

## Orange County Breastfeeding Resources

| Provider Name/Contact Information                                                                                                                                      | Services |            |                |                 | Multicultural Education Materials | Electric Pumps Rent/Loan | *Credentials CLE, CLC, IBCLC | Breastfeeding Helpline                                        | Language                                                                        |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|------------|----------------|-----------------|-----------------------------------|--------------------------|------------------------------|---------------------------------------------------------------|---------------------------------------------------------------------------------|
|                                                                                                                                                                        | Prenatal | Postpartum | 1:1 Counseling | Peer Counseling |                                   |                          |                              |                                                               |                                                                                 |
| Orange County Health Care Agency<br>Public Health Community<br>Nursing/Lactation Clinic 714-834-8363<br><a href="http://www.ochealthinfo.com">www.ochealthinfo.com</a> | X        | X          | X              |                 |                                   |                          | CLE                          | 714-834-8363<br>English/Spanish<br>714-896-7375<br>Vietnamese | Spanish/ Vietnamese<br>Translator Line & Sign<br>Language Services<br>Available |
| La Leche League 877-laleche/877-452-5324 <a href="https://lila.org/">https://lila.org/</a>                                                                             | X        | X          | X              | X               | X                                 |                          |                              | 877-452-5324<br>Toll-free LLL 24/7<br>Breastfeeding Helpline  | Online:<br>Spanish/Chinese/<br>Italian/Russian and<br>other                     |
| Office on Women's Health National Women's<br>Health & Breastfeeding Helpline<br><a href="https://www.womenshealth.gov">https://www.womenshealth.gov</a>                | X        | X          | X              | X               |                                   |                          |                              |                                                               | Spanish                                                                         |

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| City/Area                               | Provider Name/Contact Information                                                                                                                        | Services |            |                |                 | Multicultural Education<br>Materials | Electric Pumps Rent/Loan | *Credentials CLE, CLC, IBCLC | Breastfeeding<br>Helpline                          | Language                                   |
|-----------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|----------|------------|----------------|-----------------|--------------------------------------|--------------------------|------------------------------|----------------------------------------------------|--------------------------------------------|
|                                         |                                                                                                                                                          | Prenatal | Postpartum | 1:1 Counseling | Peer Counseling |                                      |                          |                              |                                                    |                                            |
| Community-Based Breastfeeding Resources |                                                                                                                                                          |          |            |                |                 |                                      |                          |                              |                                                    |                                            |
| Countywide                              | MOMS Orange County 714-972-2610<br>1128 W. Santa Ana Blvd, Santa Ana, CA 92703<br><a href="http://www.momsorangecounty.org">www.momsorangecounty.org</a> | X        | X          | X              | X               | X                                    | X                        | CLE                          | 714-972-2610                                       | Spanish/<br>Vietnamese                     |
| Northern CA                             | San Jose Mother’s Milk Bank Phone: (408) 998-4550<br>Toll-free: (877)375-6645<br><a href="http://www.mothersmilk.org">www.mothersmilk.org</a>            |          |            | X              |                 | X                                    | X                        | CLC/<br>CLE                  | For donors and recipients only, referred by staff. | Spanish/<br>Vietnamese/<br>Chinese/ Korean |

