



# FAMILIES GROW HEALTHY WITH WIC



## WIC Income Guidelines

Number of Persons in Family Unit	Annual (Before Tax)
2	\$39,128
3	\$49,303
4	\$59,478
5	\$69,653

April 1, 2025 to June 30, 2026

*\*Income guidelines change annually.*

*Unborn children are counted in family total.*

## WIC offers families at no cost:

- WIC card to buy healthy foods
- Nutrition and health information
- Referrals to health care and other community resources
- Breastfeeding support

California Department of Public Health/WIC contracts with the following agencies to deliver WIC services in Orange County.

Camino Health Center  
Affiliated with Mission Hospital



## What is WIC?

The Women, Infants, and Children (WIC) Supplemental Nutrition Program is for individuals who are pregnant, breastfeeding, or who have had a recent pregnancy loss; and for children under 5 years old.



**Working families and Migrants are welcome to apply!**

**To learn more and see if you qualify, visit:**

**[www.MyFamily.WIC.ca.gov](http://www.MyFamily.WIC.ca.gov)**

**For WIC information and office locations call:**

**1-800-852-5770**

WIC is an equal opportunity provider

July 2025