

SUICIDE IN ORANGE COUNTY

With Preliminary Data for 2025

From the [HCA Suicide Data Dashboard](#)

March 2026

Samane Zarebanadkoki, PhD

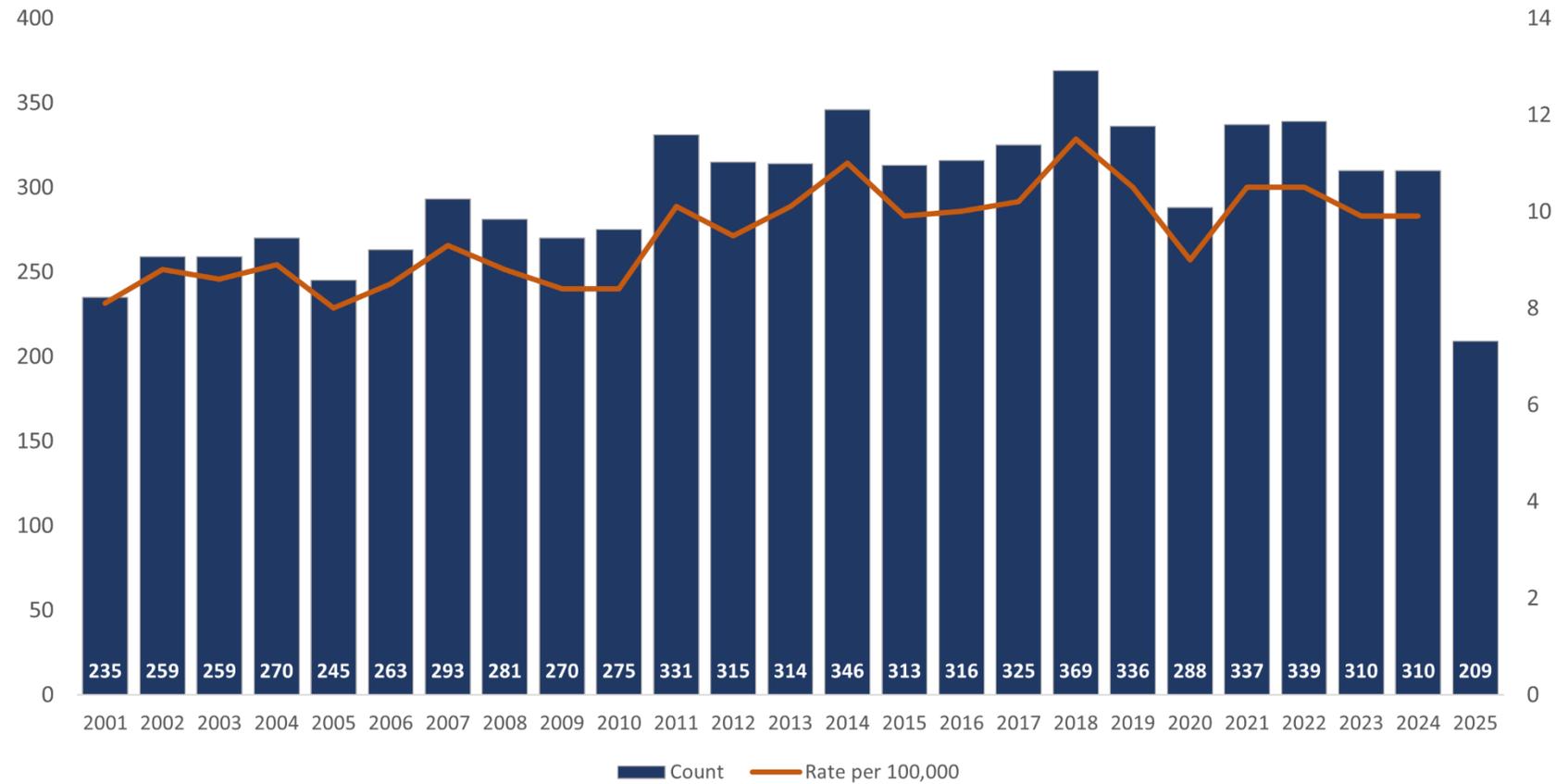
szarebanadkoki@ochca.com

Research Office – Administrative Services and Operations



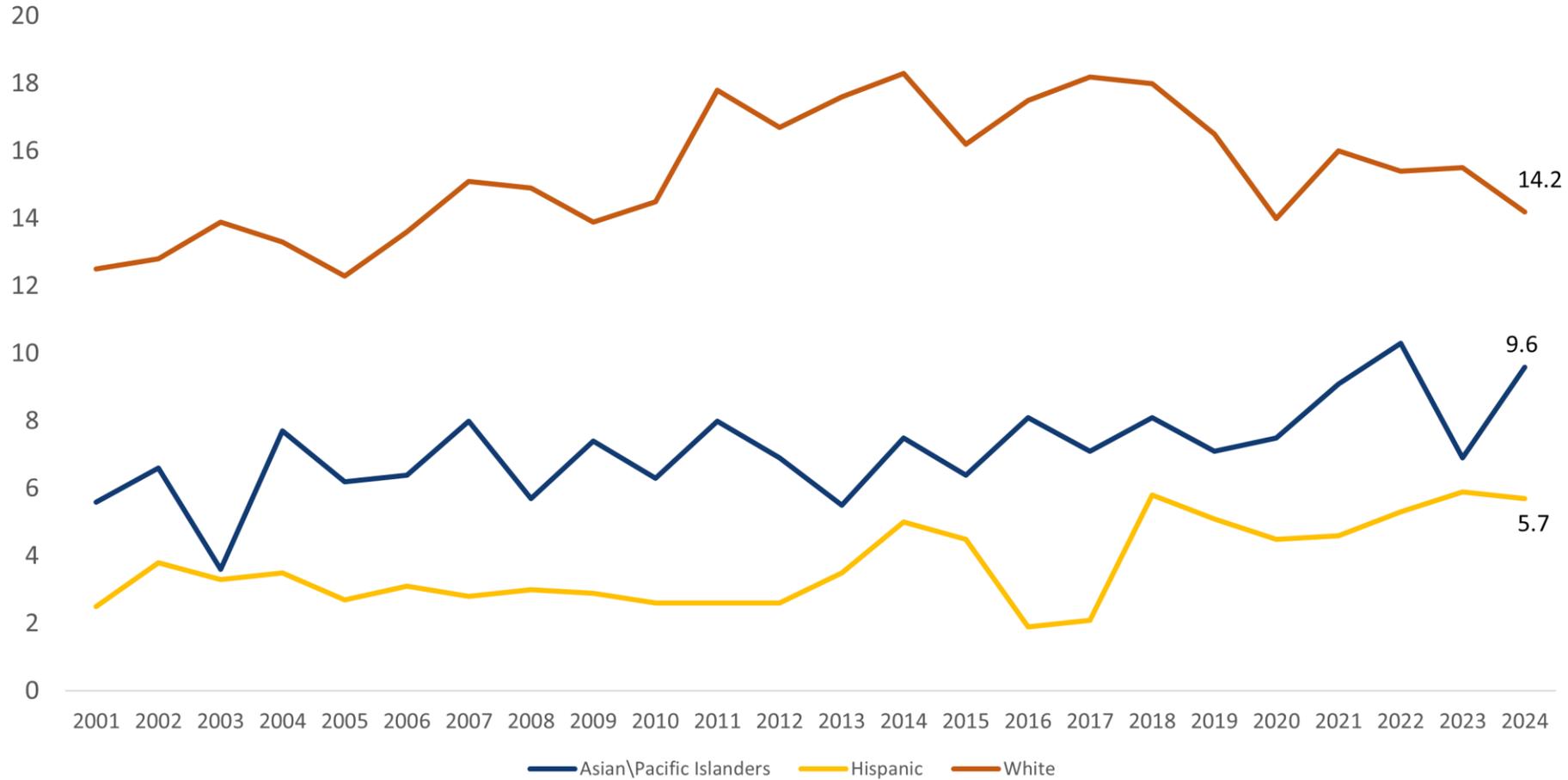
