NOTES

Monday, June 10, 2024  
1:00 p.m. – 2:00 p.m.

### **\*In-Person meeting**

405 W. 5<sup>th</sup> Street., Room 202, Santa Ana, CA 92701

### **Hybrid Option:**

<https://us06web.zoom.us/j/82235220417?pwd=7hLS2a2R8wRnJ8jZoW75SGpmgPmNzh.1>

Meeting ID: 822 3522 0417

Passcode: 293846

**1:00 – 1:05 p.m.**

**Welcome & Introductions**

**Kristen Pankratz**

Members Present: Kristen Pankratz, Alan Albright, Lina Smith

Members of the public: Monique Rodriguez, Marcy Garfias, Tiffany Alba, Rodolfo Gomez

Staff: Alicia Lemire, Michelle Smith, Karla Perez

**1:05 – 1:10 p.m.**

**Public Comment: N/A**

**1:10 – 1:55 p.m.**

**Scheduled Discussion Items:**

- **Overview on Well Space-** Mayu Iwatana  
Mayu provided a comprehensive overview on Well Spaces which are a space on campus that is accessible by students and can assess for intensified supports if needed. This space is open before and after school as well as lunch time and include mental health trained staff. The youth experience learning social and emotional learning builds life skills, many activities such as journaling, mindful coloring, mindfulness apps, gratitude wall amongst others. There are data measures for the Student Well Space Evaluation, Mayu provided data parameters. Well Spaces are dedicated primarily for High Schools and expanding to middle schools. There are some elementary schools who have reached out for help and ideas to incorporate into their schools.
- “Conditions of Children” Report and Discussion about youth suicide rates:  
Monique- Developed a suicide prevention 101 for their educators to identify the signs and recognize the signs and have a good foundation. She mentioned that certain schools have suicide risk assessments.

Linda asked to follow up on the suicide rates in OC, to see if they have declined since the release of the Conditions of children report. Alicia Lemire will follow up.

**1:55 - 2:00 p.m.            Announcements**

**2:00 p.m.                    Adjourn**

**Kristen Pankratz**

\*In compliance with the Americans with Disabilities Act, those requiring accommodations for this meeting should notify the Behavioral Health Advisory Board's Administrative Office 72 hours prior to the meeting at (714) 834-5481\*

You may request supporting documentation distributed to the Behavioral Health Advisory Board as related to the agenda items upon request from Karla Perez, [kperez@ochca.com](mailto:kperez@ochca.com)