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|                                           |                                                                                                                                                          | Prenatal | Postpartum | 1:1 Counseling | Peer Counseling |                                   |                          |                             |                                                                |                                                        |
| WIC Program Based Breastfeeding Resources |                                                                                                                                                          |          |            |                |                 |                                   |                          |                             |                                                                |                                                        |
| North and Central County                  | County of Orange Health Care Agency WIC Program<br>714-834-8363 (BF Line)<br><a href="http://www.ochealthinfo.com">www.ochealthinfo.com</a>              | X        | X          | X              |                 | X                                 | For WIC PPT              | CLE                         | 714-834-8363<br>English/ Spanish<br>714-896-7375<br>Vietnamese | Spanish/<br>Vietnamese                                 |
| South County                              | Camino Health Center WIC Program<br>949-488-7688<br><a href="http://www.caminohealthcenter.org/wic/">www.caminohealthcenter.org/wic/</a>                 | X        | X          | X              |                 | X                                 | For WIC PPT              | CLE                         | 877-452-5324                                                   | Spanish, Farsi<br>Translation line available           |
| Central County                            | Planned Parenthood WIC Program 714-973 2411 (English/Spanish)<br>714-894-1271 (English/Vietnamese)<br><a href="http://www.getwic.org">www.getwic.org</a> | X        | X          | X              | X               | X                                 | For WIC PPT              | CLE, IBCLC, CLC             | 866-482-9573                                                   | Spanish/<br>Vietnamese /Tagalog                        |
| North and Central County                  | Public Health Foundation Enterprise WIC Program<br>888-942-2229<br><a href="http://www.phfewic.org">www.phfewic.org</a>                                  | X        | X          | X              | X               | X                                 | For WIC PPT              | CLE, IBCLC                  | 888-278-6455                                                   | Spanish/<br>Vietnamese/<br>Korean/<br>Mandarin Chinese |

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|----------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|------------|-------------------|--------------------|--------------------------------------|-----------------------------|---------------------------------|-----------------------------------------------------------------------------------------------|----------------------------------------------------------------|
|                                        |                                                                                                                                                                                                                           | Prenatal | Postpartum | 1:1<br>Counseling | Peer<br>Counseling |                                      |                             |                                 |                                                                                               |                                                                |
| Hospital-Based Breastfeeding Resources |                                                                                                                                                                                                                           |          |            |                   |                    |                                      |                             |                                 |                                                                                               |                                                                |
| Anaheim                                | Kaiser Permanente Hospital 714-644-5604<br>Class enrollment: 888-988-2800<br><a href="http://www.kpwomenshealth.org">www.kpwomenshealth.org</a><br><a href="http://www.kaiserpermanente.org">www.kaiserpermanente.org</a> | X        | X          | X                 | X                  | X                                    | X                           | IBCLC<br>, CLE                  | 714-644-5604<br>See 1:1 M-F by<br>appt                                                        | Translator Line<br>& Sign<br>Language<br>Services<br>Available |
| Anaheim                                | UCI Health, Anaheim Family Health Center<br>2441 W. La Palma Ave., Suite 100<br>657-282-6356<br><a href="http://www.ucihealth.org">www.ucihealth.org</a>                                                                  |          | X          |                   |                    |                                      |                             | CLE                             | 714-491-4424<br>M-F 1:00pm –<br>2:00pm No<br>appointment<br>needed.<br>UCI Birth moms<br>only | Spanish                                                        |
| Fountain Valley                        | UCI Health, Fountain Valley 17100 Euclid St<br>Fountain Valley, CA, 92708 714-456-7890<br><a href="http://www.ucihealth.org">www.ucihealth.org</a>                                                                        | X        | X          |                   | X                  | X                                    |                             | CLE,<br>IBCLC                   | Lactation Nurse:<br>714-966-8151<br>OR<br>BF Helpline: 714-<br>966-6733                       | Spanish/<br>Vietnamese/<br>Chinese                             |