TRENDS BY YEAR

Orange County Residents Suicide Death by Year



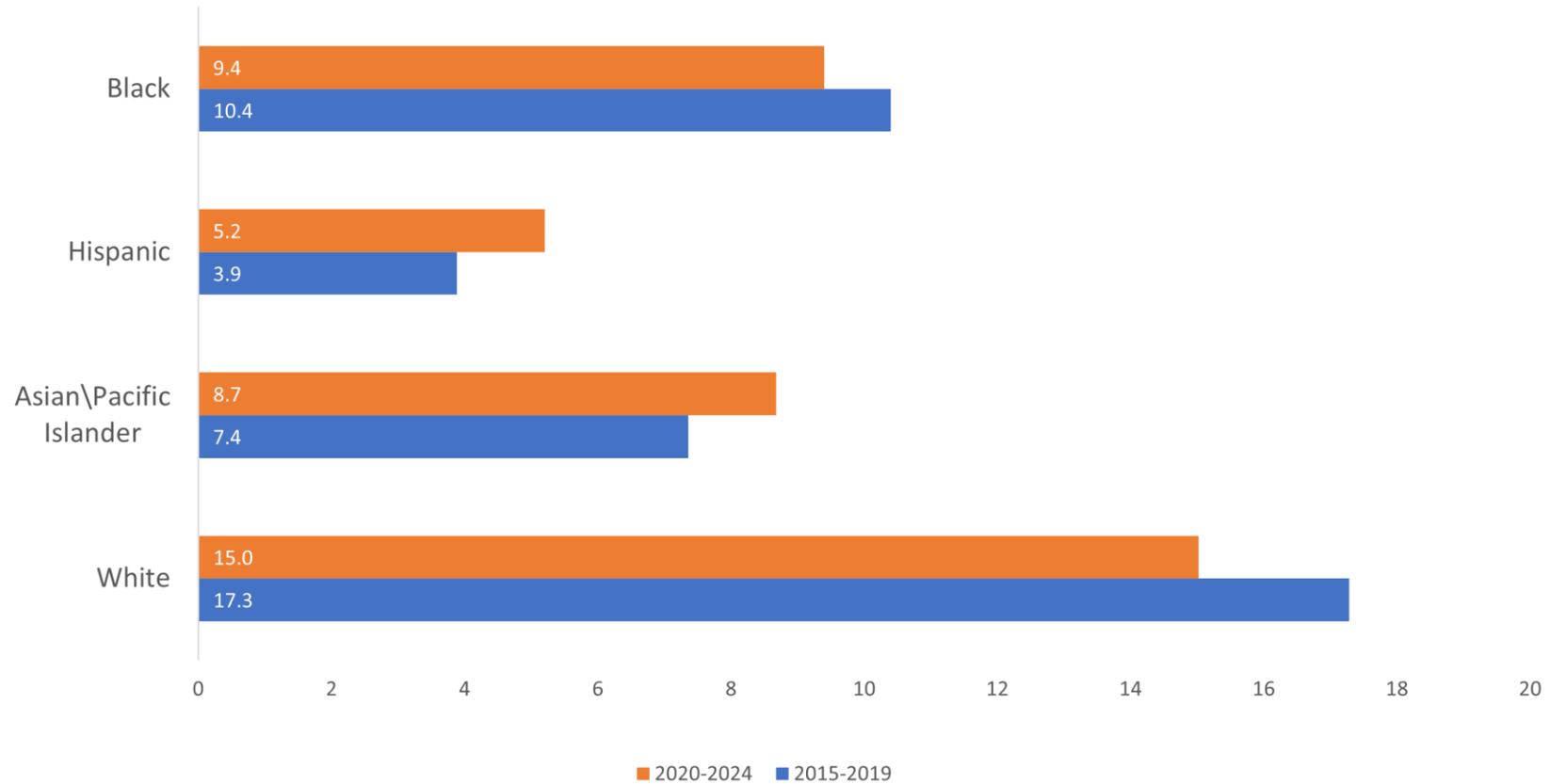
RACE/ETHNICITY

Orange County Residents Suicide