OC health CARE AGENCY

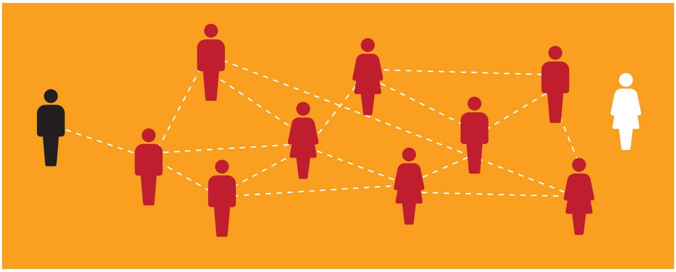
healthyOC

April 2026

Welcome to Our New Newsletter

This newsletter is a new initiative from the OC Health Care Agency to provide clear, direct, and relevant health information to the entire county each month, so our community is empowered to live healthier lives.

Are You at Risk of Catching Measles?



Measles is highly contagious. If an infected person is near 10 unvaccinated or non-immune people, up to 9 of them will likely contract the virus. The good news is measles can be prevented. With recent cases, now is a good time to check your protection. Our latest Health Corner shows you how:

- Know your immunity: Two doses of the measles, mumps, and rubella (MMR) vaccine protects most people.
- Get vaccinated if needed, especially before travel or events.
- Stay informed and follow guidance from public health officials.

Read More

Free Vaccines for Kids

World Immunization Week, April 24–30, is the perfect time to make sure that you and your loved ones are up to date on vaccinations against diseases such as measles, polio, hepatitis, and tetanus.

Worried that vaccines might cost too much, or that your insurance won't cover them? The Vaccines for Children program offers free vaccines for eligible kids!

Learn More

OC Links: Your First Responders for Mental Health

Mental health challenges, such as depression, anxiety, substance use, and feelings of hopelessness, can impact anyone at any time. When support is needed, OC Links is here to help. By calling OC Links, you'll be connected with a compassionate Navigator, a licensed clinician or trained behavioral health professional ready to listen and guide you to the right resources.

OC Links is a free, confidential service that connects Orange County residents to mental health and substance use support by phone or online chat 24/7. Get the help you need, when you need it (855) OC-LINKS.

Read More

Emergency Preparedness Tips

Looking for resources to help you prepare and recover from a disaster? Explore this guide to find support before, during, and after tragedy strikes.

Get Prepared

National Drug Take Back Day

April 25 is National Prescription Drug Take Back Day, which aims to provide a safe, convenient, and responsible means of disposing prescription drugs, while also providing information about the dangers of misusing medications.

Find a nearby location where you can safely and anonymously dispose of expired or unneeded prescription drugs now.

Find a Location

Public Health Week

The County of Orange, California Board of Supervisors recognized April 6–12, 2026 as Public Health Week. A huge thank you to our amazing Public Health professionals who are dedicated to promoting good health for all.

This year's theme, "Ready. Set. Action!" recognizes how public health has improved our daily lives in OC.

Read More

Join Our Team

If you're looking for a more rewarding career, the OC Health Care Agency may be looking for you! We're continuously recruiting for key roles, including Environmental Health Inspectors, Behavioral Health Clinicians, and more. Ready to help reach and improve the lives of people in your community?

Apply Now

OC health
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COUNTY OF ORANGE CALIFORNIA

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