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|                                        |                                                                                                                                                                                                                               | Prenatal | Postpartum | 1:1 Counseling | Peer Counseling |                                   |                          |                              |                                                         |                                                                             |
| Hospital-Based Breastfeeding Resources |                                                                                                                                                                                                                               |          |            |                |                 |                                   |                          |                              |                                                         |                                                                             |
| Fountain Valley                        | Orange Coast Memorial Medical Center<br>714-378-7833<br><a href="https://www.memorialcare.org/locations/breastfeeding-lactation-support-OCMC">https://www.memorialcare.org/locations/breastfeeding-lactation-support-OCMC</a> | X        | X          | X              | X               | X                                 |                          | IBCLC, CLE                   | 714-378-7833                                            | Spanish/<br>Vietnamese/<br>Chinese                                          |
| Fullerton                              | St. Jude Medical Center 714-626-8520<br>Nurse Help Line 1-800-809-3555<br><a href="http://www.providence.org">www.providence.org</a> Search Breastfeeding Support                                                             | X        | X          | X              |                 | X                                 |                          | CLE, IBCLC                   | Appointments and Class Scheduling: 877-227-3457         | Interpreter available                                                       |
| Irvine                                 | Kaiser Permanente Hospital 949-932-5892<br>Class enrollment: 888-988-2800<br><a href="http://www.kpwomenshealth.org">www.kpwomenshealth.org</a><br><a href="http://www.kaiserpermanente.org">www.kaiserpermanente.org</a>     | X        | X          | X              | X               | X                                 | X                        | CLE, IBCLC                   | 24-hour Breastfeeding advice line: 949-932-5892         | Spanish/Vietnamese/Farsi Translator Line & Sign Language Services Available |
| Laguna Hills                           | Saddleback Memorial Medical Center<br>949-837-4500<br>Class enrollment: 877-696-3622<br><a href="http://www.memorialcare.org/SBBreastfeeding">www.memorialcare.org/SBBreastfeeding</a>                                        | X        | X          | X              |                 | X                                 |                          | IBCLC                        | Lactation Nurse: 949-452-7377<br>Outpatient M-F by appt |                                                                             |

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|----------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|------------|----------------|-----------------|-----------------------------------|--------------------------|----------------------------------|----------------------------------------------|-----------------------------------|
|                                        |                                                                                                                                                                          | Prenatal | Postpartum | 1:1 Counseling | Peer Counseling |                                   |                          |                                  |                                              |                                   |
| Hospital-Based Breastfeeding Resources |                                                                                                                                                                          |          |            |                |                 |                                   |                          |                                  |                                              |                                   |
| Orange                                 | UCI Medical Center* Class enrollment: 657-282-6357<br><a href="http://www.ucirvinehealth.org">www.ucirvinehealth.org</a><br>*Via Zoom, every first Thursday of the month | X        | X          | X              |                 | X                                 |                          | IBCLC<br>In-patient service only | 714-456-3920                                 | Translator available              |
| Mission Viejo                          | Mission Hospital Appointment line: 949-365-2229<br><a href="http://www.mission4health.com">www.mission4health.com</a>                                                    | X        | X          | X              |                 | X                                 | X                        | CLE, IBCLC                       | Lactation nurse: 949-365-2425<br>M-F 9am-5pm | Spanish Translator Line Available |
| Newport Beach                          | Hoag Hospital<br>Class enrollment 800-400-4624<br><a href="http://www.hoaghospital.org">www.hoaghospital.org</a>                                                         | X        | X          | X              |                 | X                                 | X                        | IBCLC                            | Hoag BabyLine: 949-764-2229                  | Spanish/ Chinese                  |

# Orange County Breastfeeding Resources

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## Online Resources

**General Breastfeeding Information** <https://wicbreastfeeding.fns.usda.gov/> <https://www.cdc.gov/breastfeeding/index.htm> <https://www.womenshealth.gov/breastfeeding>  
**Breastfeeding & Medications** <https://www.infantrisk.com/> <https://mothertobaby.org/>  
**Lactation Accommodation** <https://www.cdph.ca.gov/Programs/CFH/DMCAH/Breastfeeding/Pages/Lactation-Accommodation.aspx>  
**Data & Reports**  
<https://www.cdph.ca.gov/Programs/CFH/DMCAH/Breastfeeding/Pages/Data.aspx> [https://www.who.int/health-topics/breastfeeding#tab=tab\\_1](https://www.who.int/health-topics/breastfeeding#tab=tab_1)  
**Advocacy**  
<http://californiabreastfeeding.org/>

**Compiled By:** County of Orange Health Care Agency, Public Health Services; Orange County Breastfeeding Coalition; Orange County WIC Programs. **Disclaimer:** The workgroup developed the list to help identify breastfeeding resources in Orange County. The workgroup does not endorse the programs listed or verify that the information provided by the programs is accurate. Providers using the list accept full responsibility from the use of this list. Users should contact the provider for additional information. **Last Updated:** September 2025. CLE: Certified Lactation Educator; CLC: Certified Lactation Consultant; IBCLC: Internationally Board-Certified Lactation Consultant.