Rate per 100,000 by Race/Ethnicity



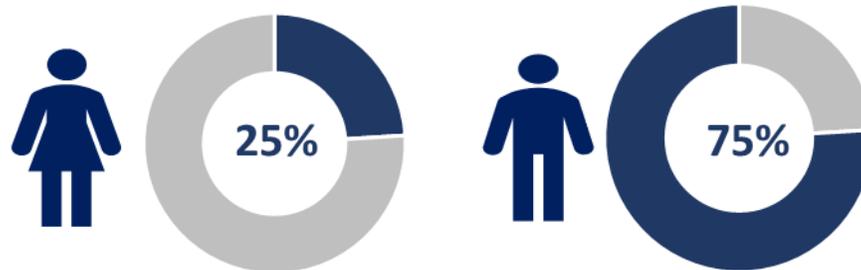
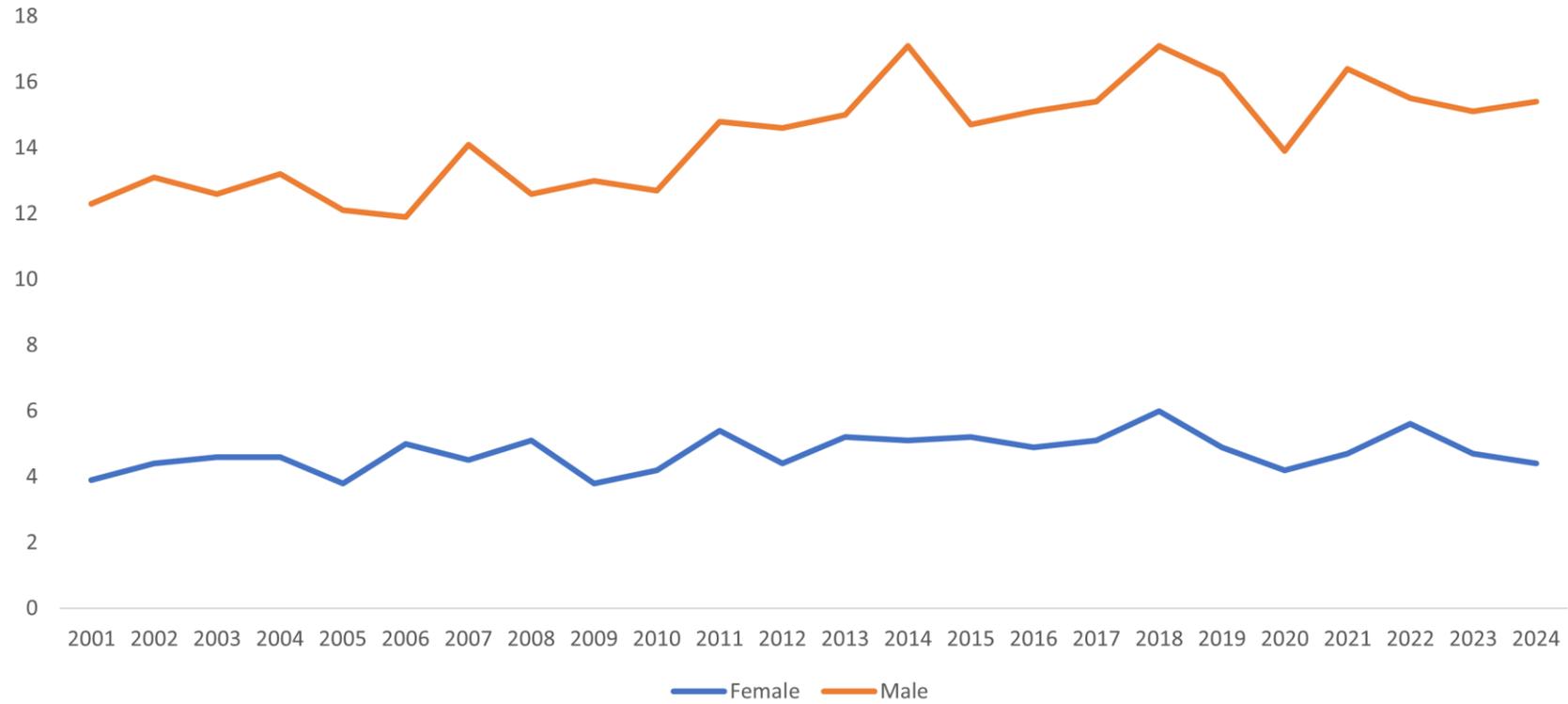
SUICIDE RATE BY RACE/ETHNICITY

