



Prevent

MEASLES

Measles is very contagious.



Measles spreads when someone infected speaks, coughs, sneezes or breathes.

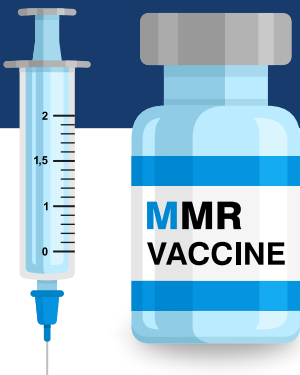


Measles can linger in the air up to one hour after an infected person has left a room.

The Measles, Mumps, and Rubella (MMR) vaccine is the best protection against measles.

Make sure you're vaccinated.

If you don't know your vaccination status talk to your health care provider.



You can learn more about measles and schedule an MMR vaccine at myturn.ca.gov.