Average of Suicide Rate during 2015-2019 and 2020-2024 by Race/Ethnicity



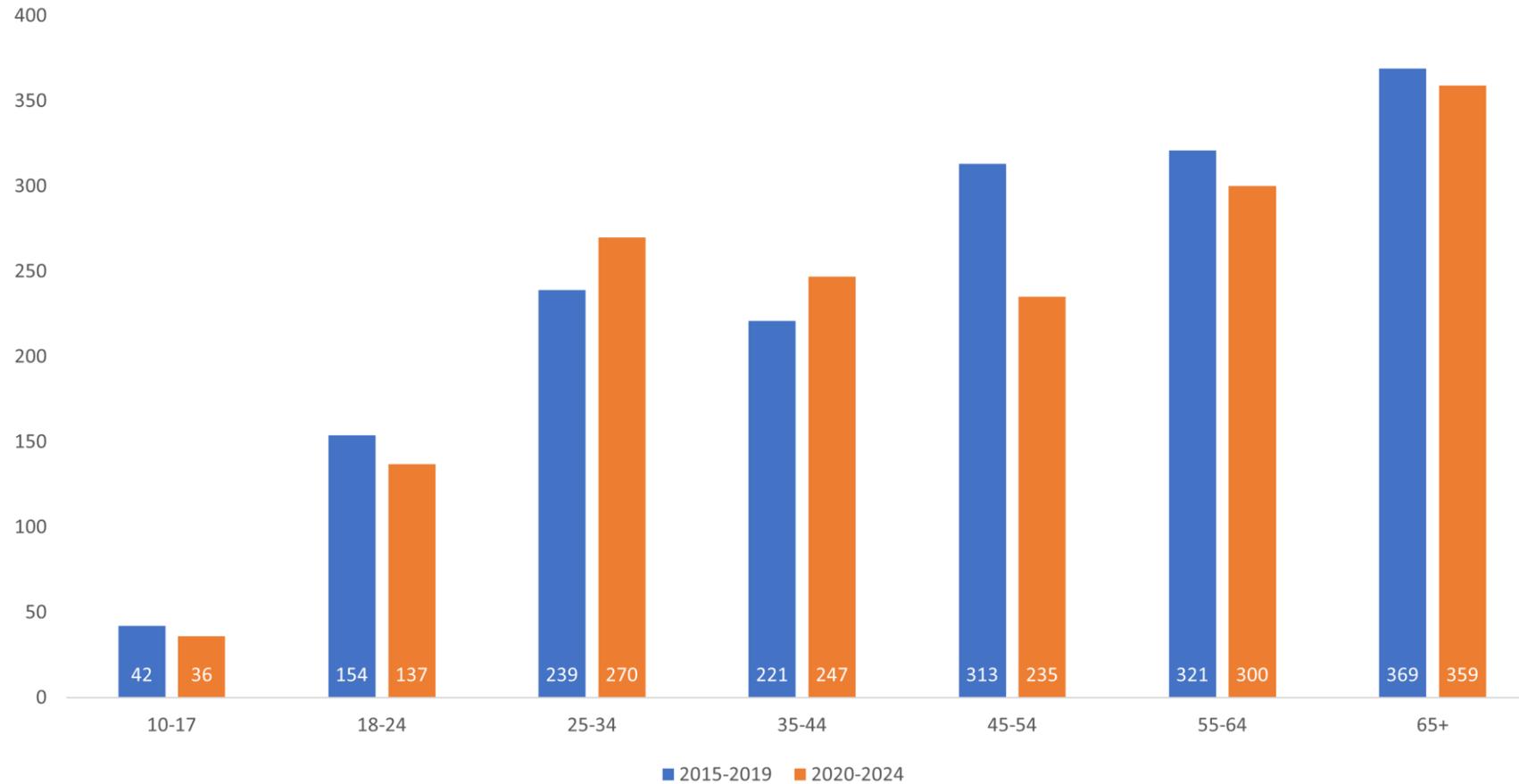
GENDER

Orange County Residents Suicide Rate per 100,000 by Gender



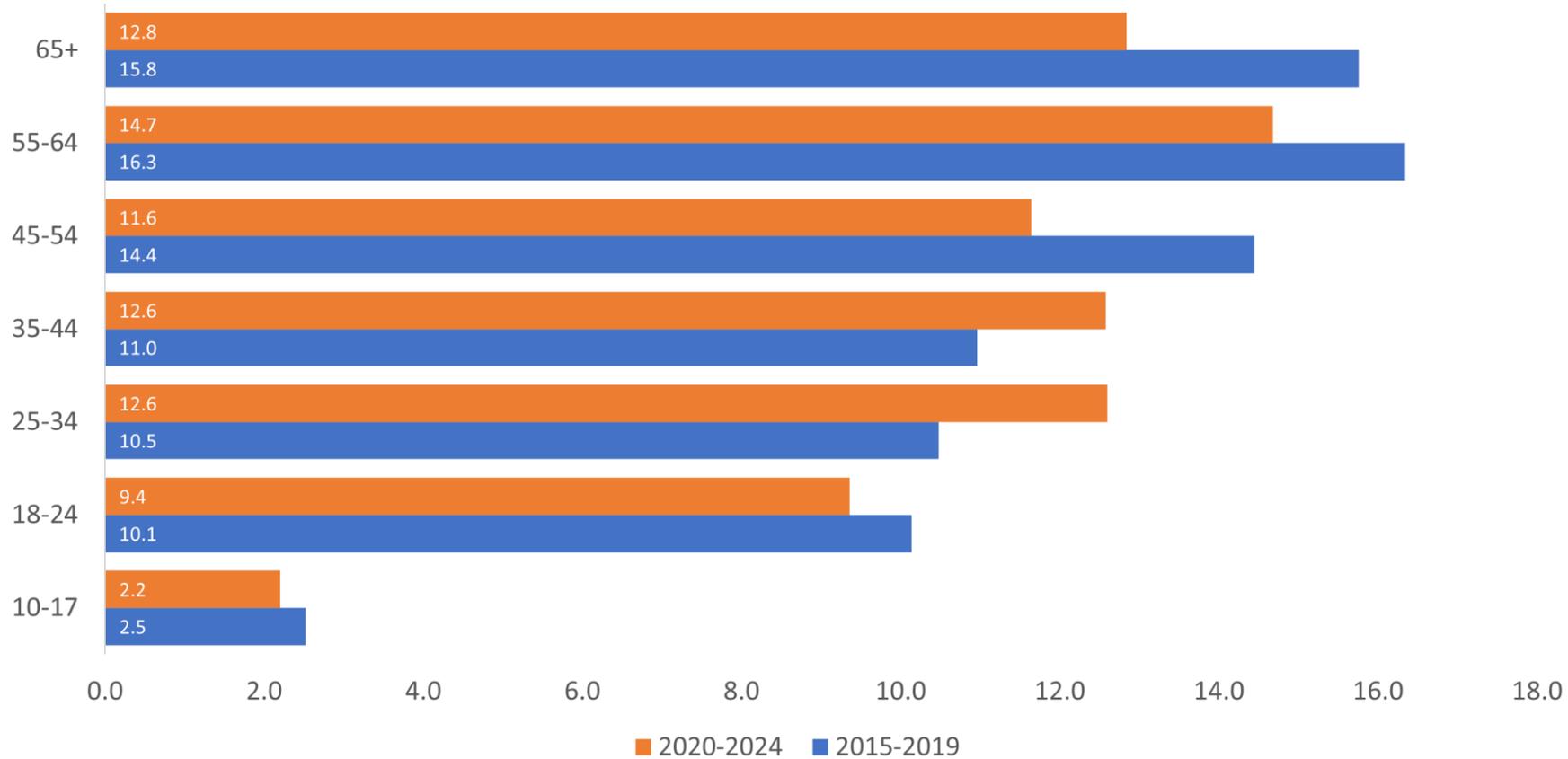
AGE GROUPS

Count of Suicide Death during 2015-2019 and 2020-2024 by Age Group



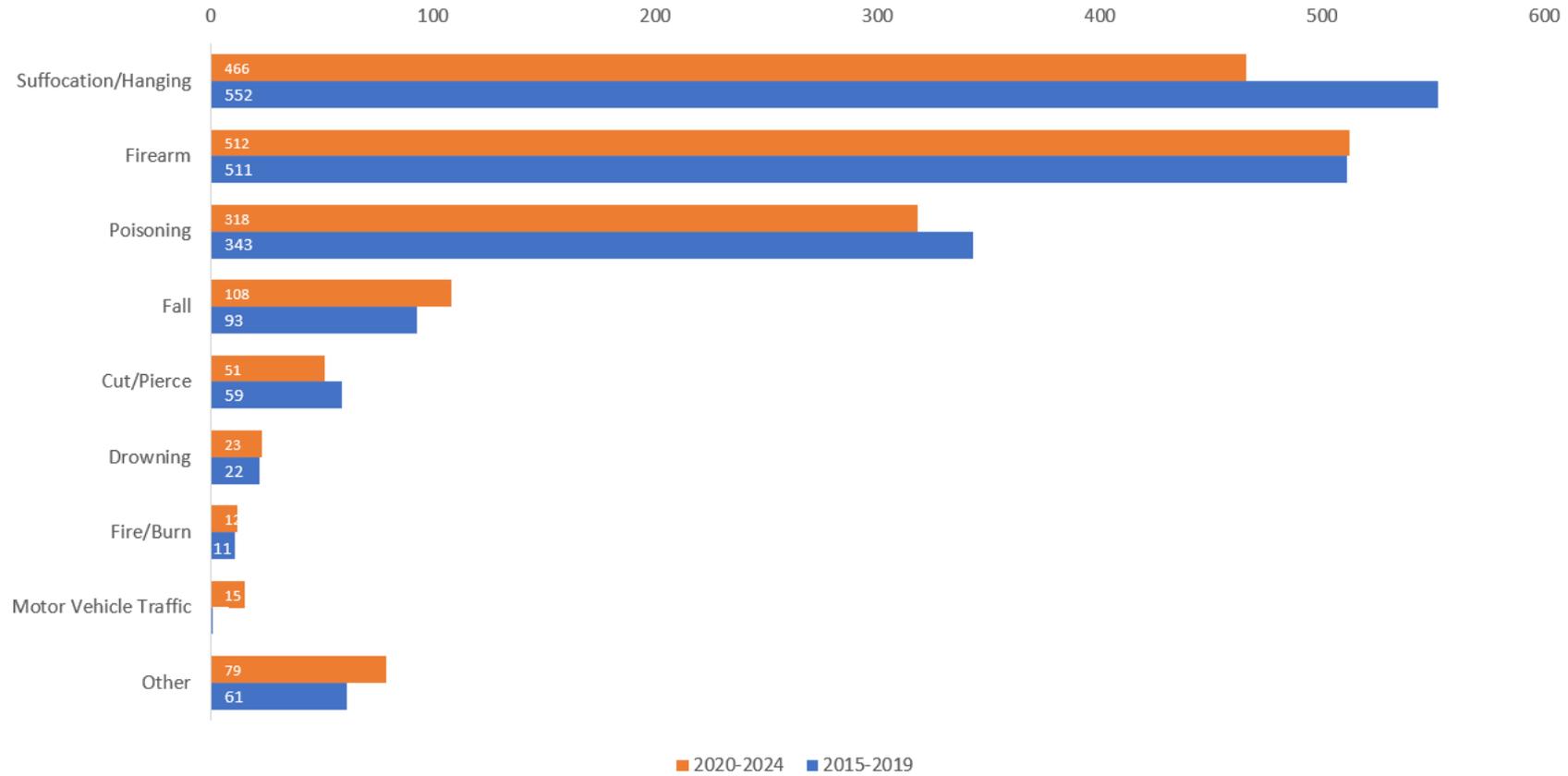
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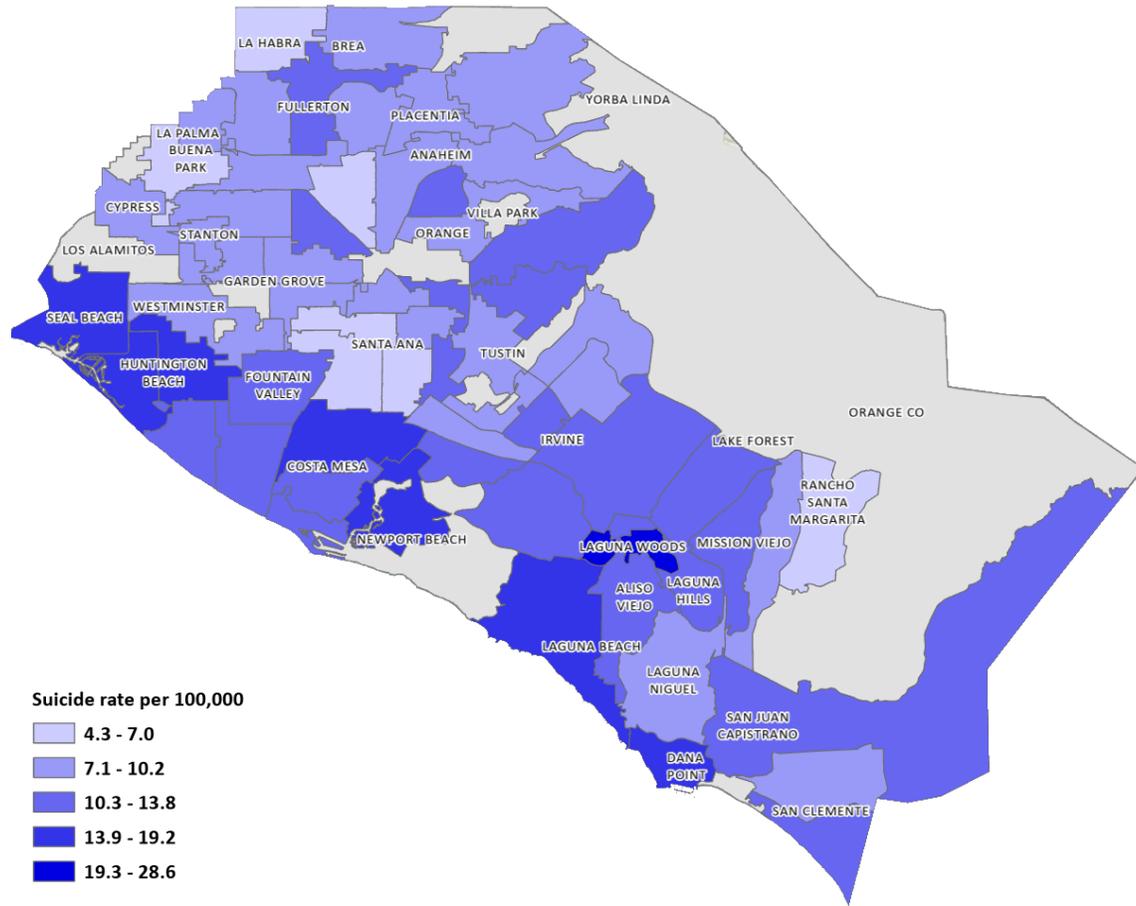


MEANS/METHODS

Suicide Counts by Means during 2015-2019 and 2020-2024



DECEDENTS' RESIDENCE (ZIP code), 2020-2024



Top 10 Zip Code with the Highest Rates				
Zip Code	City	Count of Death	Population	5Yr Avg Rate
92637	Laguna Woods	24	16812	28.6
90740	Seal Beach	24	24947	19.2
92651	Laguna Beach	22	25236	17.4
92660	Newport Beach	31	36088	17.2
92649	Huntington Beach	28	33383	16.8
92629	Dana Point	21	26716	15.7
92647	Huntington Beach	43	59748	14.4
92626	Costa Mesa	37	52213	14.2
92604	Irvine	19	27482	13.8
92612	Irvine	22	32240	13.6



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